



Saturday, May 18, 2019
Rhode Island College—Roberts Hall
600 Mount Pleasant Avenue
Providence, RI 02908

Provided By



**RHODE
ISLAND
COLLEGE**



PROGRAM DESCRIPTION

The 2019 Trans Health Conference is sponsored by the Warren Alpert Medical School of Brown University, Rhode Island College School of Social Work & School of Nursing, and TGI Network of Rhode Island. This is the fifth annual Trans Health Conference in Rhode Island that is dedicated to enhancing the health and well-being of the transgender and gender non-conforming community. Our goals are two-fold, to increase the number of health professionals across the care continuum who feel comfortable and confident providing quality care for trans patients, as well as increase the trans community members knowledge, self-efficacy, and advocacy skills through educational sessions and connection to community resources.

WHO SHOULD ATTEND

Physicians specializing in primary care, obstetrics, endocrinology, & emergency medicine, nurses, psychologists, physician assistants, social workers, licensed mental health providers, medical students, residents, fellows, and members of the transgender and gender non-conforming community.

CONFERENCE PARKING

Free parking available in Campus Parking Lots A, B, C, & D.
Conference Registration will take place in the Roberts Hall Lobby.

FOR MORE INFORMATION ABOUT THE PROGRAM

Contact the Brown CME Office
Phone: 401-863-2871 | Fax: 401-863-2202
E-mail: CME@Brown.edu | Web: www.brown.edu/cme

LEARNING OBJECTIVES

Primary care providers should be able to:

- Describe professional guidelines established for the appropriate care of transgender adolescents and adults
- Identify the risks/benefits of hormone therapy, design a plan of care that incorporates above guidelines
- Compare and contrast the unique primary care needs of male to female and female to male transgender patients
- Participate in advanced medical care cases

Mental health providers should be able to:

- Identify mental health issues unique to transgender individuals and better understand role of the mental health professional through transition
- Recognize sexual health needs of transgender patients and gain confidence in addressing these with patients
- Participate in advanced behavioral health cases

Public health professionals should be able to:

- Describe ethical considerations related to research and research findings in the transgender community
- Recognize the present state of research with regards to health needs and health outcomes in the transgender community
- List new developments in US and RI state trans health public policy and implications for health care access and the health status of members of the transgender community

Members of the transgender community should be able to:

- Identify and discuss their legal needs and best strategies to meet these needs
- Discuss social identities and ways to develop positive masculine and feminine identities, as well as the importance of the intersection of race, ethnicity, and class in these identities
- Identify everyday issues faced by transgender community members and ways to address

2019 Trans Health Conference | Saturday, May 18, 2019

MEDICAL TRACK

7:30–8:00 AM	Registration and Light Breakfast Fare	12:10–12:50	Performance and Poster Session
8:00–9:00 AM	Welcome From the Planning Committee Keynote Address Mara Keisling, BSS <i>Note this session is not accredited.</i>	12:50–1:55	Understanding Pubertal Suppression with GnRH Jason Rafferty, MD, MPH, EdM Gender Affirming Vaginoplasty Jaromir Slama, MD
9:10–10:15	Caring for Gender Diverse Youth: Biopsychosocial Integration Jason Rafferty, MD, MPH, EdM & Jill Wagner, LCSW Affirming Care 101 AJ Metthe, MSW, LCSW & Erin Ursillo, LMHC & Gerrit Van Schalkwyk, MD Interacting with Non-Binary Patients: Introductory Best Practices Casey Orozco-Poore, ScB & Ryan Segur, ScB Trans Health Public Policy: A Status Update Lauren Nocera, MSW, MPH	2:05–3:10	Understanding and Restoring the Harm of Microaggressions Jaymie Campbell, PhD & Kira Manser, MEd, LCSW Trans Cancer and Tobacco Use Arjee Restar, MPH, PhD & Scout, MA, PhD & Michelle Veras, BA Contraception and Care of Pregnancy in the Transmasculine and Nonbinary Patient^ψ Beth Cronin, MD Informed Consent: This Person is Radical Laura A. Jacobs, LCSW-R <i>Note this session is not accredited.</i>
10:25–11:30	Getting Better with Age: Healthy Aging for Trans Elders^ψ Carl G. Streed Jr., MD, MPH Initiation of Gender Affirming Hormone Therapy^ψ Julie Thompson, PA-C Sex Positive Approach to Care: Theory & Praxis Kira L. Manser, LCSW, MEd Science vs. "Science": Affirmative Care vs. "Rapid Onset", "80% Desistance", "Wait & See" & other Pseudoscience Laura A. Jacobs, LCSW-R <i>Note this session is not accredited.</i>	3:20–4:25 PM	Optimizing the Health of Transgender Populations: Research Findings & Best Practices for Engaging Transgender Communities in Research Jaclyn White Hughto, PhD, MPH & Matthew J. Mimiaga, ScD, MPH & Don Operario, PhD & Ryan Segur, ScB & Theresa I. Shireman, PhD, MS Working Within Our Communities, Making the Personal Professional for Trans & Non-Binary Providers[♦] Jaye Watts, LICSW Community Voices Panel: Impact of Identities on Healthcare Access Moderator: Michele D. Paliotta, LICSW
11:30–12:10 PM	Lunch I		

Special Session Notes

^ψ This session is open only to medical providers.

[♦] This session is open only to trans spectrum identified providers only, no cisgender programs.

BEHAVIORAL HEALTH TRACK

7:30–8:00 AM	Registration and Light Breakfast Fare	12:50–1:55	Understanding and Restoring the Harm of Microaggressions Jaymie Campbell, PhD & Kira Manser, MEd, LCSW
8:00–9:00 AM	Welcome From the Planning Committee Keynote Address Mara Keisling, BSS <i>Note this session is not accredited.</i>		Adapting CBT to Meet the Needs of Our Transgender Clients^Φ Laura Stevens, MSW
9:10–10:15	Gender Affirming Care for Cisgender Clinicians^Φ Elliot M. Ruggles, LCSW, PhD & Jayden Thai, PhD Interacting with Non-Binary Patients: Introductory Best Practices Casey Orozco-Poore, ScB & Ryan Segur, ScB Caring for Gender Diverse Youth: Biopsychosocial Integration Jason Rafferty, MD, MPH, EdM & Jill Wagner, LCSW		Understanding Pubertal Suppression with GnRH Jason Rafferty, MD, MPH, EdM Gender Affirming Vaginoplasty Jaromir Slama, MD Trans Cancer and Tobacco Use Arjee Restar, MPH, PhD & Scout, MA, PhD & Michelle Veras, BA
	Trans Health Public Policy: A Status Update Lauren Nocera, MSW, MPH	2:05–3:10	Assessing and Counseling Clients Prior to Genital Affirmation Surgery^Φ Elizabeth Boskey, PhD, MPH, LICSW & Ruben Hopwood, MDiv, PhD
10:25–11:30	Sex Positive Approach to Care: Theory & Praxis Kira L. Manser, LCSW, MEd Supporting Families in Transition^Φ Acey Mercer, LMSW Science vs. "Science": Affirmative Care vs. "Rapid Onset", "80% Desistance", "Wait & See" & other Pseudoscience Laura A. Jacobs, LCSW-R <i>Note this session is not accredited.</i>		Informed Consent: This Person is Radical Laura A. Jacobs, LCSW-R <i>Note this session is not accredited.</i> Optimizing the Health of Transgender Populations: Research Findings & Best Practices for Engaging Transgender Communities in Research Jaclyn White Hughto, PhD, MPH & Matthew J. Mimiaga, ScD, MPH & Don Operario, PhD & Ryan Segur, ScB & Theresa I. Shireman, PhD, MS
11:30–12:10 PM	Performance and Poster Session	3:20–4:25 PM	Working Within Our Communities, Making the Personal Professional for Trans & Non-Binary Providers^Φ Jaye Watts, LICSW
12:10–12:50	Lunch II		Community Voices Panel: Impact of Identities on Healthcare Access Moderator: Michele D. Paliotta, LICSW

Special Session Notes

Φ This session is open only to behavioral health providers.

Φ This session is open only to trans spectrum identified providers only, no cisgender providers.

2019 TRANS HEALTH CONFERENCE | SATURDAY, MAY 18, 2019

PUBLIC HEALTH TRACK

7:30–8:00 AM	Registration and Light Breakfast Fare	12:50–1:55	Trans Cancer and Tobacco Use Arjee Restar, MPH, PhD & Scout, MA, PhD & Michelle Veras, BA
8:00–9:00 AM	Welcome From the Planning Committee Keynote Address Mara Keisling, BSS <i>Note this session is not accredited.</i>		Understanding and Restoring the Harm of Microaggressions Jaymie Campbell, PhD & Kira Manser, MEd, LCSW
9:10–10:15	Trans Health Public Policy: A Status Update Lauren Nocera, MSW, MPH Affirming Care 101 AJ Metthe, MSW, LCSW & Gerrit Van Schalkwyk, MD & Erin Ursillo, LMHC	2:05–3:10	Optimizing the Health of Transgender Populations: Research Findings and Best Practices for Engaging Transgender Communities in Research Jaclyn White Hughto, PhD, MPH & Matthew J. Mimiaga, ScD, MPH & Don Operario, PhD & Ryan Segur, ScB & Theresa I. Shireman, PhD, MS
10:25–11:30	Science vs. "Science": Affirmative Care vs. "Rapid Onset", "80% Desistance", "Wait & See" & other Pseudoscience Laura A. Jacobs, LCSW-R <i>Note this session is not accredited.</i>	3:20–4:25 PM	Working Within Our Communities, Making the Personal Professional for Trans and Non-Binary Providers Jaye Watts, LICSW
11:30–12:10 PM	Lunch II		Community Voices Panel: Impact of Identities on Healthcare Access Moderator: Michele D. Paliotta, LICSW
12:10–12:50	Performance and Poster Session		

Special Session Notes

♦ This session is open only to trans spectrum identified providers only, no cisgender programs.

PLANNING COMMITTEE

Wendy Becker, PhD, MSW

Chair, BSW Program | Rhode Island College | Providence, RI

Denise Crooks, MPH, LCSW

Trans Health Behavioral Health Clinician
Thundermist Health Center | West Warwick, RI

Alexis E. Drutchas, MD

Instructor of Clinical Medicine | Harvard Medical School
Family Medicine Physician | Fenway Health | Boston, MA

Fadya El Rayess, MD, MPH

Associate Professor of Family Medicine, Clinician Educator
Residency Program Director, Brown Family Medicine
Warren Alpert Medical School of Brown University | Providence, RI
Memorial Hospital of Rhode Island | Pawtucket, RI

Krista Handfield, MSW

Founder | Shape Center RI
Health Equity Zone Project Manager
Thundermist Health Center | West Warwick, RI

Ethan R. Huckel, MA

Board President, TGI Network of Rhode Island | Providence, RI

Andrew Lewandowski, LICSW, MPH

Behavioral Health Clinician, Trans Health Access Team
Thundermist Health Center | Woonsocket, RI

Noah V. Lupica, MD'20

Medical Student
Warren Alpert Medical School of Brown University | Providence, RI

Kira L. Manser, LCSW, MEd

Licensed Clinical Social Worker | Private Practice | Pawtucket, RI

AJ Metthe, MSW, LCSW

Program Therapist | Butler Hospital
Psychotherapist | Private Practice | Providence, RI

Lauren Nocera, MSW, MPH

AVP, Equity Initiatives & Program Development
Thundermist Health Center | Woonsocket, RI

Michele D. Paliotta, LICSW

Adjunct Faculty | Rhode Island College School of Social Work
Clinical Social Worker | Private Practice | North Providence, RI

Elliot M. Ruggles, LCSW, PhD

SHARE Advocate | Brown University Health Services | Providence, RI
Sex Therapist | Center for Sexual Pleasure & Health | Pawtucket, RI

C. Kelly Smith, MSW

Adjunct Faculty | Providence College
Program Manager, Comprehensive Cancer Control Program
Rhode Island Department of Health | Providence, RI

Maria Sullivan, BS

Director, Office of Continuing Medical Education
Warren Alpert Medical School of Brown University | Providence, RI

Jaye Watts, LICSW

Trans* Health Program Director
Thundermist Health Center | West Warwick, RI

Siana Wood, RN, BSN

Nurse Care Manager | Thundermist Health Center | West Warwick, RI

GUEST FACULTY

Elizabeth Boskey, PhD, MPH, LICSW

Social Worker/Research Fellow
Boston Children's Hospital Center for Gender Surgery
Therapist | Come as You Are Behavioral Health
Expert on Gender, Sexuality, & STDs
Verywell Health | Boston, MA

Jaymie Campbell, PhD

Director, Training and Capacity Building | AccessMatters
Senior Trainer | Transgender Training Institute | Philadelphia, PA

Beth Cronin, MD

Clinical Assistant Professor of Obstetrics and Gynecology
Warren Alpert Medical School of Brown University
Providence Community Health Center | Providence, RI

Ruben Hopwood, MDiv, PhD

Visiting Researcher
The Daniels Institute at Boston University
Coordinator, Transgender Health Program
Fenway Health | Boston, MA
Director, Hopwood Counseling & Consulting | Cambridge, MA

Jaclyn White Hughto, PhD, MPH

Investigator in Epidemiology
Investigator in Behavioral and Social Sciences
Brown University School of Public Health | Providence, RI
Research Analyst
The Fenway Institute | Fenway Health | Boston, MA

Laura A. Jacobs, LCSW-R

Psychotherapist | Private Practice
Chair, Board of Directors
Callen-Lorde Community Health Center | New York, NY

Mara Keisling, BSS

Executive Director
National Center for Transgender Equality | Washington, DC

Kira L. Manser, LCSW, MEd

Licensed Clinical Social Worker | Private Practice | Pawtucket, RI

Acey Mercer, LMSW

Senior Consultant | Training Institute for Gender, Relationships,
Identity & Sexuality (TIGRIS)
Therapist & Practice Manager
Choices Counseling & Consulting | Albany, NY

Matthew J. Mimiaga, ScD, MPH

Professor of Psychiatry and Human Behavior | Professor of
Epidemiology | Professor of Behavioral and Social Sciences
Brown University | Providence, RI
Director, Division of Epidemiology and Global Health Research
The Fenway Institute | Fenway Health | Boston, MA

AJ Metthe, MSW, LCSW

Program Therapist | Butler Hospital
Psychotherapist | Private Practice | Providence, RI

Lauren Nocera, MSW, MPH

AVP, Equity Initiatives & Program Development
Thundermist Health Center | Woonsocket, RI

Don Operario, PhD

Associate Dean for Academic Affairs
Professor of Behavioral and Social Sciences
Brown University School of Public Health | Providence, RI

Casey Orozco-Poore, ScB

Medical Student | Harvard Medical School | Boston, MA

Michele D. Paliotta, LICSW

Adjunct Faculty | Rhode Island College School of Social Work
Clinical Social Worker | Private Practice | North Providence, RI

Jason Rafferty, MD, MPH, EdM

Clinical Assistant Professor
Warren Alpert Medical School of Brown University
Providence, RI
Pediatrician & Child Psychiatrist
Thundermist Health Centers | Woonsocket, RI
Hasbro Children's Hospital | Providence, RI
Child Psychiatrist, E.P. Bradley Hospital | Riverside, RI

Arjee Restar, MPH, PhDc

Project Evaluator
National LGBT Cancer Network | New York, NY

Elliot M. Ruggles, LCSW, PhD

Sexual Harassment & Assault Resources & Education
(SHARE) Advocate
Brown University Health Services | Providence, RI
Sex Therapist | Center for Sexual Pleasure and Health
Pawtucket, RI

Scout, MA, PhD

Deputy Director | National LGBT Cancer Network | New York, NY

Ryan Segur, ScBm

Research Assistant
Warren Alpert Medical School of Brown University
MS Candidate
Brown University School of Public Health | Providence, RI

Theresa I. Shireman, PhD, MS

Professor of Health Services, Policy and Practices
Brown University School of Public Health | Providence, RI

Jaromir Slama, MD

Assistant Professor and Section Chief of Surgery in Plastic and
Reconstructive Surgery
Boston University School of Medicine
Chief, Division of Plastic and Reconstructive Surgery
Boston Medical Center | Boston, MA

Laura Stevens, MSW

Adjunct Professor | Simmons College School of Social Work
Psychotherapist | Fenway Health
Study Therapist | The Fenway Institute | Boston, MA

GUEST FACULTY CONTINUED

Carl G. Streed Jr., MD, MPH

Assistant Professor of Medicine
Boston University School of Medicine
Clinician Investigator
Center for Transgender Medicine and Surgery
Boston University Medical Center | Boston, MA

Jayden Thai, PHD

Psychotherapist, Counseling and Psychological Services
Brown University | Providence, RI

Julie Thompson, PA-C

Physician Assistant in Primary Care
Medical Director of Transgender Health
Fenway Health | Boston, MA

Erin Ursillo, LMHC

Manager of Young Adult Programs
Butler Hospital | Providence, RI

Gerrit Van Schalkwyk, MD

Assistant Professor of Psychiatry & Human Behavior,
Clinician Educator
Warren Alpert Medical School of Brown University
Butler Hospital | Providence, RI

Michelle Veras, BA

Project Director
National LGBT Cancer Network | New York, NY

Jill Wagner, LCSW

Co-Director, LGBTQ Health & Advocacy Scholarly Concentration
Warren Alpert Medical School of Brown University
Clinician Social Worker
Hasbro Children's Hospital | Providence, RI

Jaye Watts, LICSW

Trans* Health Program Director
Thundermist Health Center | West Warwick, RI

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Warren Alpert Medical School of Brown University and the Rhode Island College Schools of Social Work and Nursing. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATIONS

Licensed Mental Health Counselors: This activity has been approved for 5.5 CEU hours by the RIMHCA.

Nurses: This activity has been submitted to Northeast Multi-State Division (NE-MSD) for approval to award nursing contact hours. Northeast Multistate Division (NE-MSD) is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Physicians: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants/Nurse Practitioners: Participants will receive a Certificate of Attendance stating this program is designated for 5.5 hours *AMA PRA Category 1 Credits*[™]. This credit is accepted by the AAPA and AANP.

Psychologists: The Warren Alpert Medical School of Brown University has been approved by the Rhode Island Psychological Association to offer continuing education credits for Psychologists. The Alpert Medical School maintains responsibility for the program. This program is approved for 5.5 Category 1 CE Credit. (Credits available to RI licensed psychologists only).

Social Workers: This activity has been submitted to the NASW, Rhode Island. Determination of credits is pending.

REGISTRATION FEES:

Registration fee includes: Light breakfast fare, snacks, and lunch.

- \$150.00 Midwives, Nurse Practitioners, Physicians, Physician Assistants, Psychologists,
- \$125.00 Licensed Mental Health Counselors, Fellows, Nurses, Social Workers
- \$80.00 Public Health Professionals*
- \$25.00 Community Health Workers, Residents, Students

*Note there are no CME's or CEU's available if you register as a public health professional.

Register Online: cme-learning.brown.edu/content/2019-rhode-island-trans-health-conference

COMMUNITY TRACK REGISTRATION

Registration includes: Light breakfast fare, snacks, and lunch.

Fees are waived for Community Track Registrants, but pre-registration is required.

Note there are no CME's or CEU's available for this track.

Register Online: <https://tinyurl.com/19RITHC-CT>

Community Track Updates: <https://tinyurl.com/19RITHC-FB>

CANCELLATION POLICY

Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than May 3rd. A \$25.00 administrative fee will be charged for all refunds. (No refunds for "no shows"). There will be no additional charge for substitutions. This conference is subject to change or cancellation.



Notify the Brown CME Office in writing at least 2 weeks prior to the conference to request reasonable accommodations.