

Office of Health Professions Educator Development
Presents

The Mentor Mindset: From Feedback Toward Support to Motivate Our Learners



Monday, May 4, 2026 | 5:30-7:00 pm
 The Warren Alpert Medical School of Brown University

There is no fee to attend, however pre-registration is required.
Please register prior to the session here: [Workshop Registration](#)

In this workshop we will describe the concept of mentor mindset and how it applies to medical education and training, using the ideas put forth in the book *10 to 25: The Science of Motivating Young People* by David Yeager (5). Through didactics and interactive exercises during this workshop, we will create a guide for best practices for being “warm demanders” as educators – someone who sets high expectations from their trainees while providing high support for them. We will use the mentor mindset framework to showcase what this support looks like for our learners, covering the domains of authentic questioning, responding to stress, refocusing on purpose, and lastly, creating a sense of belonging. This support lends itself to educators being able to provide wise feedback to their learners, helping cultivate a growth mindset and increasing their motivation during training. *This session is open to all faculty, staff and trainees.*

Speakers:

Hussain Khawaja, MD
 Associate Professor of Medicine,
 Clinician Educator
 The Warren Alpert Medical
 School of Brown University



Stephanie Catanese, MD
 Associate Professor of Medicine,
 Clinician Educator
 The Warren Alpert School of
 Medicine at Brown University



**Melissa McNeil, MD, MPH,
 MACP**
 Professor of Medicine, Clinician
 Educator
 The Warren Alpert School of
 Medicine at Brown University



Jessica Murphy, MD, MS, FACP
 Assistant Professor of Medicine
 The Warren Alpert School of
 Medicine at Brown University



Time	Program
5:30-5:35pm	Worksheet, introductions, learning objectives
5:35-5:55pm	Background on the mindset of a mentor, its pitfalls and introduction of the idea of a mentor mindset. Discussion on how to acquire the mentor mindset using five techniques

5:55- 6:00pm	Technique #1 (Transparency)
6:00- 6:10pm	Technique #2 (Questioning)
6:10- 6:25pm	Technique #3 (Stress)
6:25- 6:35pm	Techniques #4 & #5 (Purpose & Belonging)
6:35- 6:55pm	Case discussion
6:55- 7:00pm	Conclusion/Wrap up

Learning Objectives

At the conclusion of this activity, participants should be better able to:

1. Describe the mentor mindset to provide more support to their learners, while setting high expectations
2. Categorize providing support to their learners in the four domains
3. Apply the mentor mindset framework to the four domains to provide support for their learners
4. Commit to one strategy to develop a mindset of wise feedback to help create an environment of high support for their learners

Physician Accreditation

The Warren Alpert Medical School of Brown University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

Physicians: Alpert Medical School designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.



Nursing Continuing Education JOINTLY ACCREDITED PROVIDER™ INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and the Warren Alpert Medical School of Brown University. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

The maximum number of hours awarded for this Continuing Nursing Education activity is 1.5 contact hour.

Disclosure: In accordance with the disclosure policy of the Warren Alpert Medical School, Brown University as well as standards set forth by the Accreditation Council for Continuing Medical Education, all those in a position to control the content of a CME presentation must disclose all financial relationships within the past twenty-four months with ineligible companies. Disclosures are reviewed and mitigated by the Brown CME Office.