

12th Biennial Pediatric Sleep Medicine Conference  
 Poster Sessions | 4:05 - 5:00 pm Saturday, November 11, 2023 | 10:15 - 10:45 am Sunday, November 12, 2023

#	Title	Presenting Author	Institution
1	Does using a weighted blanket improve sleep among children with a history of adversity/maltreatment?	Alyssa Vieira, BA	University of Houston   Houston, TX
2	Sleep in Black Families – Explorations in Family Chronotype	Amy Janis, BS	Purdue University   West Lafayette, IN
3	Sleep Difficulties among Children with Allergic Disease Clinically Referred for Behavioral Sleep Medicine Evaluation	Andrea L Fidler, PhD, MPH	Cincinnati Children's Hospital Medical Center   Cincinnati, OH
4	Sleep-Disordered Breathing in Pediatric Patients with Single Ventricle Physiology: A Systematic Review	Andrew Ligsay, MD	McGaw Medical Center of Northwestern University   Chicago, IL
5	From In-Person to Remote Delivery: Sleep Hygiene Intervention (Project SIESTA) Adaptation to Overcome the Challenges of the COVID-19 Pandemic	Anna J. Yeo, PhD	Rhode Island Hospital The Miriam Hospital Warren Alpert Medical School of Brown University   Providence, RI
5	Tailoring a Sleep Hygiene Intervention to Meet the Needs and Experiences of Urban Latino Middle School Youth (Project SIESTA): A Theoretically Guided Approach	Julie Boergers, PhD	Department of Pediatrics, Hasbro Children's Hospital Bradley-Hasbro Children's Research Center, Rhode Island Hospital Warren Alpert Medical School of Brown University   Providence, RI
5	Preliminary Efficacy of a Culturally and Contextually Tailored Sleep Hygiene Intervention (Project SIESTA) for Improving Sleep Duration in Urban Latino Children	Daphne Koinis-Mitchell, PhD	Department of Pediatrics, Hasbro Children's Hospital Bradley-Hasbro Children's Research Center, Rhode Island Hospital Warren Alpert Medical School of Brown University   Providence, RI
6	Caregiver perspectives of a brief, adapted early childhood sleep interventions: Findings from a randomized trial	Ariel Williamson, PhD	The Ballmer Institute for Children's Behavioral Health University of Oregon   Eugene, OR
7	Relationship Between Disease Activity, Sleep Disturbances, and Depressive Symptoms in Children and Adolescents with Inflammatory Bowel Disease	Camilla Matthews, MD	University of Wisconsin   Madison, WI
8	Sex Differences in the Effect of Sleep on Self-Reported Hunger and Desire to Eat	Casie H. Morgan, MA	University of Alabama at Birmingham   Birmingham, AL

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#	Title	Additional Authors
1	Does using a weighted blanket improve sleep among children with a history of adversity/maltreatment?	Anthony Cifre, MS; Candice Alfano, PhD
2	Sleep in Black Families – Explorations in Family Chronotype	A.J. Schwichtenberg, PhD
3	Sleep Difficulties among Children with Allergic Disease Clinically Referred for Behavioral Sleep Medicine Evaluation	Kelly C. Byars, PysD, ABPP, DBSM, CBSM
4	Sleep-Disordered Breathing in Pediatric Patients with Single Ventricle Physiology: A Systematic Review	N/A
5	From In-Person to Remote Delivery: Sleep Hygiene Intervention (Project SIESTA) Adaptation to Overcome the Challenges of the COVID-19 Pandemic	Julie Boergers, PhD Daphne Koinis-Mitchell, PhD
5	Tailoring a Sleep Hygiene Intervention to Meet the Needs and Experiences of Urban Latino Middle School Youth (Project SIESTA): A Theoretically Guided Approach	Anna J. Yeo, PhD Daphne Koinis-Mitchell, PhD
5	Preliminary Efficacy of a Culturally and Contextually Tailored Sleep Hygiene Intervention (Project SIESTA) for Improving Sleep Duration in Urban Latino Children	Anna J. Yeo, PhD Julie Boergers, PhD
6	Caregiver perspectives of a brief, adapted early childhood sleep interventions: Findings from a randomized trial	Daniella R. Toto, BS; Katherine Wu; Olicia Cicalese, MS; Brizhay Davis; Jodi A. Mindell, PhD
7	Relationship Between Disease Activity, Sleep Disturbances, and Depressive Symptoms in Children and Adolescents with Inflammatory Bowel Disease	Dorota Walkiewicz-Jedrzejczak, MD; Claudia Evaristo, BA
8	Sex Differences in the Effect of Sleep on Self-Reported Hunger and Desire to Eat	Lindsay Stager, MA; Aaron Fobian, PhD

#	Title	Presenting Author	Institution
9	Relations between sleep compositions and physical activity in early childhood	Christine W. St Laurent, PhD	University of Massachusetts Amherst   Amherst, MA
10	Hybrid Decentralized Recruitment Approach to a Rare Disease Registry for Pediatric Patients With Narcolepsy: The CATNAP® Registry	Deborah A. Nichols, MS	Jazz Pharmaceuticals   Palo Alto, CA
11	Provider feedback regarding iPad administered mental health screening in a pediatric sleep medicine clinic	Emily Cromwell, PhD	University of Rochester Medical Center   Rochester, NY
12	Testing the feasibility , accessibility , and preliminary efficacy of a brief behavioral sleep intervention to improve parental knowledge of childhood sleep and child sleep behaviors	Isabella D. Wright, MS	Brigham Young University   Provo, UT
13	Risk for cognitive behavior disorders in preterm infants & >1250 grams birth weight with post-discharge obstructive sleep apnea	Jerica Gee, MD	The Medical University of South Carolina   Charleston, SC
14	Maternal Perceptions of the Conflict Between Following Safe Sleep Guidelines and Optimizing Infant and Maternal Sleep	Jodi A. Mindell, PhD	St. Joseph's University Children's Hospital of Philadelphia   Philadelphia, PA
15	Association of bedtime and naptime routines in newborns with sleep outcomes	Jodi A. Mindell, PhD	St. Joseph's University Children's Hospital of Philadelphia   Philadelphia, PA
16	Sleep improvements following atopic dermatitis management in young children	Jodi A. Mindell, PhD	St. Joseph's University Children's Hospital of Philadelphia   Philadelphia, PA
17	Sleep, timing of solid introduction, and allergic disease in infancy	Jodi A. Mindell, PhD	St. Joseph's University Children's Hospital of Philadelphia   Philadelphia, PA
18	Sleep Disparities among Adolescents Presenting for Insomnia Treatment: The Role of Social Determinants of Health on Insomnia Presentation	Kara McRae Duraccio, PhD	Brigham Young University   Provo, UT
19	Bedroom and Bed Sharing Guidelines for Foster Caregivers Among 50 U.S. States	Karolina Rusin, BS	University of Houston   Houston, TX
20	Examining the interactive effects of family- and neighbourhood-level socio-economic characteristics on adolescent sleep outcomes	Katarina McKenzie, MSc	The University of Western Ontario   London, ON
21	Development of an Interdisciplinary Pediatric Insomnia Clinic	Katherine Wesley, PhD	Children's Hospital of Colorado University of Colorado   Aurora, CO

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9	Relations between sleep compositions and physical activity in early childhood	Tracy Riggins, PhD; Sanna Lokhandwala, PhD Candidate; Rebecca M. C. Spencer, PhD
10	Hybrid Decentralized Recruitment Approach to a Rare Disease Registry for Pediatric Patients With Narcolepsy: The CATNAP® Registry	Wayne Macfadden, MD; Eileen B. Leary, PhD, RPSGT; Femida Gwadry-Sridhar, RPh, PhD; Judith Owens, MD, MPH
11	Provider feedback regarding iPad administered mental health screening in a pediatric sleep medicine clinic	Kara McRae Duraccio, PhD
12	Testing the feasibility , accessibility , and preliminary efficacy of a brief behavioral sleep intervention to improve parental knowledge of childhood sleep and child sleep behaviors	Isabella D. Wright, MS
13	Risk for cognitive behavior disorders in preterm infants & >1250 grams birth weight with post-discharge obstructive sleep apnea	Concetta M. Riva, MD; Amy L. Ruddy-Humphries, BS ; Myla Ebeling; Lakshmi D. Katikaneni, MD
14	Maternal Perceptions of the Conflict Between Following Safe Sleep Guidelines and Optimizing Infant and Maternal Sleep	Rachel Moon, MD; Sarah Honaker, PhD; Sarah Keim, PhD Kristin J. Roberts, MPH; Rebecca J. McAdams, MPH; Lara B. McKenzie, MPH
15	Association of bedtime and naptime routines in newborns with sleep outcomes	Erin S. Leichman, PhD; M. Catherine Mack, PhD; Mikayla Carson, BS
16	Sleep improvements following atopic dermatitis management in young children	Erin S. Leichman, PhD; Amisha Parikh-Das, PhD, MPH; Christina Lee, MS; Joseph Aquilina, MD
17	Sleep, timing of solid introduction, and allergic disease in infancy	Mikayla Carson, MS; Erin S. Leichman, PhD; Russell Gould, PhD Linda Alunkal, BS; M. Catherine Mack, PhD; Russel Walters, PhD
18	Sleep Disparities among Adolescents Presenting for Insomnia Treatment: The Role of Social Determinants of Health on Insomnia Presentation	Isabella D. Wright, MS; Kelly C. Byars, PsyD, ABPP, DBSM
19	Bedroom and Bed Sharing Guidelines for Foster Caregivers Among 50 U.S. States	Keiana Ragabi; Grace Neblett; Candice A. Alfano, PhD; Amy R. Wolfson, PhD; Carol Ripple, PhD Eleanor L. McGlinchey, PhD
20	Examining the interactive effects of family- and neighbourhood-level socio-economic characteristics on adolescent sleep outcomes	Jinette Comeau, PhD; Graham J. Reid, PhD
21	Development of an Interdisciplinary Pediatric Insomnia Clinic	Pinar Polat, MD

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22	Validity and Reliability of The Pediatric Narcolepsy Patient-Reported Outcomes Scale (PN-PROS)	Kiran Maski, MD	Boston Children's Hospital Harvard Medical School   Boston, MA
23	Clinical Simulation and Competency-Based Learning for Sleep Technologists in a Pediatric Sleep Center	Kristen Kardoose, MEd, RPSGT	Boston Children's Hospital   Boston, MA
24	Relationship between core autism spectrum symptoms and sleep disturbances in children and adolescents with autism spectrum disorder	Kristina P. Lenker, PhD	Penn State Health Milton S. Hershey Medical Center Penn State College of Medicine   Hershey, PA
25	Impact of Changing School Start Times on Teacher Sleep, Classroom Stress, and Personal Time: A Mixed-Methods Approach	Kyla L. Wahlstrom, PhD	University of Minnesota   Minneapolis, MN
26	Sleep Disturbance Severity and Associations with Psychiatric Comorbidities: Comparisons between Pediatric Sleep and Psychiatric Outpatient Clinics	Lauren M. Mutignani, PhD	University of Rochester Medical Center   Rochester, NY
27	Social Jetlag Changes in 2 to 12 year old Children	Leen Abbas, BA	University of Colorado Boulder   Boulder, CO
28	The interactive effects of body composition and sleep on executive functioning: Comparing Body Mass Index and Total Body Fat Percentage	Lindsay Stager, MA	University of Alabama at Birmingham
29	Developing a Pediatric Sleep Safety Huddle for In Lab Sleep Studies	Maile Moore, MSN, RN, PNP	Boston Children's Hospital   Boston, MA
30	Metabolic and Cardiovascular Changes in Pediatric Narcolepsy Patients Treated with Stimulant and Wake Promoting Medications	Maria Garcia-Gonzalez, BS	Ponce Health Sciences University
31	Sleep patterns of full-term infants after hospitalization in the Neonatal Intensive Care Unit at birth: A longitudinal study	Marie-Hélène Pennestri, PhD	McGill University   Montreal, QC
32	Examining Symptoms and Knowledge of Perinatal Mood and Anxiety Disorders in Fathers	Maristella Lucchini, PhD	Nanit Lab   New York City, NY
33	Stress around infant sleep is associated with stress around returning to work after paternity leave	Maristella Lucchini, PhD	Nanit Lab   New York City, NY
34	Relationships Between Attachment Security, Anxiety, and Sleep Problems Among Youth Adopted from Foster Care	Megan E. Rech, BA	University of Houston   Houston, TX

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22	Validity and Reliability of The Pediatric Narcolepsy Patient-Reported Outcomes Scale (PN-PROS)	Emmanuel Mignot, MD, PhD; Indra Narang, MD Anne Marie Morse, DO; Gillian Hecklere, BS Jennifer Worhach, MA; Lisa Meltzer, PhD, DBSM
23	Clinical Simulation and Competency-Based Learning for Sleep Technologists in a Pediatric Sleep Center	Emily Crossen, MSN, RN, NPD-BC; Colleen Molinari, MSN, RN, CNRN; Deborah Shiers, MSN, RN, CNRN, NE-BC; Jason Metcalfe, MS, RPSGT; Maile Moore, MSN, RN, PNP; Abby Munson, BSN, RN, CNRN; Christianna Gilbert, MA, CCC-SLP; Umakanth Katwa, MD
24	Relationship between core autism spectrum symptoms and sleep disturbances in children and adolescents with autism spectrum disorder	Susan Calhoun, PhD; Julio Fernandez-Mendoza, PhD; Susan D. Mayes, PhD
25	Impact of Changing School Start Times on Teacher Sleep, Classroom Stress, and Personal Time: A Mixed-Methods Approach	Nicholas Svichar; Lisa J. Meltzer, PhD
26	Sleep Disturbance Severity and Associations with Psychiatric Comorbidities: Comparisons between Pediatric Sleep and Psychiatric Outpatient Clinics	Emily Cromwell, PhD; Kayla M. Hunt, PsyD
27	Social Jetlag Changes in 2 to 12 year old Children	John R. Harsh, PhD; Lauren E. Hartstein, PhD Sachi D. Wong, PhD; Sophia Choubai, BA; Monique K. LeBourgeois, PhD
28	The interactive effects of body composition and sleep on executive functioning: Comparing Body Mass Index and Total Body Fat Percentage	Casie H. Morgan, MA; Aaron D. Fobian, PhD
29	Developing a Pediatric Sleep Safety Huddle for In Lab Sleep Studies	Mary O'Brien, BSN, RN, CPN; Meaghan Von Euw, BSN, RN, CPN Colleen Molinari, MSN, RN, CNRN; Bethany Entenmann, BSN, RN, CPN
30	Metabolic and Cardiovascular Changes in Pediatric Narcolepsy Patients Treated with Stimulant and Wake Promoting Medications	Joshua August, MD; kiran Maski, MD
31	Sleep patterns of full-term infants after hospitalization in the Neonatal Intensive Care Unit at birth: A longitudinal study	Anita Kiafar, MA; Malka Hershon, BSc; Gia Han (Michelle) Ly, BSc; Christine Laganière, MA; Irina Pokhvisneva; Hélène Gaudreau, PhD
32	Examining Symptoms and Knowledge of Perinatal Mood and Anxiety Disorders in Fathers	Shambhavi Thakur, MS; Natalie Barnett, PhD
33	Stress around infant sleep is associated with stress around returning to work after paternity leave	Shambhavi Thakur, MS; Liat Tikotzky, PhD; Natalie Barnett, PhD
34	Relationships Between Attachment Security, Anxiety, and Sleep Problems Among Youth Adopted from Foster Care	Anthony B. Cifre, MS; Alyssa M. Vieira, BA; Annika M. Myers, BS; Jinu Kim, MA; Candice A. Alfano, PhD

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35	Do infant and parent sleep predict next-day parent mood and parent-infant bonding? An auto-videosomnography study	Michal Kahn, PhD	Tel Aviv University   Tel Aviv, IL
36	Inter-rater reliability of a structured clinical interview to diagnose DSM-5-TR sleep disorders in children and adolescents	Mollie Rischard, MEd, MA	The University of Tulsa   Tulsa, OK
37	Developmental Sensitivity to Interparental Conflict: Children's Sleep Minutes, Efficiency, and Variability	Morgan J. Thompson, PhD	Auburn University   Auburn, AL
38	In Their Own Words: Impact of Changing School Start Times on High School Students Sleep and Daytime Functioning	Nicholas Svichar	Michigan State University   East Lansing, MI
39	Characterization of Patient Referrals to ED/Inpatient Admission from an Outpatient Pediatric Sleep Center	Rebecca Fitzgerald, RPSGT	Boston Children's Hospital   Boston, MA
40	A Text Message-Based Sleep Diary is an Efficient Tool for Clinical Sleep Research in Children and Young Adults	Sara Malina, BA	Johns Hopkins University School of Medicine   Baltimore, MD
41	Examining Variation in Preschoolers' Daytime and Nighttime Sleep Parameters	Taylor Meiorin, BA	The University of Western Ontario   London, ON
42	Pediatric Obstructive Sleep Apnea (OSA) and COVID-19 Related Adverse Clinical Outcomes	Vaishal Shah, MD, MPH, FAAP	Cleveland Clinic Foundation   Cleveland, OH
43	A Texas Two-Step Guide To Circadian Rhythm Disturbance Management for Children with Smith-Magenis Syndrome	Victoria Coccozza, DO	San Antonio Uniformed Services Education Consortium Wilford Hall Ambulatory Surgical Center   San Antonio, TX
44	Polycythemia Leading to Polysomnography: Asymptomatic Patient with White-Sutton Syndrome Discovers Diagnosis of Obstructive Sleep	Victoria Coccozza, DO	San Antonio Uniformed Services Education Consortium Wilford Hall Ambulatory Surgical Center   San Antonio, TX

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37	Developmental Sensitivity to Interparental Conflict: Children's Sleep Minutes, Efficiency , and Variability	Ryan J. Kelly, PhD; Mona El-Sheikh, PhD
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40	A Text Message-Based Sleep Diary is an Efficient Tool for Clinical Sleep Research in Children and Young Adults	Talia Hitt, MD, MPH, MSHP; Sheela N. Magge, MD, MSCE; Jonathan Ju, MD; Emily Moll, BS; Lorraine E. Levitt, Katz, MD; Jonathan Mitchell, PhD
41	Examining Variation in Preschoolers' Daytime and Nighttime Sleep Parameters	Adam Newton, MSc; Graham J. Reid, PhD, C.Psych
42	Pediatric Obstructive Sleep Apnea (OSA) and COVID-19 Related Adverse Clinical Outcomes	Allen Joe, MD; Cinthya Pena Orbea, MD; Lu Wang, MS; Reena Mehra, MD, MS
43	A Texas Two-Step Guide To Circadian Rhythm Disturbance Management for Children with Smith-Magenis Syndrome	Benjamin Long, MD; Matthew Brock, MD
44	Polycythemia Leading to Polysomnography: Asymptomatic Patient with White-Sutton Syndrome Discovers Diagnosis of Obstructive Sleep	Matthew Brock, MD