

Practicing Clinical Sexual Medicine

Part 2: Diagnostic Considerations and Evidence-based Treatment Modalities

When: September 14, 2026

Time: 3:00-5:00pm

Where: Live, in-person

Overview: This activity will be of particular benefit to psychiatrists and psychologists teaching within DPHB, as well as all DPHB trainees. Training in clinical sexual medicine is rare, and assessment and treatment of these issues are frequently bypassed due to discomfort or inadequate training with clinical sexual content. This workshop offers specific assessment tools, updates to diagnostics, and summary of common evidence-based treatments. Overall, these workshops will help facilitate a brief or comprehensive sexual health history and assessment of sexual problems, understanding of diagnostics within the clinical sexual medicine, and increase awareness of evidence-based sexual health treatment modalities to facilitate ease, comfort, and competency among practitioners.

How: Pre-reg required

To Register: <https://cme-learning.brown.edu/clin-sex-med-part-2>

Presenter

Kayla E. Sall, Ph.D.

Clinical Assistant Professor, Psychiatry and Human Behavior
The Warren Alpert Medical School of Brown University
Providence, RI

Target Audience

This activity is designated for psychologists, psychiatrists, and social workers.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Review diagnostics within clinical sexual medicine from a behavioral health perspective and when to refer to other clinical sexual medicine specialists (pelvic floor physical therapy, psychiatry, urology, gynecology, etc.).
- Recognize significant changes to diagnostics in clinical sexual medicine across time, and how this has affected the politics and delivery of care within the field.
- State specific evidence-based behavioral sexual medicine treatment modalities for some of the more common sexual problems that individuals face across the lifespan

Schedule

Speaker: Kayla E. Sall, Ph.D.

3:00-3:05 Introduction to Workshop, Disclosures, Objectives, and Facilitator Bio

3:05-3:45 Reviewing Diagnostics of Sexual Problems

3:45-4:00 Common issues/considerations of Diagnostics

4:00-4:45 Summary of Common Evidence-Based Sex Therapy Techniques

4:45-5:00 Question & Answer Portion

Disclosure: In accordance with the disclosure policy of the Warren Alpert Medical School, Brown University as well as standards set forth by the Accreditation Council for Continuing Medical Education, all those in a position to control the content of a CME presentation must disclose all financial relationships within the past twenty-four months with ineligible companies. Disclosures are reviewed and mitigated by the Brown CME Office.

Accreditation

Physicians: The Warren Alpert Medical School of Brown University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 2.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Continuing Psychologist Education: In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and the Warren Alpert Medical School of Brown University. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.



- Credit Designation | This program offers 2.0 continuing education credits for psychologists.

Social Workers: The above program has been approved in accordance with the Regulations of the Rhode Island Social Work Board of Licensure.

Other Healthcare Professionals: Participants will receive a Certificate of Attendance stating this program is designated for 2.0 hours *AMA PRA Category 1 Credits™*.