



# Identifying Ovarian Cancer Symptoms: Promoting Early Diagnosis, Treatment and Improved Outcomes Through Rapid Referral

A LIVE WEBINAR

October 26, 2020 | 12:00 PM - 1:00 PM EST



## Agenda

- 12:00 PM Welcoming Remarks  
Carol Hall-Walker, MPA, RIDOH
- 12:05 Identifying Ovarian Cancer Symptoms:  
Promoting Early Diagnosis, Treatment and Improved  
Outcomes Through Rapid Referral  
**Paul A. DiSilvestro, MD**
- 12:45 Question & Answer Session
- 1:00 PM Adjourn

## Presenter: Paul A. DiSilvestro, MD

Professor of Obstetrics and Gynecology  
Warren Alpert Medical School of Brown University  
Director, Program in Women's Oncology  
Director, Division of Gynecologic Oncology  
Women & Infants Hospital | Providence, Rhode Island

## Who Should Participate

Physicians and Physician Specialists (gynecologists, gastroenterologists), Physician Assistants, Nurse Practitioners, Registered Nurses, Residents, Fellows, Medical Students, and other allied health professionals engaged in the care of women

## Planning Committee

Megan Daniel | Partnership to Reduce Cancer in RI  
Linda Dziobek, RN | Survivor  
Joseph Dziobek, MSW | Director, Partnership to Reduce Cancer in RI  
Carol Hall-Walker, MPA  
Associate Director of Health, RI Department of Health  
Norma Hardy, MEd, CHES | Survivor  
Donna MacDonald, RN, OCN, CCM  
Case Manager - Oncology, Women & Infants Hospital  
Jennifer Maloney  
Office of Continuing Medical Education  
Warren Alpert Medical School of Brown University  
Diane C. Martins, PhD, RN | URI College of Nursing  
Matthew Oliver, MD | Women & Infants Hospital of RI  
Jennifer Scalia Wilbur, MS  
Program in Women's Oncology, Women & Infants Hospital  
C. Kelly Smith, MSW  
Comprehensive Cancer Control Program, RI Department of Health  
Maria Sullivan  
Director, Office of Continuing Medical Education  
Warren Alpert Medical School of Brown University  
Siana Wood, RN, BSN, CDOE  
Nurse Planner, Office of CME  
Warren Alpert Medical School of Brown University

Register Online: <https://cme-learning.brown.edu/early>

There is no fee to participate in this webinar

## Program Description

In women ages 35-74, ovarian cancer is the fifth leading cause of cancer-related mortality, accounting for more deaths than any other cancer of the female reproductive system. An estimated one woman in 78 will develop ovarian cancer during her lifetime. The American Cancer Society estimates that there will be 21,750 new cases of ovarian cancer diagnosed in 2020, and that more than 13,940 women will die from ovarian cancer this year.

When a woman is diagnosed and treated in the earliest stages, the five-year survival rate is over 90 percent. Due to ovarian cancer's nonspecific symptoms and lack of early detection tests, about 15 percent of all cases are early, meaning stage I or II. If detected at stage III or higher, the five-year survival rate can be as low as 28 percent.

Historically, ovarian cancer was called the silent killer because symptoms were not thought to develop until the chance of cure was poor. However, recent studies have proven this untrue. The following symptoms are more likely to occur in women with ovarian cancer than in women in the general population, even patients with early stage disease: bloating; pelvic or abdominal pain; difficulty eating or feeling full quickly; and urinary symptoms (urgency or frequency).

As soon as ovarian cancer is diagnosed, rapid referral to a gynecologic oncologist can improve survival prognosis. This webinar will illustrate the benefits of referral to gynecologic oncologists and will review risk factors including genetic syndromes, presentation in early and late stages, diagnostic evaluation, physical exam, and indicators for referral to a gynecologic oncologist.

## Learning Objectives

After participating, learners should be better able to:

- Identify signs and symptoms of ovarian cancer
- Describe the incidence of ovarian cancer nationally & in RI
- Identify survivorship and quality of life advantages for patients referred rapidly after diagnosis to gynecologic oncologists
- Outline evidence-based guidelines for effective symptom workup and indication for referral to gynecologic oncologist
- Identify risk factors including genetic syndromes
- Understand the national protocols for genetic testing and counseling eligibility

## Continuing Medical Education Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the Rhode Island Department of Health Academic Center. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

## Credit Designation

**Physicians:** The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Note: credit applications for nursing & social work CE's are in process.