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Time is Vision – Emergent Evaluation & Management of CRAO

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Rhode Island Stroke Symposium

Financial Relationship Disclosure(s)

Tatiana Bakaeva, MD, PhD

- Nothing to disclose



Learning Objectives

- Recognize the clinical presentation, underlying pathophysiology, and types of ocular stroke

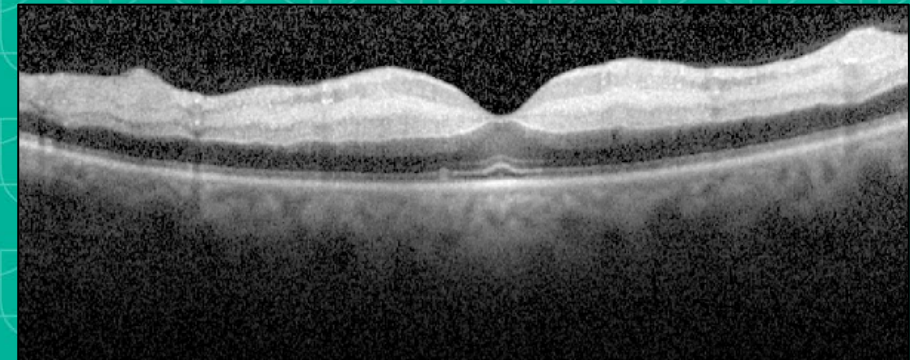
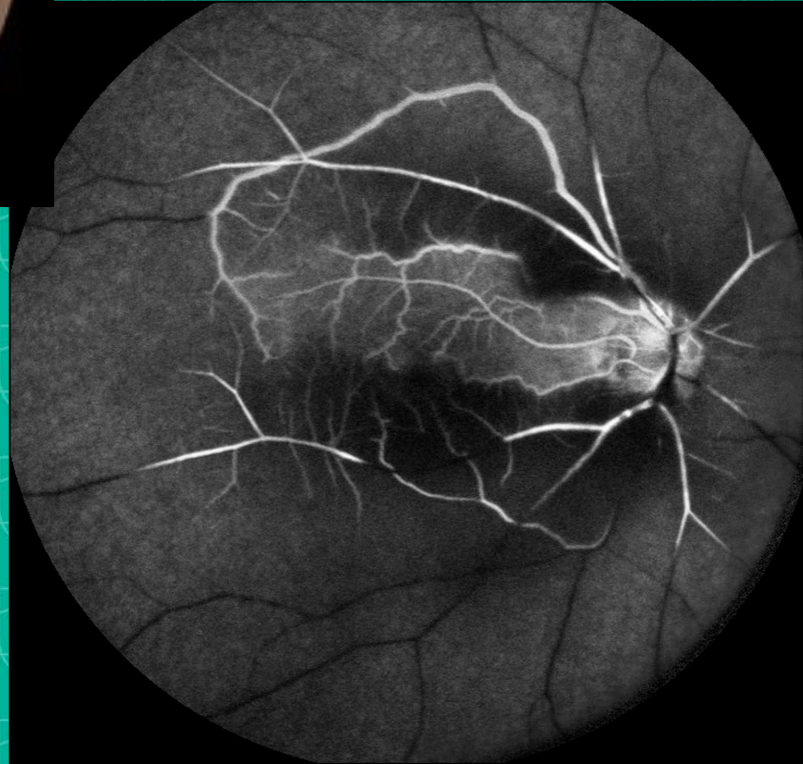
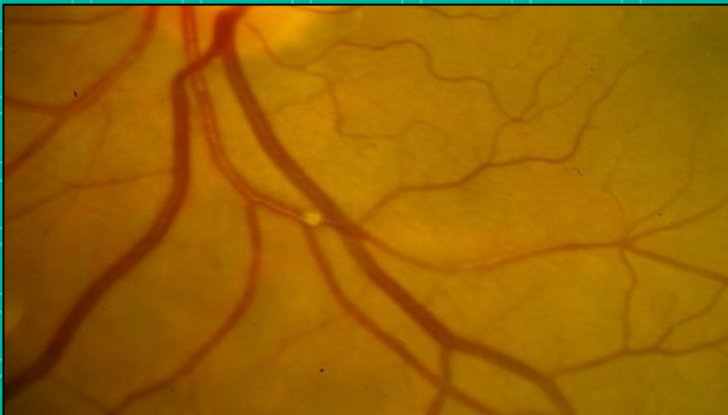
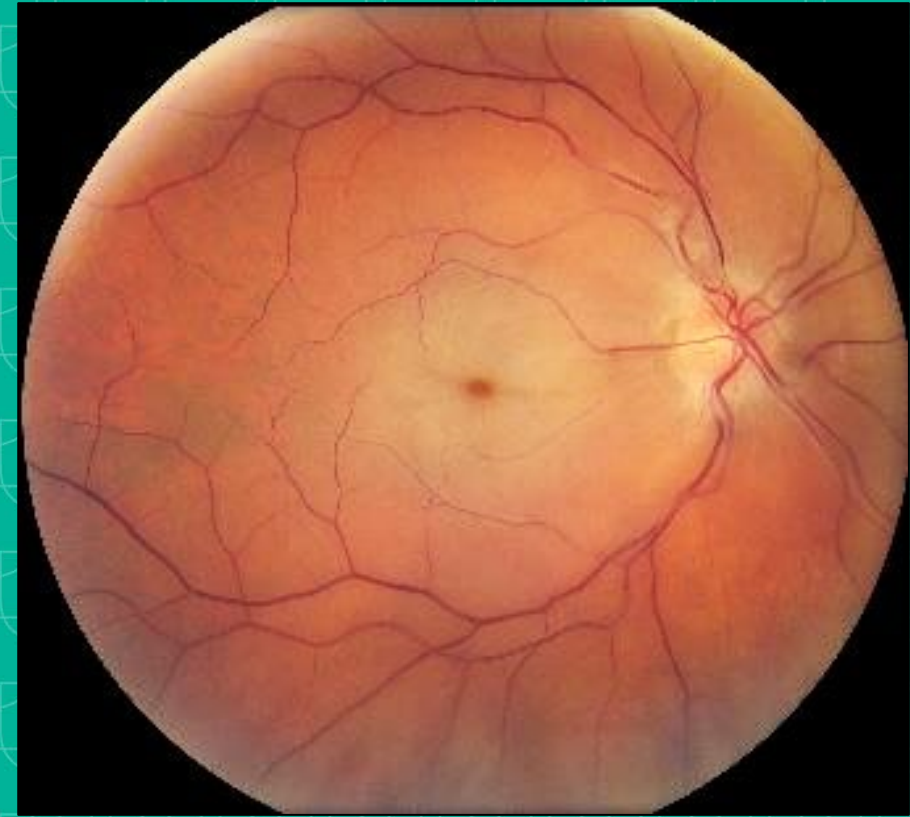
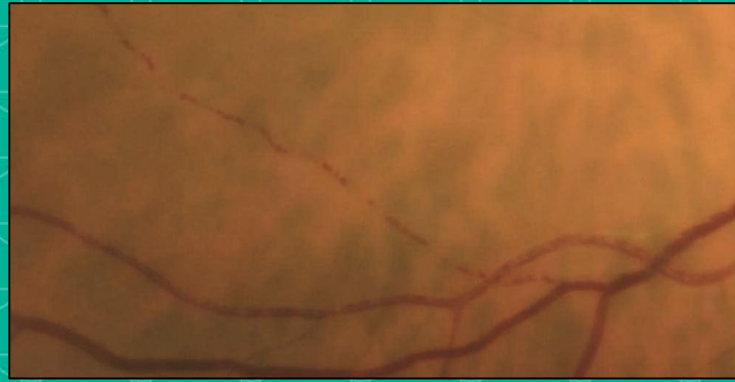
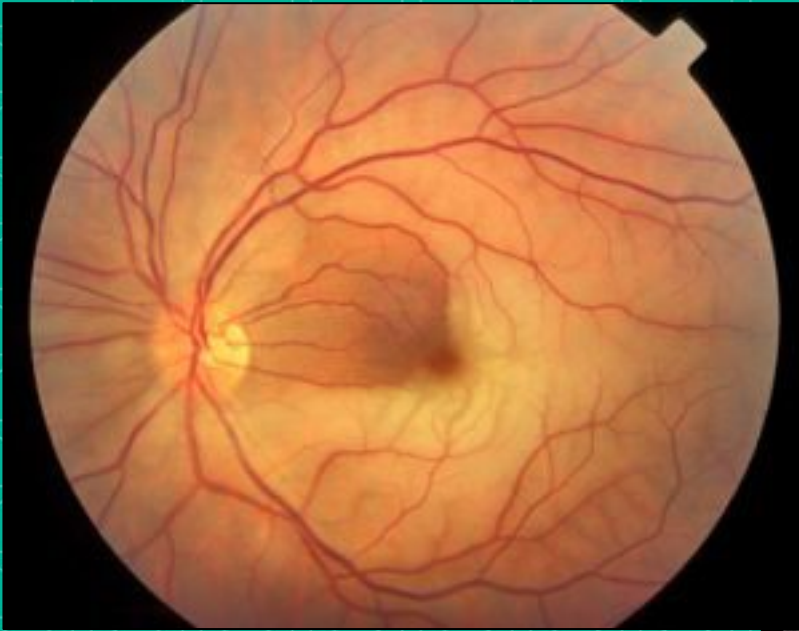
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- Recognize the clinical presentation, underlying pathophysiology, and types of ocular stroke
- Evaluate current and emerging strategies for the emergent management of CRAO, including modifications to existing stroke protocols ("Code Stroke Vision") and the role of thrombolytic therapy.

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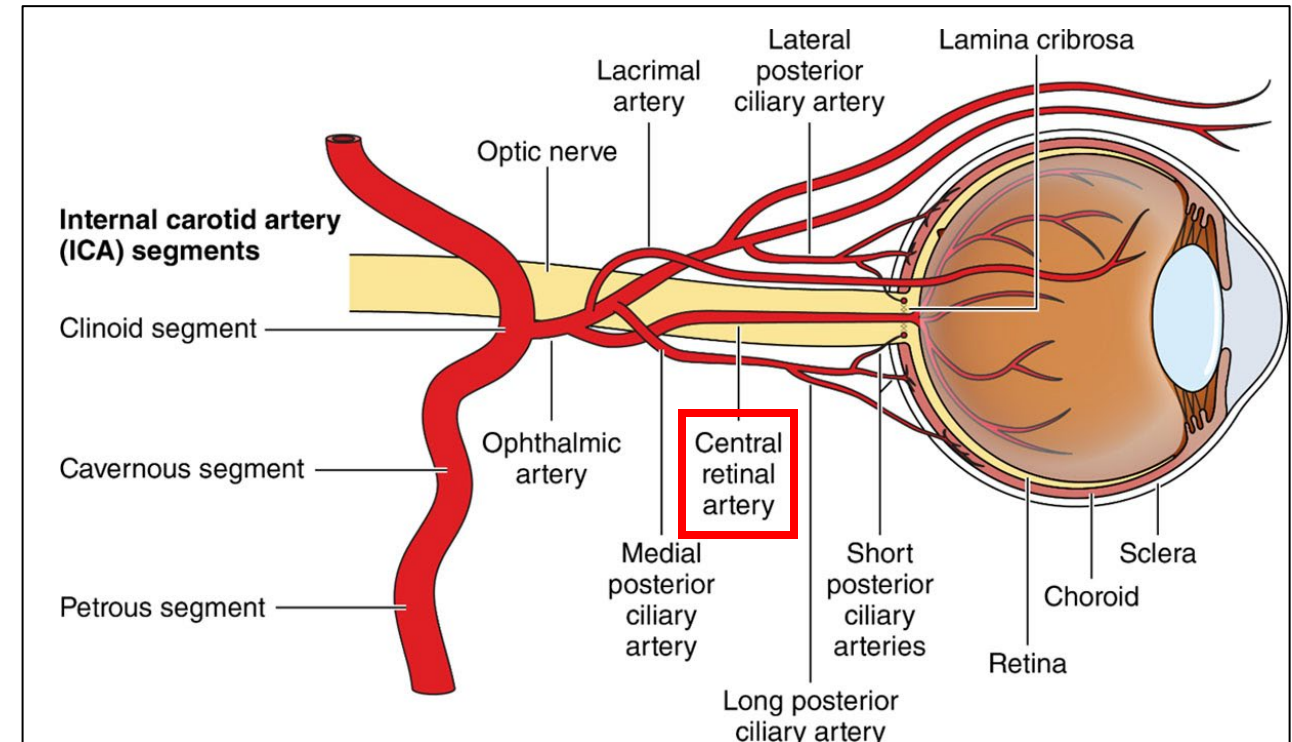
- Recognize the clinical presentation, underlying pathophysiology, and types of ocular stroke
- Evaluate current and emerging strategies for the emergent management of CRAO, including modifications to existing stroke protocols ("Code Stroke Vision") and the role of thrombolytic therapy.
- Assess the evidence supporting intravenous and intra-arterial thrombolysis in CRAO, understand limitations of traditional therapies, and review ongoing clinical trials shaping future management

Central Retinal Artery Occlusion (CRAO)



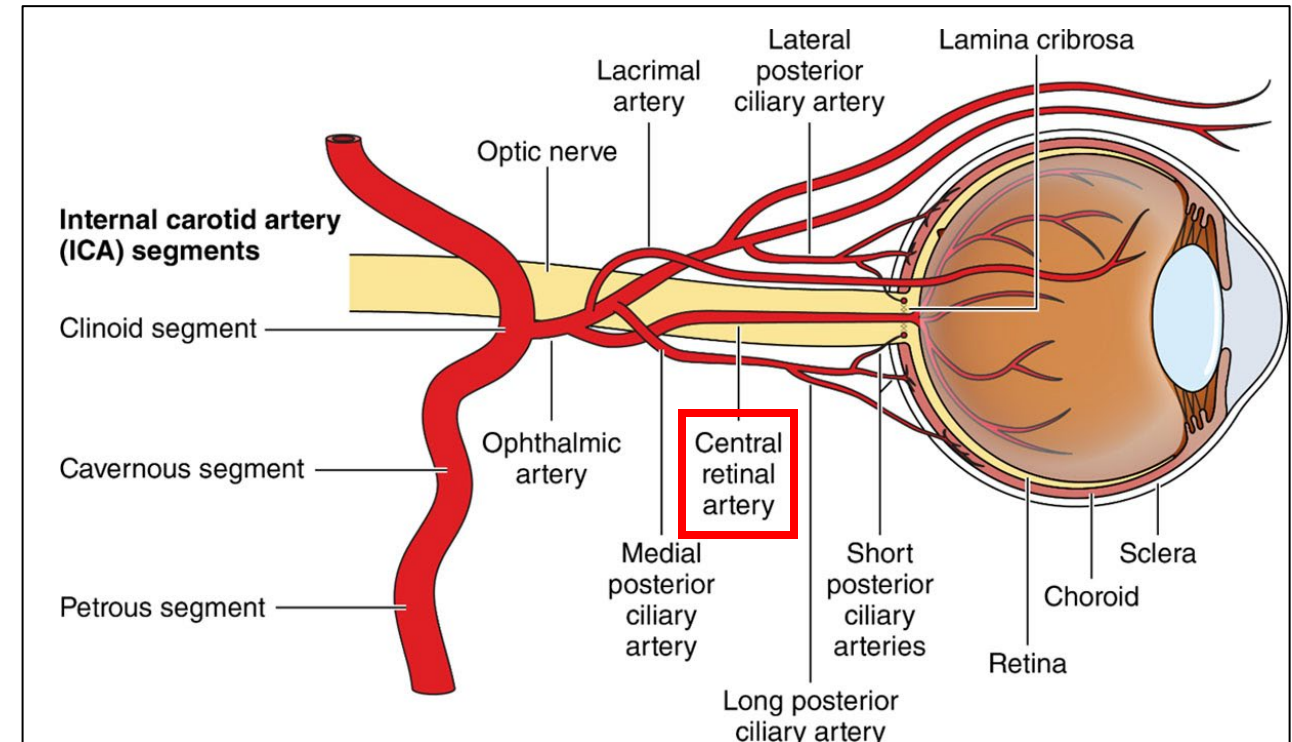
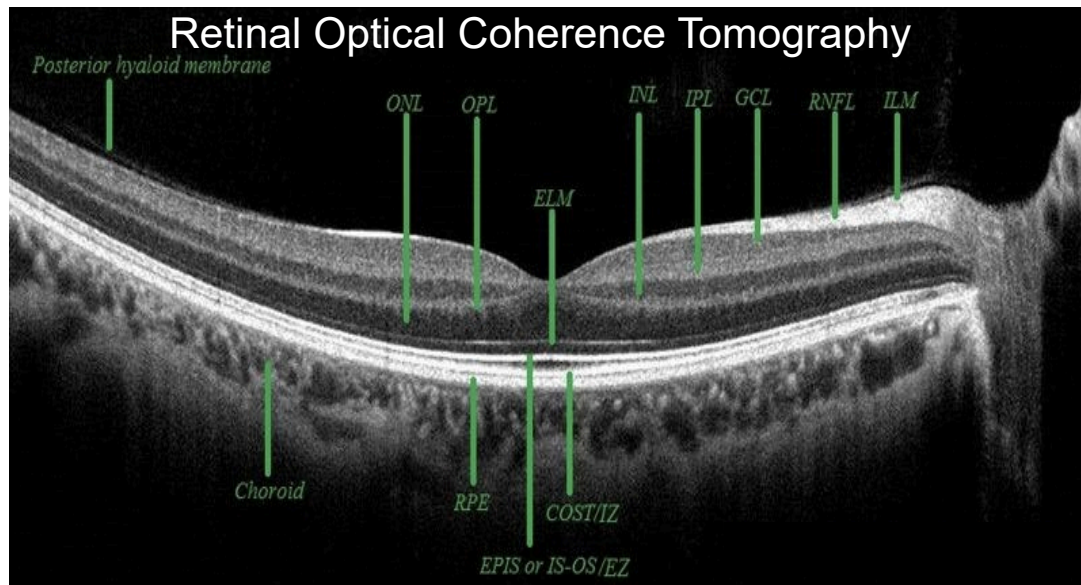
Central Retinal Artery Occlusion (CRAO)

- Acute CRAO is a form of ischemic stroke
- ~2 per 100,000 person per year; 10 per 100,000 for >80 years of age
- Nonarteritic (95%) - ipsilateral ICA disease (~40-60%), cardiac emboli
- Arteritic (5%, usually GCA)



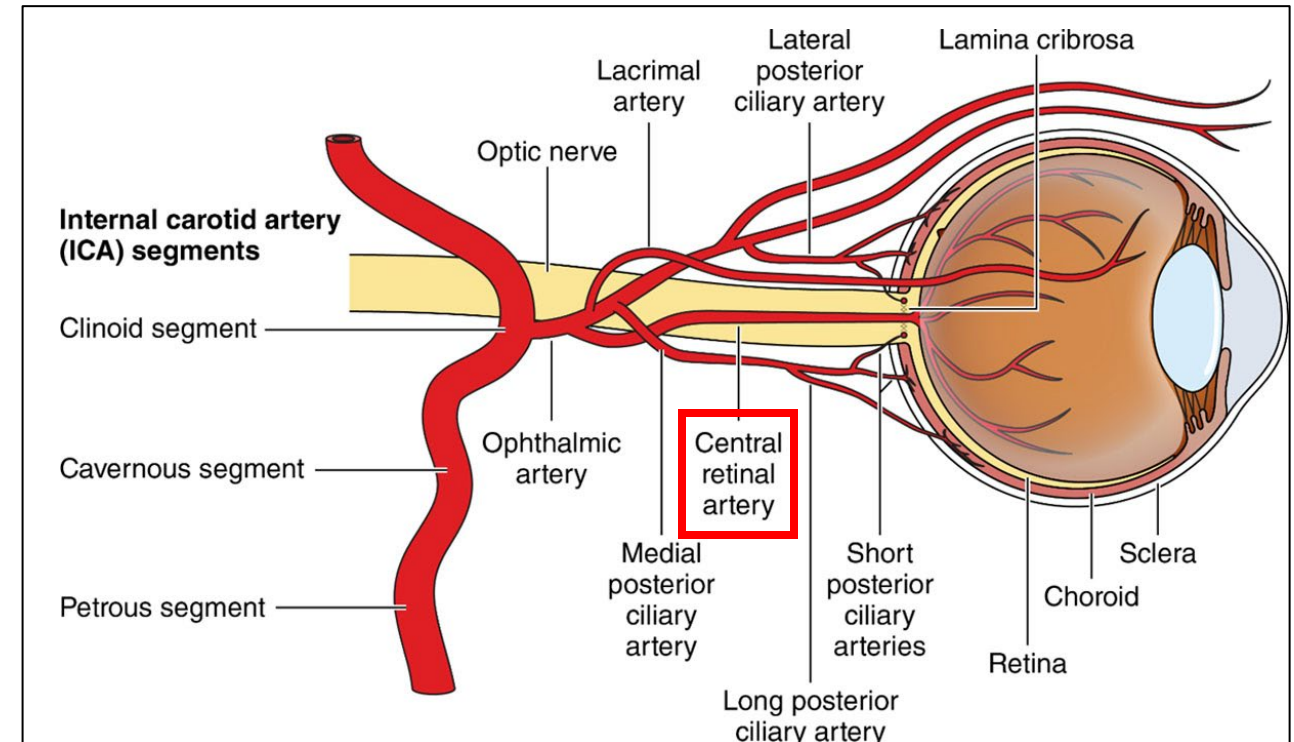
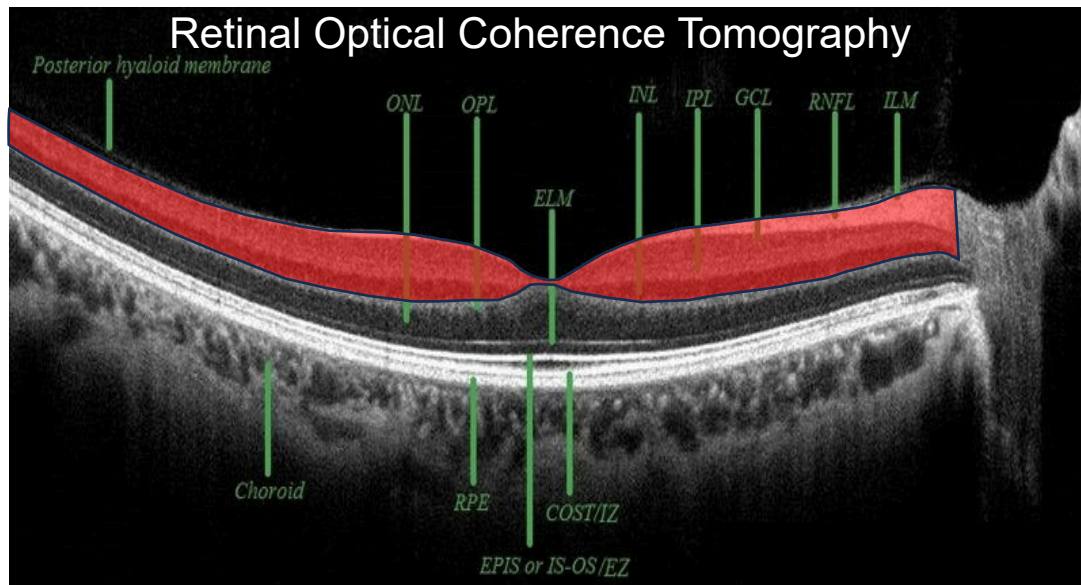
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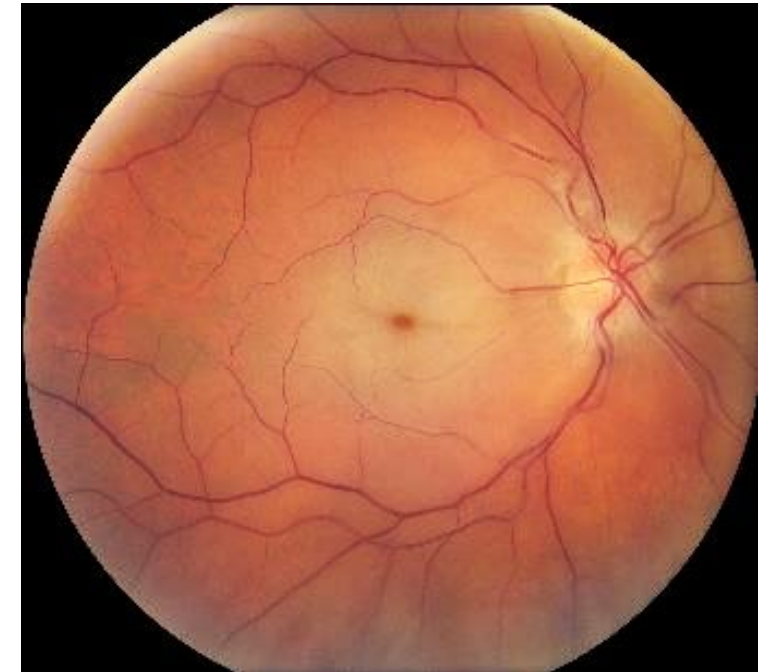
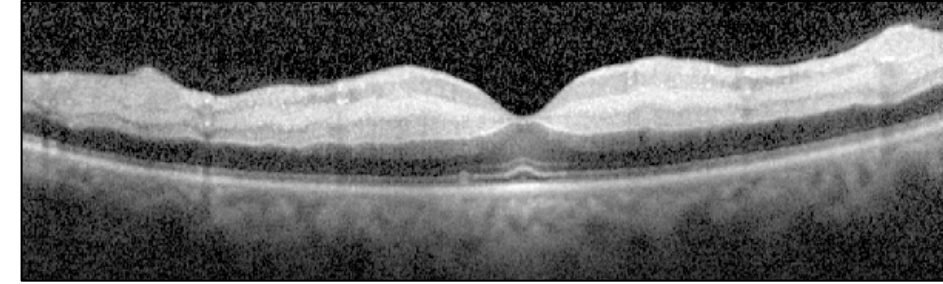
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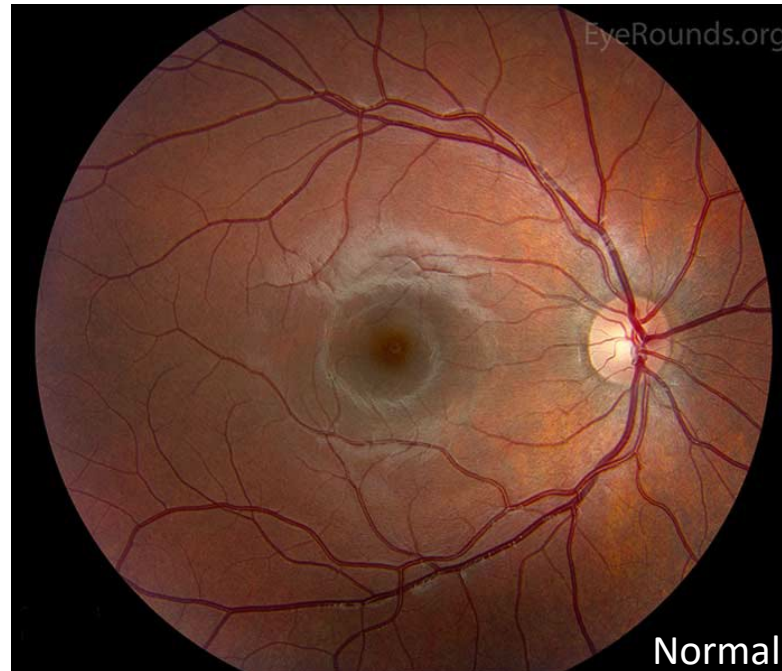
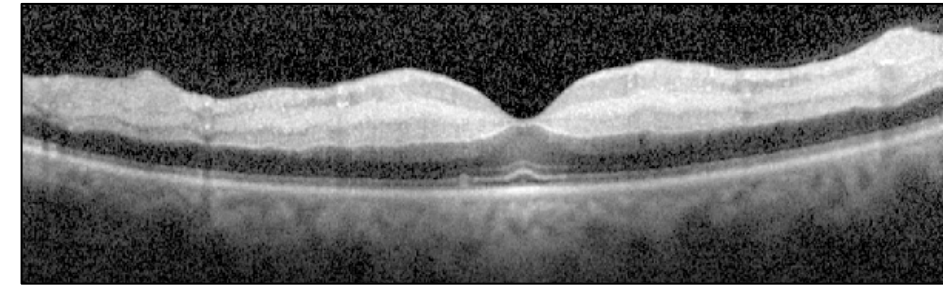
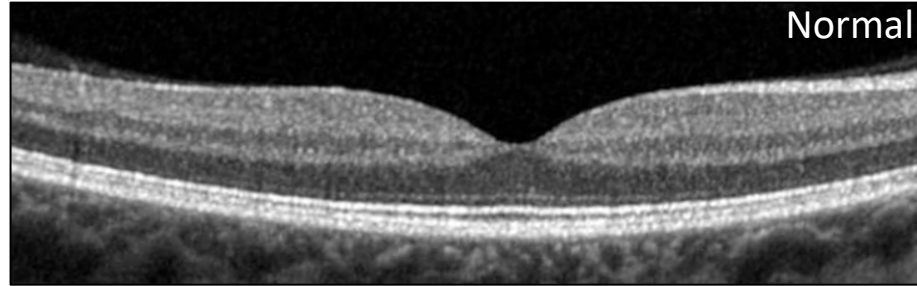
Central Retinal Artery Occlusion (CRAO) - Presentation

- Sudden monocular painless vision loss



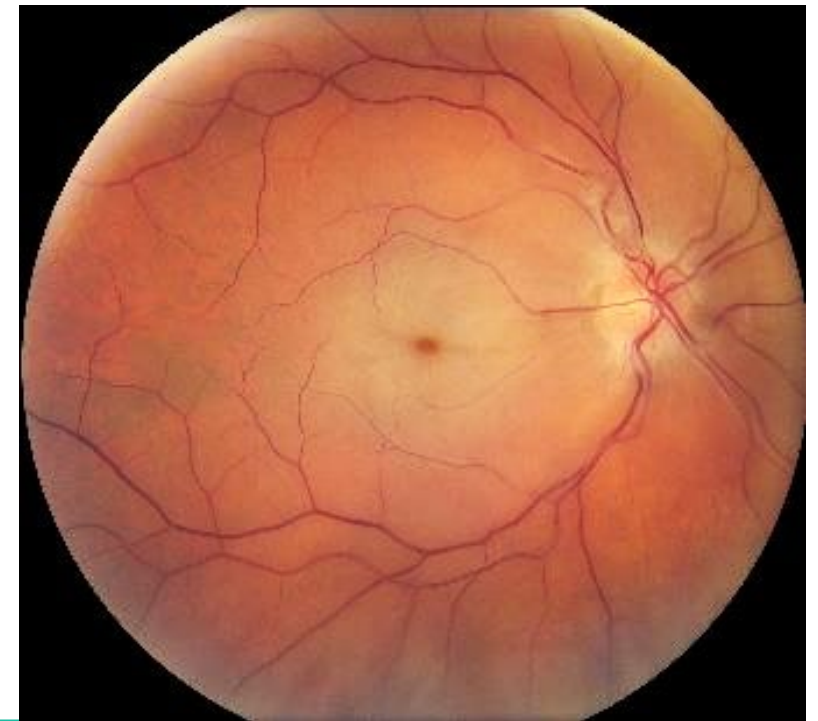
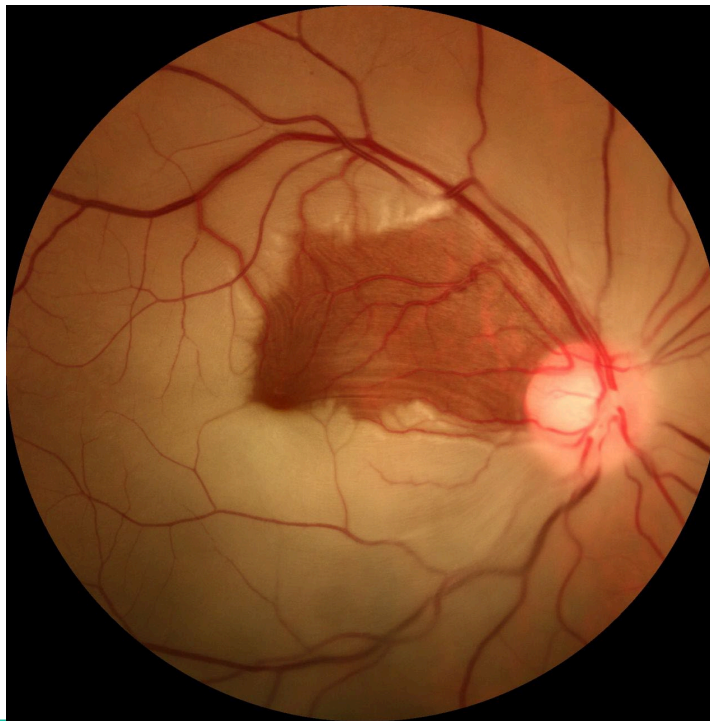
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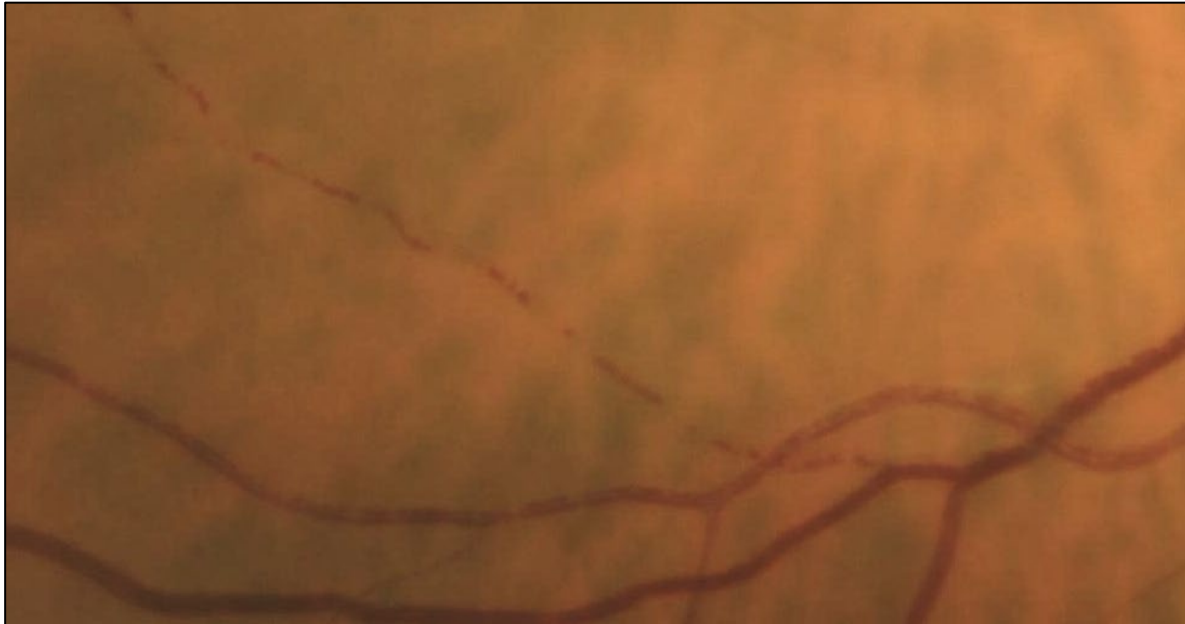
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- Can affect branch of the retinal artery (BRAO) – partial vision loss



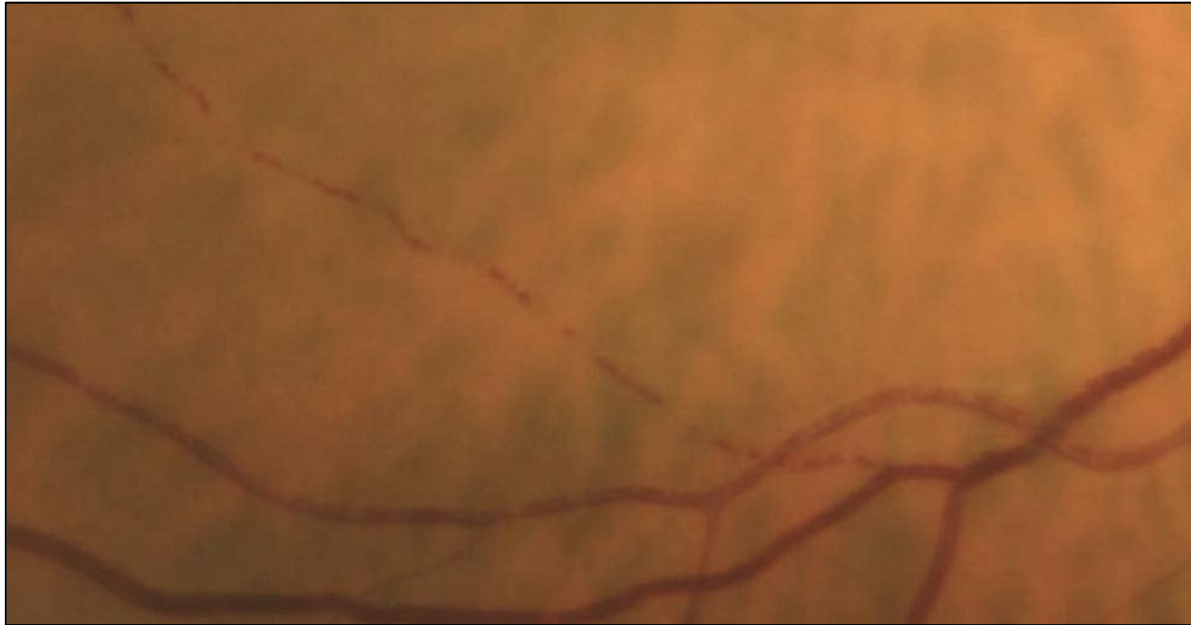
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- Can affect branch of the retinal artery (BRAO) – partial vision loss
- Poor spontaneous recovery ~18% regain functional visual acuity



Central Retinal Artery Occlusion (CRAO) – Thrombolysis

- IV thrombolysis, IA thrombolysis
- ~40-50% rate of clinical recovery when treated within 4.5 hours (IV) or 6 hours (IA) of onset

Stroke

Volume 51, Issue 7, July 2020; Pages 2018-2025
<https://doi.org/10.1161/STROKEAHA.119.028743>



CLINICAL AND POPULATION SCIENCES

Intravenous Fibrinolysis for Central Retinal Artery Occlusion

A Cohort Study and Updated Patient-Level Meta-Analysis

Brian Mac Grory, MB BCH BAO, MRCP, Alex Nackenoff, PhD, Sven Poli, MD, Martin S. Spitzer, MD, Max Nedelmann, MD, Benoit Guillon, MD, Cécile Preterre, MD, Celia S. Chen, MBBS, PhD, Andrew W. Lee, MBBS, MPH, Shadi Yaghi, MD, Christoph Stretz, MD, Idrees Azher, MD, John Paddock, MD, Tatiana Bakaeva, MD PhD, David M. Greer, MD, MA, Julie G. Shulman, MD, Robert G. Kowalski, MBE, Mistry, MBBS, Kiersten Espaillat, APRN, and Matthew Schrag, MD, PhD

International Journal of Stroke
Volume 12, Issue 7, October 2017, Pages 720-723
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<https://doi.org/revproxy.brown.edu/10.1177/1747493016687578>



Research

Management of acute central retinal artery occlusion: Intravenous thrombolysis is feasible and safe

Cécile Préterre¹, Gaelle Godeneche², Xavier Vandamme², Thomas Ronzière³, Matthias Lamy⁴, Christophe Breuilly⁵, Cédric Urbanczyk⁶, Valérie Wolff⁷, Pierre Lebranchu⁸, Mathieu Sevin-Allouet¹, and Benoit Guillon¹

Intravenous Fibrinolytic Therapy in Central Retinal Artery Occlusion A Patient-Level Meta-analysis

Matthew Schrag, MD¹; Teddy Youn, MD¹; Joseph Schindler, MD¹; Howard Kirshner, MD²; David Greer, MD¹

» [Author Affiliations](#) | [Article Information](#)

JAMA Neurol. 2015;72(10):1148-1154. doi:10.1001/jamaneurol.2015.1578

RESEARCH ARTICLE

Intravenous thrombolysis in acute central retinal artery occlusion – A prospective interventional case series

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RESEARCH ARTICLE | Originally Published 20 August 2025

Early Thrombolysis and Outcomes in Central Retinal Artery Occlusion: An Individual Participant Data Meta-Analysis

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Stroke • New online • <https://doi.org/10.1161/STROKEAHA.124.049955>

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Central Retinal Artery Occlusion (CRAO) – Thrombolysis

Prospective randomized controlled studies

- THEIA (France) ID NCT03197194
 - IV Alteplase within 4.5 hours vs ASA 300 mg
 - N=70
 - Data collection completed, results not published yet

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 - IV Alteplase within 4.5 hours vs Placebo
 - N=422
 - Currently recruiting

Central Retinal Artery Occlusion (CRAO) – Thrombolysis

Prospective randomized trials

- THEIA (France)
 - IV Alteplase vs Placebo
 - N=70
 - Data collection

• TenCRAOS (Netherlands)





- “A randomized controlled trial would require 95 participants per group to achieve 80% power to detect an odds ratio of 3.0 for recovery from severe vision loss”.

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Central Retinal Artery Occlusion (CRAO) – Conservative Treatments

- anterior chamber paracentesis
- topical intraocular pressure-lowering agents
- systemic β -blockade
- sublingual isosorbide dinitrate
- carbogen therapy
- breathing into a paper bag
- ocular massage

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No better than placebo



Central Retinal Artery Occlusion (CRAO) – Hyperbaric Oxygenation

- Under normal conditions: ~60% of retinal oxygen comes from the choroidal circulation
- Hyperbaric oxygen: choroidal diffusion can supply the entire retina
- Retrospective case series: early HBOT may improve visual outcomes in CRAO
- Higher risk of retinal neovascularization

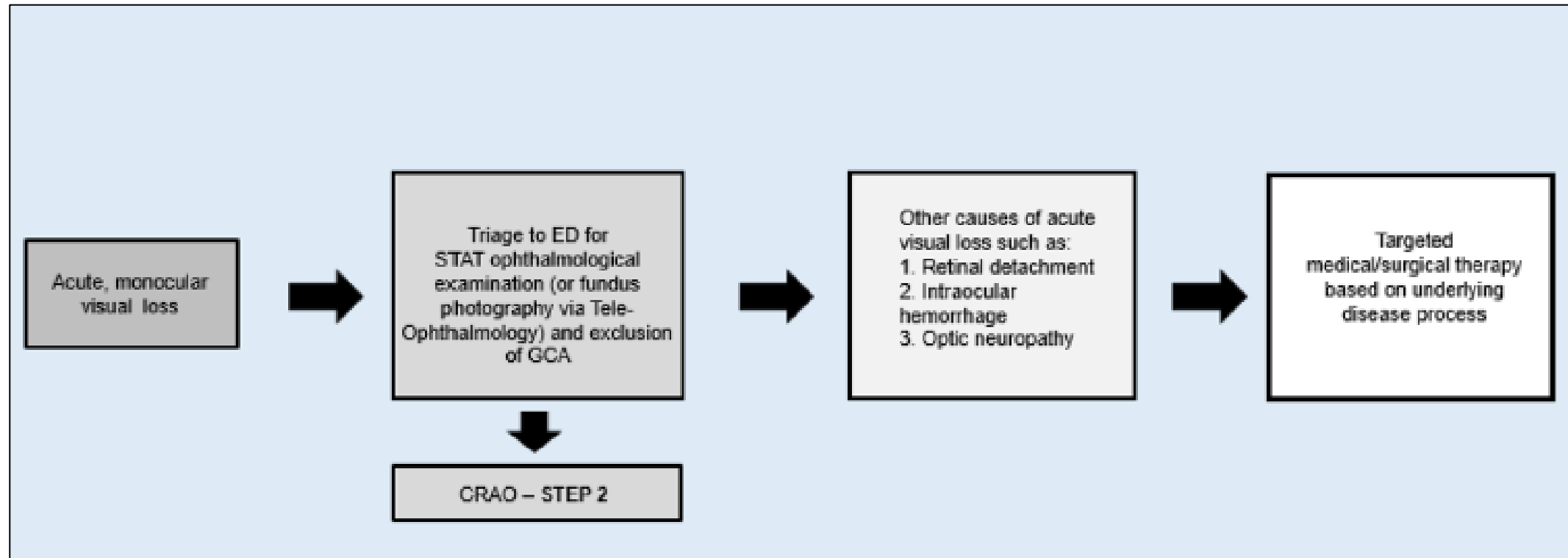


Outcomes of Hyperbaric Oxygen Treatment for Central Retinal Artery Occlusion: A Single Center Experience

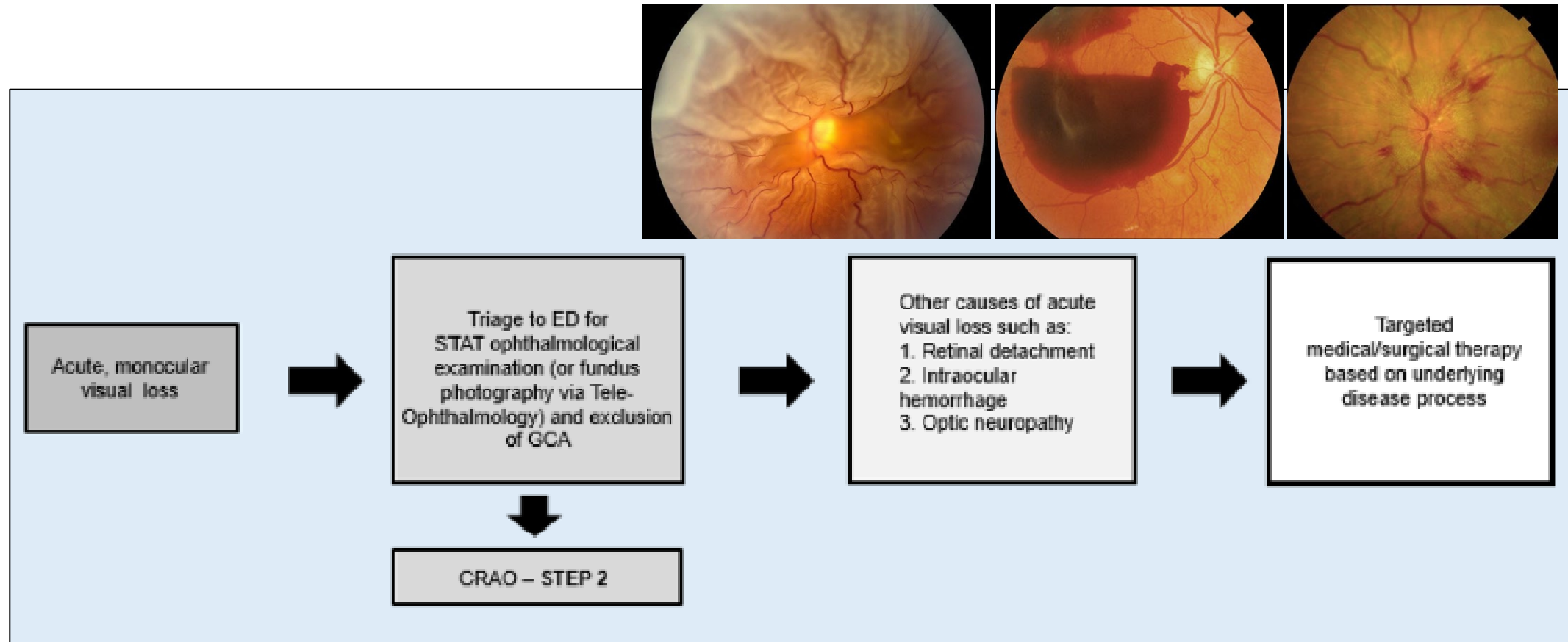
BOYOUNG M. KIM[§], KENNY Y. WANG[§], TIMOTHY T. XU, SARA J. HOOSHMAND, GARY N. TOUPS,
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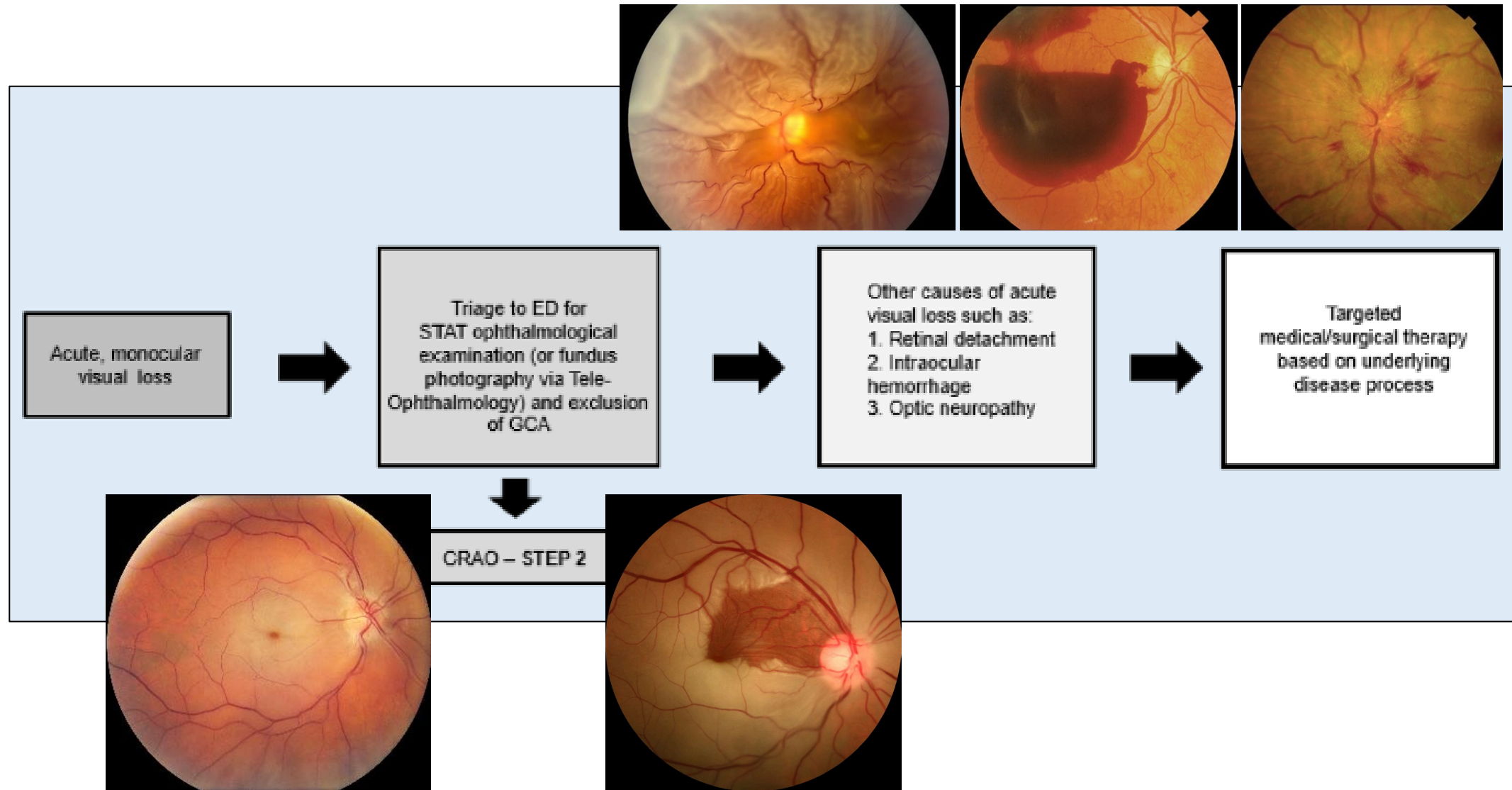
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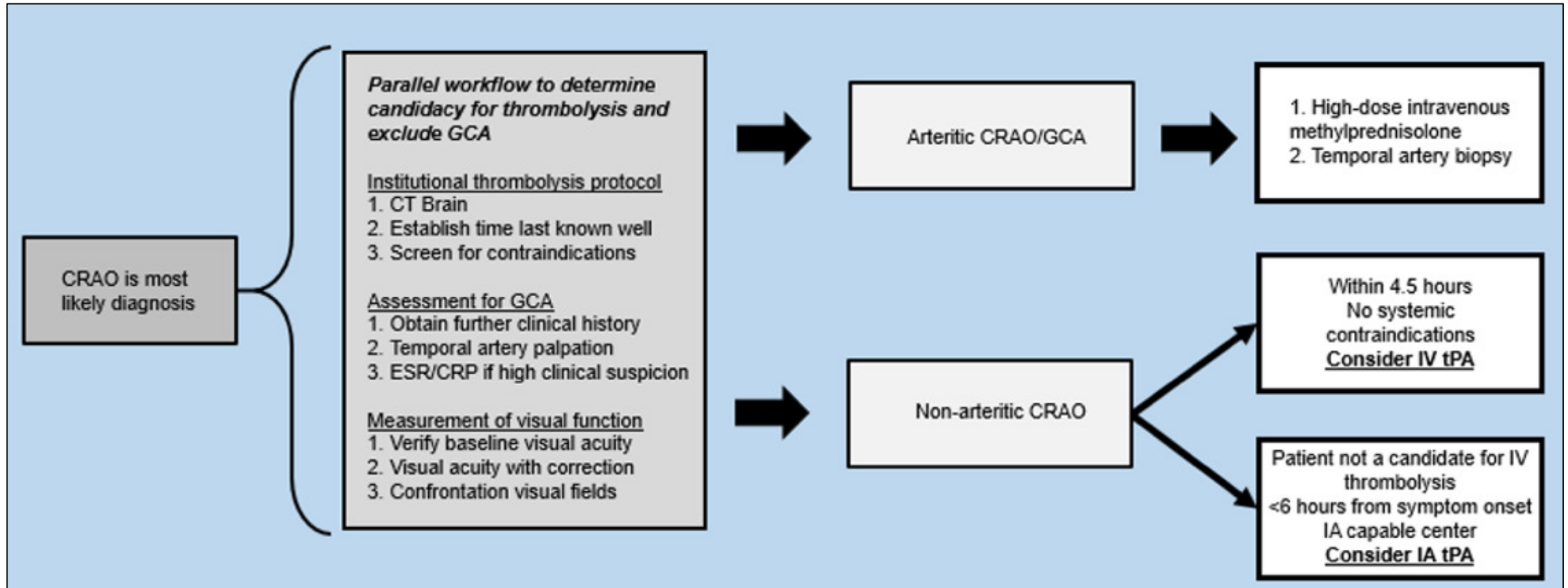
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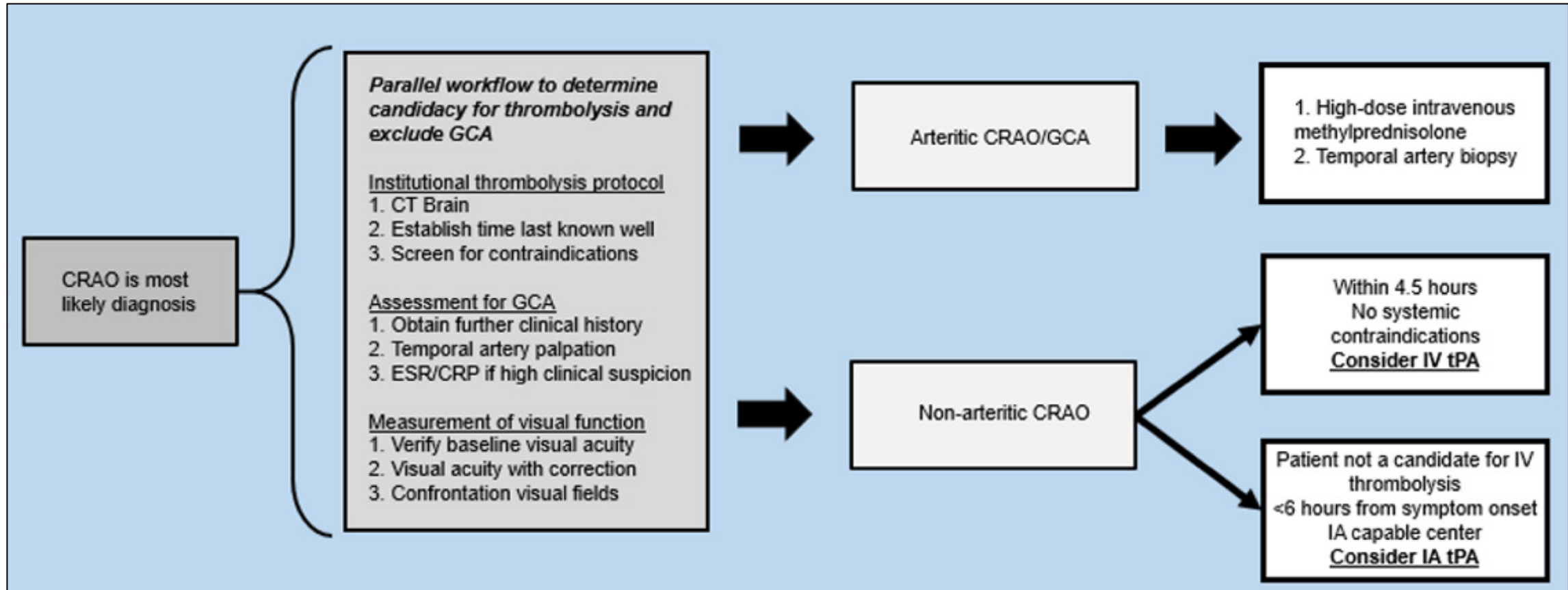
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GCA ROS: headaches, amaurosis, jaw claudication, scalp tenderness, fever / chills / night sweats, unexplained weight loss, malaise, myalgia or polyarthralgia.

Central Retinal Artery Occlusion (CRAO) – Barriers to Care

- Lack of public awareness about the urgency of acute vision loss
- ~30% of patients present to outpatient ophthalmology or optometry clinics
- ~25% arrive at the ED within 4.5-hour window from last known well



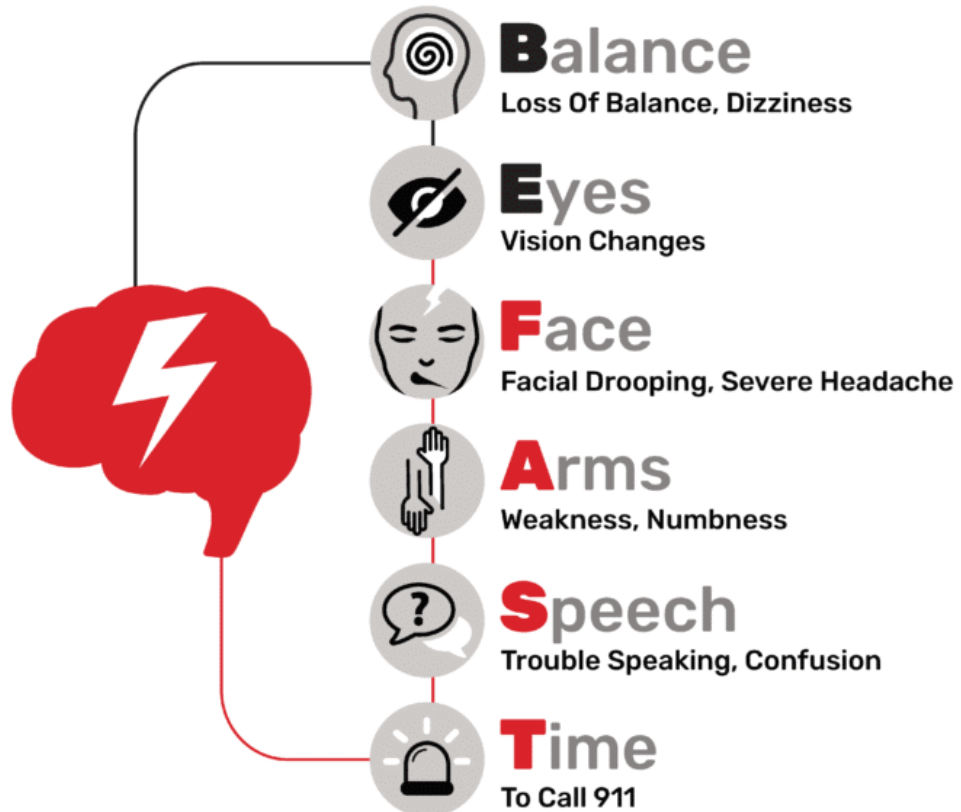
Central Retinal Artery Occlusion (CRAO) – Barriers to Care

- Lack of awareness
- ~30% of patients do not seek care
- ~20% of patients do not seek care

WHEN IT COMES TO **STROKE**,

BE FAST CALL 911

Any one of these sudden **SIGNS** could mean a **STROKE**



the urgency of acute vision loss
prevent ophthalmology or optometry
our window from last known well



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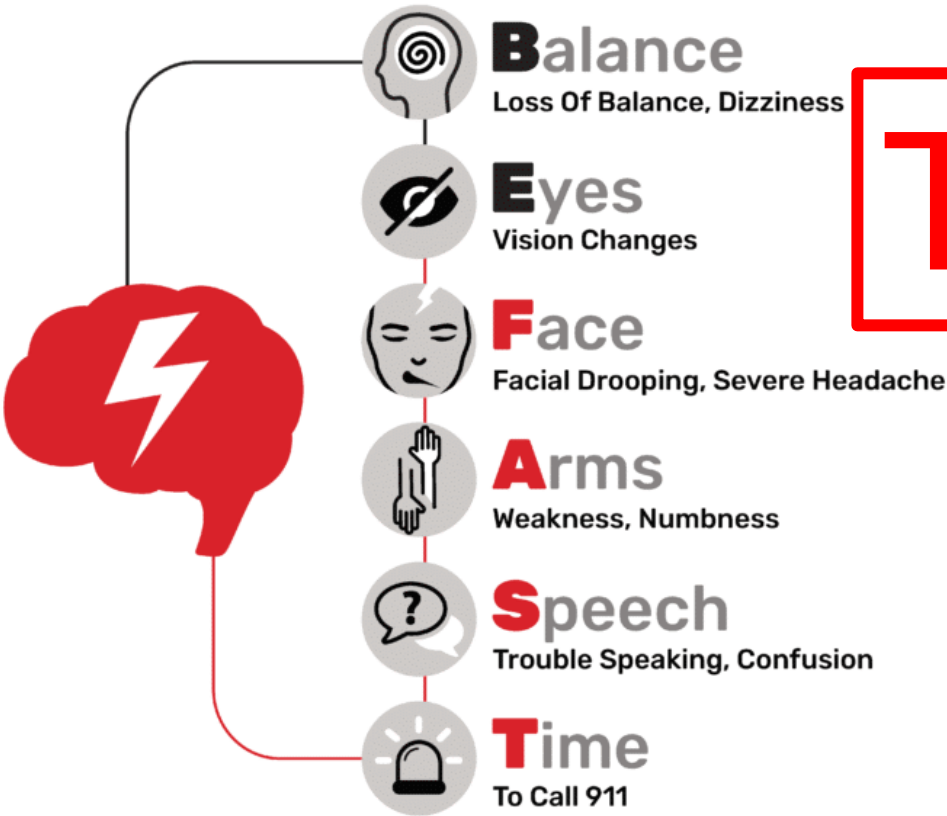
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Thank you!