

Pediatric and Adolescent Sports Medicine Update

April 30, 2022 | 8:00 am – 2:00 pm

Warren Alpert Medical School of Brown University
222 Richmond Street, Providence, RI, 02912

PROGRAM DESCRIPTION:

This course will provide current state of the art sports medicine practice guidelines to help ensure highest quality of care. Through presentations of various pediatric and adolescent sports medicine topics, course participants will gain increased comfort in initiating evaluation & treatment prior to referring to a specialist & appreciate the injury patterns that require urgent specialist referral.

Keynote Address titled, “The Mental-Social-Emotional Journey of the Adolescent Athlete” will be presented by Adam Naylor, EdD, CMPC, Mental Performance Consultant, Northeastern University Athletics, Boston, MA.

LEARNING OBJECTIVE:

At the conclusion of this activity, participants should be able to:

- Differentiate among various types of sports injuries and sports-related conditions
- Initiate workup and know the proper indications for higher level imaging techniques in diagnosis
- Initiate appropriate non-operative treatment
- Describe the indications for referral to a specialty provider

TARGET AUDIENCE

Athletic trainers, nurse practitioners, physicians, physician assistants, physical therapists, and physical therapy assistants.

REGISTRATION INFORMATION

https://apps.biomed.brown.edu/cme_registration/Ortho-22

Conference registration fee includes: Breakfast, breaks, lunch, access to an online syllabus, and complimentary on-site parking.

REGISTRATION FEES:

\$85.00 All Health Practitioners

Free Residents, Fellows, Health Profession Students



Please notify the Brown CME Office in writing at least two weeks prior to the conference to request reasonable accommodations.

CONFERENCE PARKING

Parking will be available in the parking garage located on the corner of Richmond & Elm Streets.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and University Orthopedics, Inc. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Physicians: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Practitioners/Physician Assistants: Participants will receive a Certificate of Attendance stating this program is designated for 5.25 hours *AMA PRA Category 1 Credits™*. This credit is accepted by the AAPA and AANP.

Physical Therapists/Physical Therapy Assistants: The Warren Alpert Medical School Office of Continuing Medical Education is approved by the Rhode Island Board of Physical Therapy to offer CE programs for physical therapists. Physical therapist participants will receive a Certificate of Attendance for up to 5.25 hours.

CANCELLATION POLICY

Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than April 15, 2022. A \$25.00 administrative fee will be charged for all refunds (no refunds for “no shows”). There will be no additional charge for substitutions. This conference is subject to change or cancellation.

Brown CME reserves the right to change the delivery format, delay, or cancel a course due to any unforeseen circumstances. In the event that the program is canceled, your registration fee will be refunded.

FOR MORE INFORMATION, CONTACT BROWN CME

233 Richmond St., G-R132, Providence, RI 02912

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PEDIATRIC AND ADOLESCENT SPORTS MEDICINE UPDATE

7:20–8:00 AM **Registration & Breakfast**

8:00–8:10 AM **Introduction: State of Youth Sports**
Peter K. Kriz, MD

UPPER EXTREMITY

SHOULDER

Moderator: Andrew Green, MD

8:10–8:20 **Instability**
Brett D. Owens, MD

8:20–8:30 **Overuse**
E. Scott Paxton, MD

ELBOW

Moderator: E. Scott Paxton, MD

8:30–8:40 **Other Sport-Related Issues in the Shoulder**
Philip A. Salko, MD, FAAFP, CAQSM

8:40–8:50 **The Injured Thrower:
Evaluation and Management**
Peter K. Kriz, MD

8:50–8:20 **Ulnar Collateral Ligament Injuries of the
Elbow-Who and What is Tommy John?**
Andrew Green, MD

9:00–9:10 **Upper Extremity Question & Answer Session**

LOWER EXTREMITY

HIP

Moderator: Ramin Tabaddor, MD

9:10–9:20 **DDH, A Slipped Capital Femoral Epiphysis,
and the Impact on the Adolescent Athlete**
Jonathan R. Schiller, MD

9:20–9:30 **Understanding Femoroacetabular
Impingement**
Ramin R. Tabaddor, MD

KNEE

Moderator: Paul D. Fadale, MD

9:30–9:40 **Physical Exam of the Knee**
Rachel Talley-Bruns, MD

9:40–9:50 **Update on Pediatric Knee Disorders**
Aristides I. Cruz Jr., MD, MBA

ACL

9:50–10:00 **Biomechanics of ACL Surgery**
Braden C. Fleming, PhD, MS

10:00–10:10 **ACL Reconstruction**
Michael J. Hulstyn, MD

10:10–10:20 **BEAR**
Brett D. Owens, MD

10:20–10:30 **Lower Extremity Hip/Knee/ACL
Question & Answer Session**

10:30–10:45 **Break and Visit Exhibits**

LOWER EXTREMITY

ANKLE/FOOT

Moderator: Brad D. Blankenhorn, MD, MS

10:45–10:55 **Beyond Ankle Sprains**
Brad D. Blankenhorn, MD, MS

10:55–11:05 **Update on Pediatric Foot Disorders**
Aristides I. Cruz Jr., MD, MBA

11:05–11:15 **Lower Extremity Ankle/Foot
Question & Answer Session**

KEYNOTE ADDRESS

11:15–11:50 **The Mental-Social-Emotional Journey of the
Adolescent Athlete**
Adam Naylor, EdD, CMPC

11:50–12:00 PM **Keynote Question & Answer Session**

12:00–12:30 **Lunch & Networking**

SPINE

Moderator: Craig P. Ebersson, MD

12:30–12:40 **Spondylolysis Update 2022**
Peter K. Kriz, MD

12:40–12:50 **Spondylolisthesis**
Craig P. Ebersson, MD

12:50–1:00 **Disc-related Disorders in Adolescent Athletes**
Bryce Basques, MD, MHS

1:00–1:10 **Spine Question & Answer Session**

REHAB AND SPORTS PERFORMANCE

Moderator: David J. Pezzullo, MS, PT, SCS, ATC

1:10–1:20 **Sport and Neuromuscular Advancement
Program (SNAP): University Orthopedics'
ACL Bridge Program**
Kate Fischer, LAT, ATC

1:20–1:30 **Injured Thrower's Clinic**
Michael Coyne, DPT, FRCms

1:30–1:40 **Athletic Development for a Lifetime:
University Orthopedics' Strength and
Conditioning Program**
Peter K. Kriz, MD

1:40–1:50 **Dancer's Clinic**
Jennifer Davis, MSPT

1:50–2:00 PM **Rehab and Sports Performance Question &
Answer Session and Conference Wrap-up**

COURSE CHAIRS

Aristides I. Cruz Jr., MD, MBA*

Assistant Professor of Orthopaedics
Warren Alpert Medical School
Hasbro Children's, Rhode Island and The Miriam Hospitals

Peter K. Kriz, MD*

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Director, The Rhode Island Cartilage Repair Center
Director of Sports Medicine
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Warren Alpert Medical School
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Rhode Island and The Miriam Hospitals

*Affiliated with University Orthopedics, Inc. in their offices located in Providence, East Greenwich, and Middletown, RI.