

Changing the Culture of Pain Treatment Symposium

Saturday, October 19, 2019
Community College of Rhode Island
400 East Avenue, Warwick, RI

DID YOU KNOW?

The American College of
Physicians recommends
**non-pharmacologic
approaches**
as first-line
treatment for
lower back pain.



*This symposium is supported by funding from the
Rhode Island Executive Office of Health and Human Services
Healthcare Workforce Transformation Program*



COMMUNITY COLLEGE
OF RHODE ISLAND



BROWN
Alpert Medical School

Program Description

The purpose of this interprofessional educational program will be to change the culture of pain management by promoting non-opioid therapies for chronic pain. Various evidence based alternative treatment modalities such as clinical massage therapy, acupuncture, physical therapy, occupational therapy, chiropractic care, naturopathic medicine, cognitive behavioral therapy, and community health services will be introduced. Panelists will discuss their approaches to specific patient case examples giving providers the knowledge to choose the best treatment path for their patients.

Target Audience

Physicians, Nurses, Nurse Practitioners, Physician Assistants, Physical Therapists, Social Workers, Medical Students, Residents & Fellows, Occupational Therapists, Therapeutic Massage Therapists, Acupuncturists, Chiropractors, CCRI Allied and Rehab Health Students, Faculty, Alumni, and Clinical Instructors.

Competency Areas

ABMS: Patient Care and Procedural Skills, Medical Knowledge, Systems-based Practice; IOM: Provide patient-centered care, Work in interdisciplinary teams; Interprofessional Education Collaborative: Roles/Responsibilities.

Learning Objectives

At the conclusion of this activity, participants should be able to:

- Recognize psychosocial risk factors for patients with pain.
- Evaluate outcomes of integrative therapy options to manage pain.
- Analyze patients' biopsychosocial elements related to pain.
- Identify various treatment plans for pain management.
- Describe steps in the referral process for prescribing non-pharmacologic pain management.

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- 7:00-7:45 Registration, Visit Exhibits, Breakfast
- 7:45-8:00 Opening Remarks: Suzanne Carr, Ph.D., RN
Interim Dean of Health and Rehabilitative Sciences
- 8:00-9:00 Presenter Jennifer Hurrell, PT, MS, DHSc
“Pain Neuroscience and Psychologically Informed Care”, Q and A
- 9:00-9:30 Break + Exhibits
- 9:30-11:45 Case Presentations
Moderated by: Matthew Smith, MD, EMHL
Case Study 1
Nancy Dooley, Ph.D., OTR/L
Ellen Flynn, M.D., MTS
Jennifer Jackson, DAOM, MSOM, LMT
Victoria Moutahir, BCLMT, MS
Julia Twining, MSN, RN, OCN
Break (10:30-10:45)
Case Study 2
Martine Delonnay, N.D., M.D.
Michael Gottfried, B.A., M.A., D.C.
Latisha Michel, CCHW
Jennifer Reynolds, DPT, TPS
Francis Sparadeo, Ph.D.
- 11:45-12:00 Summary and Q/A
Moderated by: Matthew Smith, M.D., EMHL
- 12:00 Adjourn, Network, Explore Exhibitor Tables
Registrants to collect certificates / Registrants to explore Exhibitors Tables

Changing the Culture of Pain Treatment Symposium

Planning Committee

Karlo Berger, AOBTA, BCLMT

Community College of Rhode Island

Regina Cobb, MSW, BCLMT, CMLD

Community College of Rhode Island;
Symposium Director/Content Expert

Mackenzie Johnson, MSN, RN

Community College of Rhode Island

James McDonald, M.D., MPH

Rhode Island Department of Health

Victoria Moutahir, MS, BCLMT

Community College of Rhode Island

**Maria Sullivan, Director of Continuing
Education**

Warren Alpert Medical School of Brown
University

Course Moderator

Matthew Smith, M.D., EMHL

Clinical Assistant Professor of Orthopedics
Warren Alpert Medical School of Brown University
Director of System Integration, University Orthopedics, Inc.
Chair, Value Committee, North American Pain Society

Faculty

Martine Delonnay, N.D., M.D.

Founder and CEO of DELONNAY HOLISTICS;
Naturopathic physician at the Sage Healing
Collaborative

Nancy R. Dooley, Ph.D., OTR/L

Associate Professor, Occupational Therapy
Doctorate Program, Johnson & Wales
University; Development Chairperson, Rhode
Island Occupational Therapy Association

Ellen Flynn, M.D., MTS

Clinical Assistant Professor, Department of
Psychiatry, Department of Medicine
Warren Alpert Medical School of Brown
University

Michael J. Gottfried, B.A., M.A., D.C.

Chiropractic Physician, Aquidneck Chiropractic

Jennifer E. Hurrell, PT, MS, DHSc

Professor, Community College of Rhode Island

Jennifer Jackson, DAOM, MSOM, LMT

Acupuncturist, Licensed Massage Therapist,
CranioSacral Therapy Practitioner, Ocean Ki
Acupuncture

Latisha Michel, CCHW

Newport Health Equity Zone; Certified
Community Health Worker; Founder of Ready
Set Latch Go, Certified Doula; Certified
Lactation Counselor; Maternal Child Health
Specialist

Victoria Moutahir, MS, BCLMT

Adjunct Faculty, Rehabilitative Health
Department, Community College of Rhode
Island

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Jennifer Reynolds, DPT, TPS

Reynolds Physical Therapy – Owner, Physical Therapist; Women’s and Men’s Rehabilitation – Women’s Medicine Collaborative, Senior Physical Therapist

Frank R. Sparadeo, Ph.D.

Instructor, Department of Rehabilitation Counseling, Salve Regina University; Clinical Director, Pain Solutions, CODAC

Julia Twining, MSN, RN, OCN

Advanced Practice Manager, The Miriam Hospital

Registration Information

Registration fee includes breakfast, breaks, and on-site free parking. *Due to construction of our Main Entrance, please follow signage to enter building.

Register Online at ccri.edu/painsymposium

Registration Fees: \$25.00

Conference Location and Parking

Community College of Rhode Island, Knight Campus, Great Hall

400 East Avenue, Warwick RI, 02886

Free parking is available in the Student Parking Lot

Cancellations/substitutions must be made in writing to CME@Brown.edu at least 48 hours prior to the symposium, no later than October 17, 2019. “No shows” are subject to the full conference fee. This symposium is subject to change or cancellation.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the Community College of Rhode Island. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

Physicians: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of *3 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants / Nurse Practitioners / Physical Therapists / Occupational Therapists / Massage Therapists: Participants will receive a Certificate of Attendance stating this program is designated for 3 hours *AMA PRA Category 1 Credits™*. This credit is accepted by the AAPA, AANP, RI Board of Physical Therapy, RI Board of Occupational Therapy and RI Board of Massage Therapy.

Nurses: This activity has been submitted to the Northeast Multistate Division (NE-MSD) for approval to award nursing contact hours. Northeast Multistate Division (NE-MSD) is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.