



Advances in Research, Patient Care, Policy, and Education

Wednesday, December 1st

Pediatric Polysomnography:
A Master Class

Thursday, December 2nd

Best Practices Course &
Pediatric Behavioral Sleep
Medicine Workshop

Friday, December 3rd

Pediatric Sleep
Medicine Meeting

Since 2006, this conference has brought together a multi-disciplinary group of basic and clinical researchers, clinicians, educators, policy makers, and trainees involved in pediatric and adolescent sleep medicine. This year's audience has been expanded to include medical professionals interested in the most current sleep related research and best practices. The conference can also be a value/benefit to trainees in a variety of specialties as the meetings represents an exceptional opportunity to network, share knowledge and ideas, and establish collaborative projects.

The first meeting was held in Amelia Island, Florida in 2006 and has continued to be held biennially until this year. Due to the pandemic, we will be virtual in 2021.

Keep Connected For Updates!



Continuing Education

CME: The Warren Alpert Medical School of Brown University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

APA: This program is sponsored by the Massachusetts Psychological Association. Massachusetts Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. Massachusetts Psychological Association maintains responsibility for this program and its content.

ANCC/AANP: The American Nurses Credentialing Center & the American Academy of Nurse Practitioners accept *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

AARC: This program has been approved for a maximum of 10.44 contact hour(s) Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425 N. MacArthur Blvd. Suite 100 Irving TX 75063 | Course # 185525000

AAST: The American Association of Sleep Technologists designates this educational activity for a maximum of 11.25 AAST Continuing Education Credits. Individuals should claim only those credits that he/she actually earned in the educational activity.

11th Biennial Pediatric Sleep Medicine Co-Chairs and Planning Committee Members



Co-Chairs

Valerie Crabtree, PhD

Member
St. Jude Faculty
Chief, Psychosocial Services
St. Jude Children's Research Hospital
Memphis, TN

Stephanie J. Crowley, PhD

Associate Professor
Division of Behavioral Sciences
Director, Pediatric Chronobiology &
Sleep Research Program
Rush University Medical Center
Chicago IL

Kiran Maski, MD, MPH

Assistant Professor of Neurology
Harvard Medical School
Director, Sleep Neurology Clinic
Boston Children's Hospital
Boston, MA

Planning Committee

Ronald D. Chervin, MD, MS

Michael S. Aldrich Collegiate Professor of Sleep Medicine
Professor of Neurology
Michigan Medicine
Director, Sleep Disorders Centers | Ann Arbor, MI

Mattina Davenport, PhD

Research Fellow
Nationwide Children's Hospital | Columbus, OH

Dominic B. Gault, MD, FAASM

Clinical Associate Professor, Pediatrics
University of South Carolina Greenville
School of Medicine
Medical Director, Pediatric Sleep Medicine
Prisma Health Children's Hospital-Upstate | Greenville SC

Michael Gradisar, PhD

Professor in Clinical Child Psychology
Director and Clinical Psychologist
Child & Adolescent Sleep Clinic
Flinders University | Adelaide, South Australia

Seyni Gueye-Ndiaye, MD

Clinical Fellow in Sleep Medicine (EXT)
Beth Israel Deaconess Medical Center | Boston, MA

Michal Kahn, PhD

Clinical Research Fellow
College of Education, Psychology and Social Work
Flinders University | Adelaide, Australia

Lisa J. Meltzer, PhD

Professor of Pediatrics
Director, Pediatric Behavioral Sleep Clinic
National Jewish Health | Denver, CO

Jodi A. Mindell, PhD

Professor of Psychology
Director, Graduate Psychology | Saint Joseph's University
Associate Director, Sleep Center
Children's Hospital of Philadelphia | Philadelphia, PA
Chair, Board of Directors | Pediatric Sleep Council

Monica Roosa Ordway, PhD, APRN, PNP-BC

Associate Professor of Nursing
Yale University School of Nursing
Pediatric Nurse Practitioner, Yale Pediatric Sleep Medicine Clinic
West Haven, CT

Judith A. Owens, MD, MPH

Professor of Neurology | Harvard Medical School
Director, Center for Pediatric Sleep Disorders
Boston Children's Hospital | Boston, MA

Althea A. Robinson Shelton, MD, MPH

Assistant Professor of Neurology
Sleep Division, Vanderbilt Kennedy Center
Vanderbilt Medical Center, Vanderbilt University | Nashville, TN

Jared M. Saletin, PhD

Assistant Professor of Psychiatry and Human Behavior
Warren Alpert Medical School of Brown University
Associate Director, Sleep Research Laboratory
Bradley Hospital | Providence, RI

Maria Sullivan, BS

Director, Office of Continuing Medical Education
Warren Alpert Medical School, Brown University | Providence, RI

Leila Tarokh, PhD

Principal Investigator
University Hospital of Child & Adolescent Psychiatry &
Psychotherapy
University of Bern | Bern, Switzerland

Ariel A. Williamson, PhD, DBSM

Assistant Professor of Psychology in Psychiatry
Perelman School of Medicine, University of Pennsylvania
Psychologist, Sleep Center
Division of Pulmonary Medicine
Department of Child & Adolescent Psychiatry and
Behavioral Sciences
Children's Hospital of Philadelphia | Philadelphia, PA



Target Audience

Intermediate to advanced sleep medicine specialists, fellows, psychologists, physicians, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists.

Program Description

This course is targeted towards health care providers and technicians seeking a more advanced, but still practical approach to sleep study procedures and interpretation in infants, children and adolescents. Highlights include diagnosis and management of infant sleep disordered breathing, management of disorders of congenital central hypoventilation, use of PAP masks and other equipment in pediatric populations to optimize adherence, best practices for use of polysomnography and multiple sleep latency to diagnose pediatric hypersomnia disorders, and the role and use of HFNC (high flow nasal cannula) in treating pediatric sleep disordered breathing.

Learning Objectives:

At the conclusion of this course, attendees should be able to:

- Discuss current understanding and best practices for infant apnea evaluation and management
- Identify effective respiratory management for children with congenital central hypoventilation syndrome and other central hypoventilation syndromes
- Select PAP masks and other equipment that work best for promoting successful PAP use in children in a variety of clinical situations and comorbid conditions
- Identify best strategies, limitations and practical approaches to PSG and MSLT protocols for diagnosing pediatric narcolepsy and idiopathic hypersomnia
- Describe best practices for use of HFNC (high flow nasal cannula) in the treatment of pediatric sleep disordered breathing

Instructional level: Intermediate

10:00–10:10 AM ET	Welcome Co-Chairs: Dominic B. Gault, MD, FAASM & Kiran Maski, MD, MPH	11:50–12:30 PM	Optimizing PAP Interfaces: Masks and Other Equipment Dominic B. Gault, MD, FAASM
10:10–10:50	Diagnosis and Management of Infant Sleep Disordered Breathing Eliot S. Katz, MD	12:30–1:10	Refining Sleep Study Testing for Narcolepsy & Idiopathic Hypersomnia Kiran Maski, MD, MPH
10:50–11:30	Artificial Ventilatory Management for Patients with PHOX2B Mutation-Confirmed Congenital Central Hypoventilation Syndrome (CCHS) Debra E. Weese-Mayer, MD	1:10–1:50	High Flow Cannula vs PAP in the Management of Pediatric Sleep Disordered Breathing Brian M. McGinley, MD
11:30–11:50	Break	1:50–2:00 PM ET	Closing Remarks & Adjournment Dominic B. Gault, MD, FAASM & Kiran Maski, MD, MPH

Credit Designations

Dec. 1 | Pediatric Polysomnography Course

Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 3.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Respiratory Therapists: This educational activity is designated for 3.35 Continuing Respiratory Care Education Credits.

Sleep Technologists: This educational activity is designated for 3.75 Continuing Education Credits.



Target Audience

Researchers, clinicians, and trainees (physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists). Instructional level: intermediate.

Program Description

This course is targeted to intermediate level pediatric sleep clinicians and trainees who evaluate and treat children and adolescents with sleep disorders. The course will offer best practice, up-to-date, evidence-based information in the treatment of pediatric sleep disorders across a range of sleep disorders, including sleep disordered breathing, narcolepsy, restless legs syndrome, restless sleep disorder, circadian rhythm disorders, insomnia, and parasomnias.

Learning Objectives:

At the conclusion of this course, attendees should be able to:

- Identify and diagnose physiologically-based pediatric and adolescent sleep disorders
- Identify and diagnose behaviorally-based pediatric and adolescent sleep disorders
- Apply up-to-date, evidence-based treatments for pediatric and adolescent sleep disorders

Instructional level: Intermediate

9:00–9:45 AM ET	Trainee Panel Session I	11:40–11:55	Break
10:00–10:10 AM ET	Welcome Co-Chairs: Valerie Crabtree, PhD & Althea A. Robinson Shelton, MD, MPH	11:55–12:20 PM	Restless Legs Syndrome Jeffrey S. Durmer, MD, PhD
10:10–10:35	Pediatric Obstructive Sleep Apnea Ronald D. Chervin, MD, MS	12:20–12:55	Restless Sleep Disorder Lourdes M. DelRosso, MD, MEd
10:35–11:00	Pediatric Narcolepsy: An Update Althea A. Robinson Shelton, MD, MPH	12:55–1:20	Circadian Rhythm Disorders Kevin C. Smith, PhD
11:00–11:25	Parasomnia Diagnosis and Management Kiran Maski, MD, MPH	1:20–1:45	Best Practices in Pediatric Insomnia Kelly C. Byars, PsyD, ABPP, CBSM, DBSM
11:25–11:40	Question and Answer Session	1:45–2:00	Question and Answer Session
		2:00 PM ET	Adjournment

Credit Designations

Dec. 2 | Best Practices Course

Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 3.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: This program is sponsored by the Massachusetts Psychological Association. Massachusetts Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. Massachusetts Psychological Association maintains responsibility for this program and its content. | 3.75 CEs

Respiratory Therapists: This educational activity is designated for 3.68 Continuing Respiratory Care Education Credits.

Sleep Technologists: This educational activity is designated for 3.75 Continuing Education Credits.



Target Audience:

Intermediate to advanced sleep medicine specialists, fellows, psychologists, physicians, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists. Instructional level: intermediate

Instructional level: Intermediate

Program Description

This interactive course is aimed at intermediate to advanced pediatric sleep clinicians (i.e., psychologists, physicians, nurses) and trainees who regularly see children with behavioral sleep concerns in their clinical practice. The course will include a discussion where will have the opportunity to ask faculty questions about their own cases/experiences in pediatric behavioral sleep medicine. Finally, there will be a rapid fire Q&A with faculty, and participants will be encouraged to submit questions.

Learning Objectives:

At the conclusion of this course, attendees should be able to:

- Utilize behavioral interventions to improve complex bedtime problems and night wakings in young children
- Adapt behaviorally-based sleep interventions for diverse populations
- Apply behavioral and cognitive-behavioral strategies to the treatment of insomnia in children with autism spectrum disorders
- Use behavioral and cognitive-behavioral strategies for the treatment of comorbid adolescent insomnia and depression
- Develop and implement treatment plans for non-24 hour circadian rhythms in adolescents
- Partner with families to improve CPAP adherence for children with obstructive sleep apnea

2:30–2:35 PM ET **Course Introductions & Welcome**
Co-Chairs: Lisa J. Meltzer, PhD & Jodi A. Mindell, PhD

2:35–4:30 **Case Presentations**
Bedtime Problems and Night Wakings in Young Children
Liat Tikotzky, PhD
Insomnia and Depression in Adolescents
Kelly C. Byars, PsyD, ABPP, CBSM, DBSM
Insomnia in Autism Spectrum Disorders
Terry Katz, PhD
Adapting Behavioral Interventions for Socio-demographically Diverse Populations
Ariel A. Williamson, PhD, DBSM
Non-24 Hour Circadian Rhythms in Adolescents
Michael Gradisar, PhD
PAP Adherence for Children with Obstructive Sleep Apnea
Melissa S. Xanthopoulos, PhD, MS

4:45–5:45 **Roundtable Breakouts**
Kelly C. Byars, PsyD, ABPP, CBSM, DBSM
Michael Gradisar, PhD
Terry Katz, PhD
Brett R. Kuhn PhD, CBSM, DBSM
Lisa J. Meltzer, PhD
Jodi A. Mindell, PhD
Melisa E. Moore, PhD, DBSM
Graham J. Reid, PhD, CPsych
Ariel A. Williamson, PhD, DBSM
Melissa S. Xanthopoulos, PhD, MS

Participants meet with two different faculty to discuss their own challenging cases or questions about the practice of pediatric BSM.

5:45–6:30 **Quick-fire Panel Discussion**
Kelly C. Byars, PsyD, ABPP, CBSM, DBSM
Michael Gradisar, PhD
Terry Katz, PhD
Ariel A. Williamson, PhD, DBSM
Melissa S. Xanthopoulos, PhD, MS

6:30 PM ET **Adjournment**

4:30–4:45 **Break**

Credit Designations

Dec. 2 | Pediatric Behavioral Sleep Medicine Workshop

Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 3.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: This program is sponsored by the Massachusetts Psychological Association. Massachusetts Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. Massachusetts Psychological Association maintains responsibility for this program and its content. | 3.75 CEs

Respiratory Therapists: This educational activity is designated for 2.75 Continuing Respiratory Care Education Credits.

Sleep Technologists: This educational activity is designated for 3.75 Continuing Education Credits.



Target Audience

Clinicians, researchers, and trainees (physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists).

Program Description

Attendance at the virtual Pediatric Sleep Medicine Conference 2021 will give participants a broad understanding of pediatric sleep, including state-of-the-art basic and clinical research in pediatric sleep and circadian science, current clinical practices in pediatric sleep and circadian medicine, and policy initiatives in the field.

Learning Objectives:

At the conclusion of this course, attendees should be able to:

- Summarize relevant information on the latest in pediatric sleep and circadian research and clinical practice
- Identify issues and challenges in pediatric sleep medicine
- Understand public policies that potentially impact children's/adolescent's sleep

Instructional level: Intermediate

9:50–10:35 AM ET	Trainee Panel Session II	12:35–12:50	Break & Networking Rooms
10:50–11:00 AM ET	Welcome Valerie Crabtree, PhD Stephanie J. Crowley, PhD Kiran Maski, MD, MPH	12:50–1:25	Abstract Presentations Part I <i>Comparing the Sleep Health of Children in Foster Care to Children Adopted from Foster Care</i> Anthony B. Cifre <i>A Pilot Study of Cognitive Behavior Therapy for Trauma-Related Nightmares in Children (CBT-NC): Adapting Exposure, Relaxation, and Rescription Therapy</i> Lisa DeMarni Cromer, PhD <i>Adolescents' Own Suggestions on How to Support Their Sleep</i> Malin Jakobsson, PhD <i>Bedtime Resistance in Younger and Older Toddlers</i> Clare M. Bagley <i>Changes in Adolescent Sleep During the COVID-19 Pandemic</i> Katherine L. Wesley, PhD <i>Development and Validation of the Pediatric Hypersomnia Survey (PHS)</i> Kiran Maski, MD, MPH
11:00–11:20	TEDS* Plenary Talk I Chair: Stephanie J. Crowley, PhD <i>Advocating for Later School Start Times in California: An Inside Perspective</i> Lisa L. Lewis, MS		
11:20–12:35 PM	Submitted Symposium I The Impact of the COVID-19 Pandemic on Children's Sleep in Italy, Canada and the US: Research Findings and Clinical Insights Chairs: Reut Gruber, PhD & Oliviero Bruni, MD <i>The Impact of the COVID-19 Pandemic in Italy on the Sleep of Typically Developing Children and Adolescents and Those with Attention Deficit Hyperactivity Disorder</i> Oliviero Bruni, MD Maria Grazia Melegari, MD <i>Changes in the Sleep of Typically Developing Adolescents in Canada Following the COVID-19 Pandemic and Their Impact on the Adolescents' Stress</i> Reut Gruber, PhD Gabrielle Gauthier-Gagné, BA <i>A View from the Sleep Clinic: The Impact of the COVID-19 Pandemic on the Sleep and the Clinical Care of Children and Adolescents with Sleep Disorders in the US.</i> Merrill S. Wise, MD	1:25–2:25 2:25–2:45	Lunch Break & Visit Exhibitors TEDS* Plenary Talk II Chair: Stephanie J. Crowley, PhD <i>Implementing Diversity, Equity, & Inclusion in Pediatric Sleep & Circadian Medicine</i> Marishka K. Brown, PhD



2:45–4:00

Submitted Symposium II

Pediatric Sleep Pand(emic)emonium

Chair: Anne Marie Morse, DO

COVID-19 and Multisystem Inflammatory Syndrome in Children, Unexpected Impacts on Sleep Outcome

Sanjeev V. Kothare, MD, FAASM, FAAN

COVID-19: The Virtual Sleep Medicine Practice

Anne Marie Morse, DO

Baby and PSG Thrown out with Bathwater during COVID Pandemic

Madeleine M. Grigg-Damberger, MD

4:00–4:15

Break & Networking Rooms

4:15–4:50

Abstract Presentations Part II

Do Demographic Characteristics Moderate the Impact of the COVID-19 Pandemic on Parent and Child Sleep?

Jessica C. Levenson, PhD

Prevalence of sleep disorders and associated risk factors in adolescents and young adults after childhood cancer

Shosha Peersmann, PhD

Role of anxiety, depression, and stress on daytime sleep-related impairment for adolescents and young adults in the context of COVID-19

Josh Wallace

Sleep Health in Children: A Project ECHO Collaboration between the University of Florida Pediatric Pulmonary Center and the Florida Rural Health Association

Austin C. Edwards

Sleep pattern and screen use of Nigerian children and their parents during the COVID-19 induced lockdown

Oluwatosin Olorunmoteni

Sleep SMART in Adolescents with Neurodevelopmental Disorders

Alyson E. Hanish, PhD, MSN, RN

4:50–6:05

Submitted Symposium III

The Developmental Importance of Napping in Young Children: Trends, Determinants, and Theoretical Models

Chair: Graham Reid, PhD, C. Psych

Global Evidence for the Timing & Developmental Significance of Napping Cessation in Childhood

Sally Staton, PhD

Determinants of Nap Cessation Among Preschool Children: Evidence from a Large Canadian Longitudinal Study

Adam T. Newton, MSc, PhD

Parents' Nap Beliefs: The Role of Parents' Perceptions on Children's Nap Timing, Duration, and Cessation

Graham Reid, PhD, C. Psych

Towards an Integrated Model of Sleep Consolidation in Early Childhood

Anna R. Loeffler, MSc, PhD

6:05–6:25

Networking Event

6:25–6:30 PM ET

Closing Remarks

Valerie Crabtree, PhD

Stephanie J. Crowley, PhD

Kiran Maski, MD, MPH

Credit Designations

Dec. 3 | Pediatric Sleep Medicine Meeting

Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: Application has been submitted to the Massachusetts Psychological Association. Massachusetts Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. Massachusetts Psychological Association maintains responsibility for this program and its content. Determination of CE credit pending.

Respiratory Therapists: This educational activity is designated for 0.66 Continuing Respiratory Care Education Credits.

Sleep Technologists: Determination of AAST credit pending.

11th Biennial Pediatric Sleep Medicine Conference Faculty

Clare M. Bagley

Souderton Area High School | Harleysville, PA

Marishka K. Brown, PhD

Director, National Center on Sleep Disorder Research
National Heart, Lung, and Blood Institute
National Institute of Health | Bethesda, MD

Oliviero Bruni, MD

Professor of Child & Adolescent Neuropsychiatry
Department of Developmental and Social Psychology
Sapienza University
Head, Child and Adolescent Neuropsychiatry Unit
Sant'Andrea Hospital | Rome, Italy

Kelly C. Byars, PsyD, ABPP, CBSM, DBSM

Professor, Department of Pediatrics
University of Cincinnati College of Medicine
Pediatric Psychologist, Behavioral Medicine/Clinical Psychology
and Pulmonary Medicine
Cincinnati Children's Hospital | Cincinnati, OH

Ronald D. Chervin, MD, MS

Michael S. Aldrich Collegiate Professor of Sleep Medicine
Professor of Neurology | Michigan Medicine
Director, Sleep Disorders Centers | Ann Arbor, MI

Anthony B. Cifre

University of Houston | Houston, TX

Valerie Crabtree, PhD

Member, St. Jude Faculty
Director of Clinical Services and Training, Psychology
St. Jude Children's Research Hospital | Memphis, TN

Stephanie J. Crowley, PhD

Associate Professor
Department of Psychiatry and Behavioral Sciences
Director, Biological Rhythms Research Laboratory
Rush University Medical Center | Chicago IL

Lisa DeMarni Cromer, PhD

Associate Professor of Psychology
The University of Tulsa Institute of Trauma, Adversity, and Injustice
Tulsa, OK

Lourdes M. DelRosso, MD, MEd

Associate Professor of Pediatrics
Associate Director, Sleep Fellowship Program
University of Washington School of Medicine
Seattle Children's Hospital | Seattle, WA

Jeffrey S. Durmer, MD, PhD

Chief Medical Officer | Nox Health | Denver, CO

Austin C. Edwards

University of Florida Pediatric Pulmonary | Gainesville, FL

Gabrielle Gauthier-Gagné, BA

MSc Student, Integrated Program in Neuroscience
McGill University | Montréal, Canada

Dominic B. Gault, MD, FAASM

Clinical Associate Professor, Pediatrics
University of South Carolina Greenville, School of Medicine
Medical Director, Pediatric Sleep Medicine
Prisma Health Children's Hospital-Upstate | Greenville SC

Michael Gradisar, PhD

Professor in Clinical Child Psychology
Director and Clinical Psychologist
Child & Adolescent Sleep Clinic
Flinders University | Adelaide, South Australia

Madeleine M. Grigg-Damberger, MD

Professor of Neurology, Department of Neurology
Medical Director, Pediatric Sleep Medicine Services
University of New Mexico | Albuquerque, NM

Reut Gruber, PhD

Professor, Department of Psychiatry, Faculty of Medicine
McGill University
Director, Attention Behavior and Sleep Lab
Douglas Mental Health University Institute
Psychologist, l'Ordre des Psychologues du Québec (OPQ)
Montréal, QC, Canada
Diplomate | American Academy of Cognitive Therapy (ACT)

Alyson E. Hanish, PhD, MSN, RN

Assistant Professor
University of Nebraska Medical Center, College of Nursing
Omaha, NE

Eliot S. Katz, MD

Assistant Professor of Pediatrics | Harvard Medical School
Division of Pulmonary & Respiratory Diseases
Boston Children's Hospital | Boston, MA

Terry Katz, PhD

Sr. Instructor, Developmental Pediatrics
University of Colorado School of Medicine
Psychologist | Children's Hospital Colorado | Aurora, CO

Sanjeev V. Kothare, MD, FAASM, FAAN

Professor of Pediatrics & Neurology
Zucker School of Medicine at Hofstra/Northwell
Director, Division of Pediatric Neurology
Co-Director (Neurology), Pediatric Sleep Program
Cohen Children's Medical Center
Northwell Health | New Hyde Park, NY

Brett R. Kuhn PhD, CBSM, DBSM

Professor of Psychology
Munroe-Meyer Institute and University of Nebraska Medical Center
(UNMC)
Director, Behavioral Sleep Medicine Clinic
Children's Hospital & Medical Center Sleep Disorders Center
Omaha, NE

Malin Jakobsson, PhDc

Faculty of Caring Science, Work Life and Social Welfare
University of Borås | Gänghester, Sweden

Jessica C. Levenson, PhD

Assistant Professor
University of Pittsburgh School of Medicine | Pittsburgh, PA

11th Biennial Pediatric Sleep Medicine Conference Faculty

Lisa L. Lewis, MS

Freelance Journalist | Redlands, CA

Anna R. Loeffler, MSc, PhDc

Institute for Social Science Research (ISSR)
The University of Queensland | Brisbane | Australia

Kiran Maski, MD, MPH

Assistant Professor of Neurology | Harvard Medical School
Director, Sleep Neurology Clinic
Boston Children's Hospital | Boston, MA

Brian M. McGinley, MD

Associate Professor of Pediatrics | University of Utah
Medical Director, Pediatric Sleep Program
Division of Pediatric Pulmonary and Sleep Medicine
Primary Children's Medical Center | Salt Lake City, UT

Maria Grazia Melegari, MD

Lecturer of Child & Adolescent Neuropsychiatry
Department of Developmental and Social Psychology
Sapienza University
Consortium "Humanitas" | Lumsa University | Rome, Italy

Lisa J. Meltzer, PhD

Professor of Pediatrics
Director, Pediatric Behavioral Sleep Clinic
National Jewish Health | Denver, CO

Jodi A. Mindell, PhD

Professor of Psychology
Director, Graduate Psychology | Saint Joseph's University
Associate Director, Sleep Center
Children's Hospital of Philadelphia | Philadelphia, PA
Chair, Board of Directors | Pediatric Sleep Council

Melisa E. Moore, PhD, CBSM

Psychologist, Department of Child and Adolescent Psychiatry
and Behavioral Sciences
Sleep Center, The Children's Hospital of Philadelphia
Philadelphia, PA

Anne Marie Morse, DO

Clinical Associate Professor
Director, Child Neurology | Director, Pediatric Sleep Medicine
Geisinger Commonwealth School of Medicine
Janet Weis Children's Hospital | Danville, PA

Adam T. Newton, MSc, PhDc

Department of Psychology
The University of Western Ontario | London, Canada

Oluwatosin Olorunmoteni

Department of Paediatrics and Child Health
Obafemi Awolowo University (OAU), Ile-Ife.
Department of Paediatrics
Obafemi Awolowo University Teaching Hospitals Complex
(OAUTHC), Ile-Ife. | Osun | Nigeria

Shosha Peersmann, PhDc

Princess Máxima Center for Pediatric Oncology
Utrecht, The Netherlands

Graham J. Reid, PhD, CPsych

Associate Professor
Departments of Psychology/Family Medicine/Paediatrics
The University of Western Ontario | London, ON
Scientist, Children's Health and Therapeutics Program
Children's Health Research Institute | London, ON

Althea A. Robinson Shelton, MD, MPH

Assistant Professor of Neurology
Sleep Division, Vanderbilt Kennedy Center
Vanderbilt Medical Center, Vanderbilt University | Nashville, TN

Kevin C. Smith, PhD

Associate Professor of Pediatrics
Kansas City School of Medicine, University of Missouri
Pediatric Psychologist, Sleep Disorders Center
Children's Mercy Kansas City | Kansas City, MO

Sally Staton, PhD

Senior Research Fellow
Institute for Social Science Research
The University of Queensland | Brisbane, Australia

Liat Tikotzky, PhD

Associate Professor, Department of Psychology
Ben-Gurion University of the Negev, Israel | Beer-Sheva, Israel

Josh Wallace

Cambium Assessment | Syracuse, NY

Debra E. Weese-Mayer, MD

Professor of Pediatrics and Beatrice Cummings Mayer Professor of
Pediatric Autonomic Medicine
Northwestern University Feinberg School of Medicine
Chief, Division of Pediatric Autonomic Medicine
Ann & Robert H. Lurie Children's Hospital of Chicago and the
Stanley Manne Children's Research Institute | Chicago, IL

Katherine L. Wesley, PhD

Assistant Professor | University of Colorado
Children's Hospital Colorado | Aurora, CO

Ariel A. Williamson, PhD, DBSM

Assistant Professor of Psychology in Psychiatry
Perelman School of Medicine, University of Pennsylvania
Psychologist, Sleep Center
Division of Pulmonary Medicine
Department of Child & Adolescent Psychiatry and
Behavioral Sciences
Children's Hospital of Philadelphia | Philadelphia, PA

Merrill S. Wise, MD

Medical Director of Pediatric Sleep
Mid-South Pulmonary and Sleep, PC | Memphis, TN

Melissa S. Xanthopoulos, PhD, MS

Clinical Psychologist, Department of Child and Adolescent
Psychiatry and Behavioral Sciences
Director, CPAP Adherence Program
The Sleep Center, Division of Pulmonary and Sleep Medicine
Children's Hospital of Philadelphia | Philadelphia, PA

Registration Information

Pre-registration is required by November 30, 2021 at: <https://cme-learning.brown.edu/>

Conference Fees include: CME / CE credit, access to live virtual events, and recordings for up to three months post conference.

	Registration Fee	Trainees*
Pediatric Polysomnography December 1, 2021	\$135.00	\$75.00
Best Practices Course December 2, 2021	\$135.00	\$75.00
Pediatric Behavioral Sleep Medicine December 2, 2021	\$135.00	\$75.00
Pediatric Sleep Medicine Meeting December 3, 2021	\$160.00	\$75.00

*Trainee rate eligibility:

1. You are currently engaged in an academic program of study working toward a terminal degree (undergraduate or graduate); or
2. You finished your terminal degree (PhD, MD, RN) and are currently engaged in a training program at an academic and/or medical institution (post-doctoral fellow, resident).

Cancellation/Substitution Deadline — November 15, 2021

Substitutions may be made by phone or e-mail without additional charge. Refunds minus a \$75.00 administrative fee will be issued if cancellation is received in writing by November 15, 2021. This conference is subject to change or cancellation.

For More Information:

Office of Continuing Medical Education at the Warren Alpert Medical School of Brown University
Ph. 401-863-2871 | Email: Andrea_Goldstein@Brown.edu
<https://cme-learning.brown.edu/2021-pediatric-sleep-medicine-virtual>



To request reasonable accommodations for a disability, please notify the CME Office in writing at least two weeks prior to the conference.

Exhibit Opportunities Available

We cordially invite you to connect with an international group of health professionals involved in pediatric sleep medicine. This biennial conference brings together a multi-disciplinary group of pediatric practitioners and trainees interested in learning about state-of-the-art developments in clinical and research arenas, sharing knowledge and ideas, and establishing collaborative projects. Conference participants will have the opportunity to visit virtual displays at the 2021 Pediatric Sleep Medicine Meeting, Friday, December 3, 2021, during the designated breaks. **Exhibit space is on a first come first serve basis.**

For information on becoming an exhibitor at this meeting, please contact Maria Sullivan, Director of the Brown CME Office at Maria_Sullivan@Brown.edu.