

# Rhode Island STROKE SYMPOSIUM

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THE WARREN ALPERT  
Medical School  
BROWN UNIVERSITY

## ARIA Detection and Safety Management

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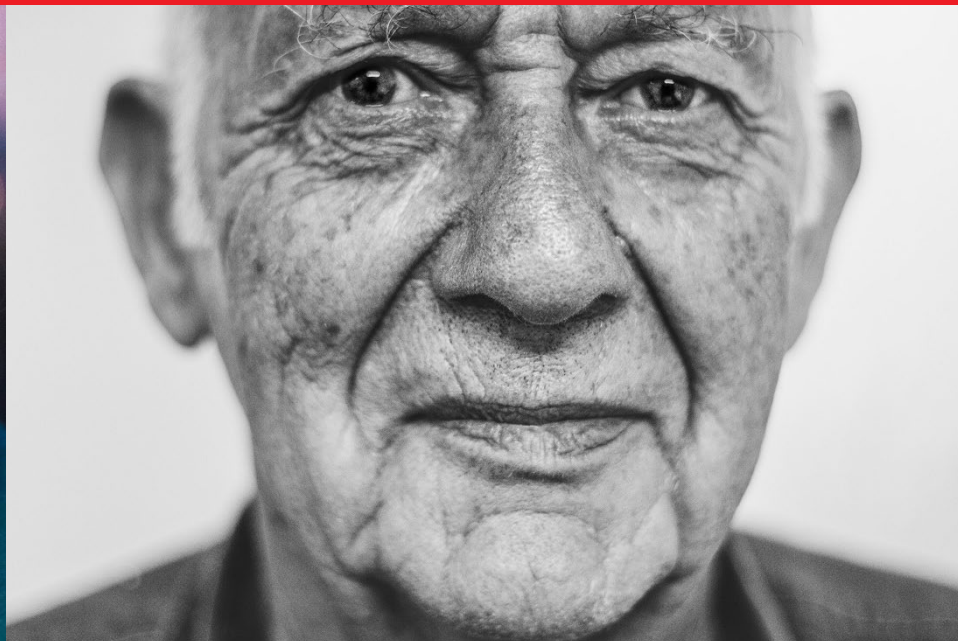
# DISCLOSURE

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- I have the following financial relationships to disclose:
- Advisor, Consultant, Speaker and Research funding (received to institution) with Biogen, Lilly, and Roche
- My talk will not include any off-label discussion



ARIA Detection and Safety Management



# Key Risk Factors Associated with ARIA

- ApoE4 copy number
- Dose of drug
- Underlying CAA

# Rates of ARIA-E in Phase 3 by Amyloid-lowering Treatment

	<b>Bapineuzumab<sup>1</sup> (0.5 mg/kg)</b>	<b>Aducanumab<sup>2</sup> (10 mg/kg)</b>	<b>Gantenerumab<sup>3</sup> (1020 mg sq)</b>	<b>Lecanemab<sup>4</sup> (10 mg/kg)</b>	<b>Donanemab<sup>5</sup> (1,400 mg)</b>
<b>Combined</b>	<b>11.6%</b>	<b>35.2%</b>	<b>24.9%</b>	<b>12.6%</b>	<b>24.0%</b>
ApoE4 -/- (noncarriers)	4.2%	20.3%	13.1%	5.4%	15.7%
ApoE4 +/- (heterozygotes)	11.4%	41.0%	24.5%	10.9%	22.8%
ApoE4 +/+ (homozygotes)	27.3%	66.0%	47.8%	32.6%	40.6%

1. Salloway S; NEJM 2014;370(4):322-333. doi:10.1056/NEJMoa1304839
2. Salloway S; JAMA-N. 2022;79(1):13-21. doi:10.1001/jamaneurol.2021.4161
3. Bateman; NEJM 2023 (In Press)
4. van Dyck CH; NEJM. 2023;388(1):9-21. doi:10.1056/NEJMoa2212948
5. Sims JR. JAMA. 2023;330(6):512-527. doi:10.1001/jama.2023.13239

Approximately 1.5% of all pt treated have a serious ARIA event

# ARIA and APOE

## ARIA by APOE ε4 Carrier Status

No./Total No. (%) <sup>a,b</sup>	Placebo (N=870)	Donanemab (N=850)
<b>ARIA-E</b>		
Non-carrier	2/250 (0.8)	40/255 (15.7)
Heterozygous carrier	9/474 (1.9)	103/452 (22.8)
Homozygous carrier	5/146 (3.4)	58/143 (40.6)
<b>ARIA-H<sup>c</sup></b>		
Non-carrier	28/250 (11.2)	48/255 (18.8)
Heterozygous carrier	57/474 (12.0)	146/452 (32.3)
Homozygous carrier	30/146 (20.5)	72/143 (50.3)

<sup>a</sup> Based on MRI.

<sup>b</sup> Participants with missing APOE ε4 carrier status are excluded.

<sup>c</sup> Treatment-emergent microhemorrhage is based on new incidents of microhemorrhages.

Treatment-emergent superficial siderosis is based on new or worsening superficial siderosis.

- Participants with at least 1 serious ARIA event<sup>d</sup>
  - ARIA-E: 12 APOE ε4 carriers and 1 non-carrier
  - ARIA-H: 3 APOE ε4 carriers and 1 non-carrier

<sup>d</sup> SAEs are by AE reporting

Abbreviations: APOE = apolipoprotein E; ARIA-E = amyloid-related imaging abnormalities-edema/effusions; ARIA-H = amyloid-related imaging abnormalities-hemorrhage/hemosiderin deposition; MRI = magnet resonance imaging; N, n = number of participants

Sims, JAMA 2023

# ARIA

- Typically occurs early and is transient and manageable in a clinical trial setting
- 75% of cases are asymptomatic
- Symptoms can include headache, dizziness, unsteadiness, confusion and visual disturbance
- More serious cases can occur and can be fatal

# ARIA-Related Fatalities

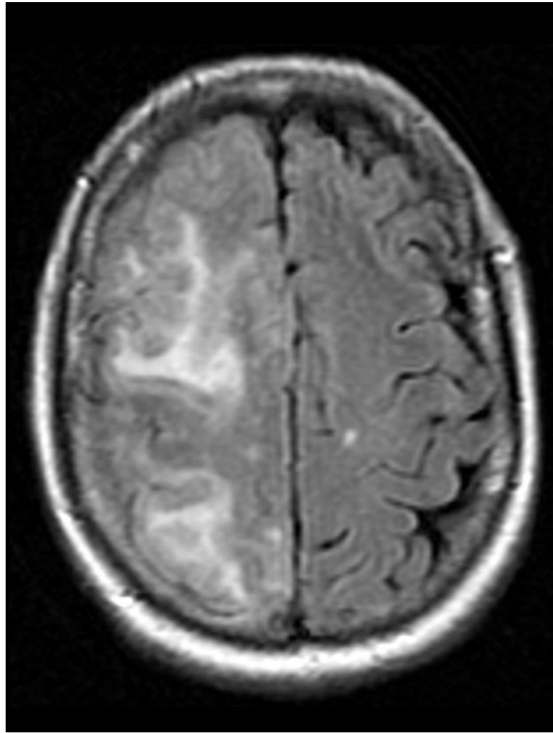
12 known fatalities

- 3 ICH, 2 with a large single area of siderosis and 1 on anticoagulation and ASA, all non-carriers
- 9 severe edema resembling CAARI, all ApoE4 carriers including 4-4,4
  - 2 of those had a focal presentation and received a thrombolytic with multiple hemorrhages
  - 3 had refractory status epilepticus
  - 8 had clear warning signs preceding the fatal event

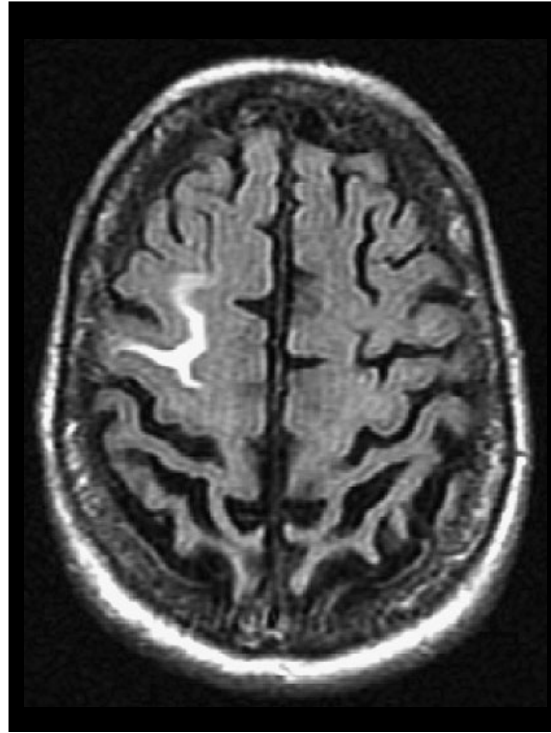


# Classification and Subtypes of ARIA

ARIA-E (Effusion)

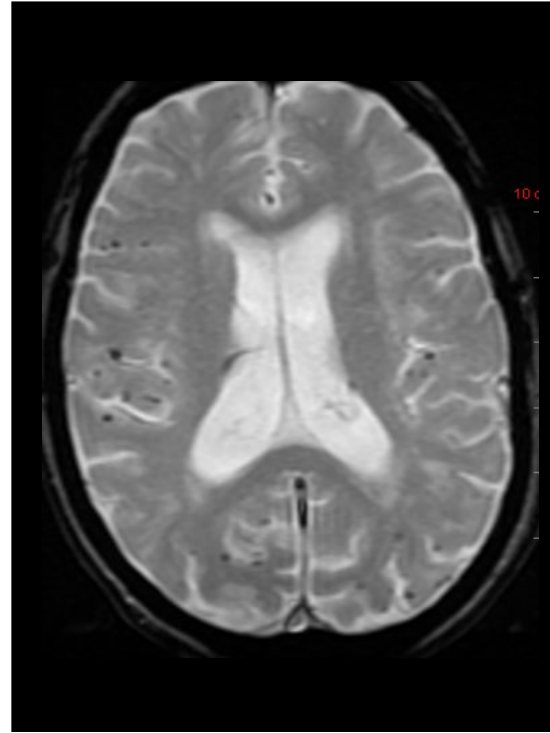


Cerebral Effusion

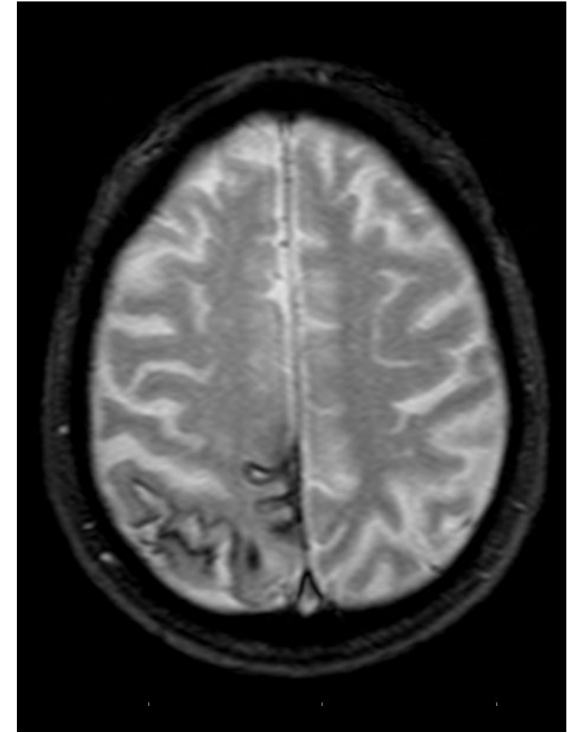


Sulcal Effusion

ARIA-H (Hemorrhage)



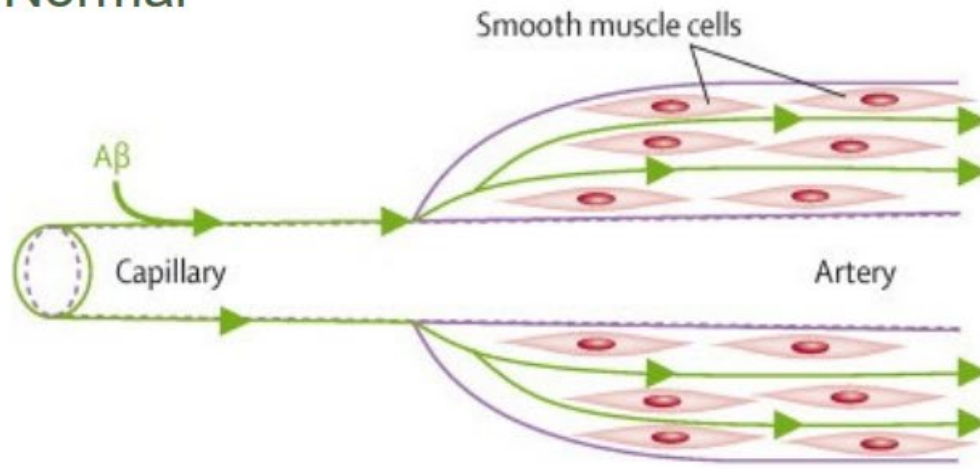
Cerebral Microbleeds



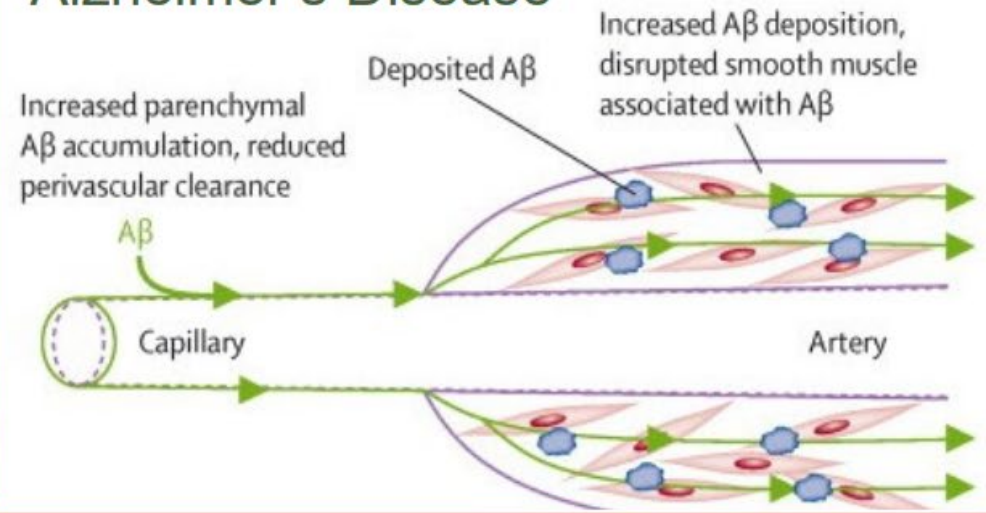
Superficial Siderosis

- ARIA-E (Effusion type) – leakage of **fluid** across the BBB
- ARIA-H (Hemorrhage type) – leakage of **blood** across the BBB

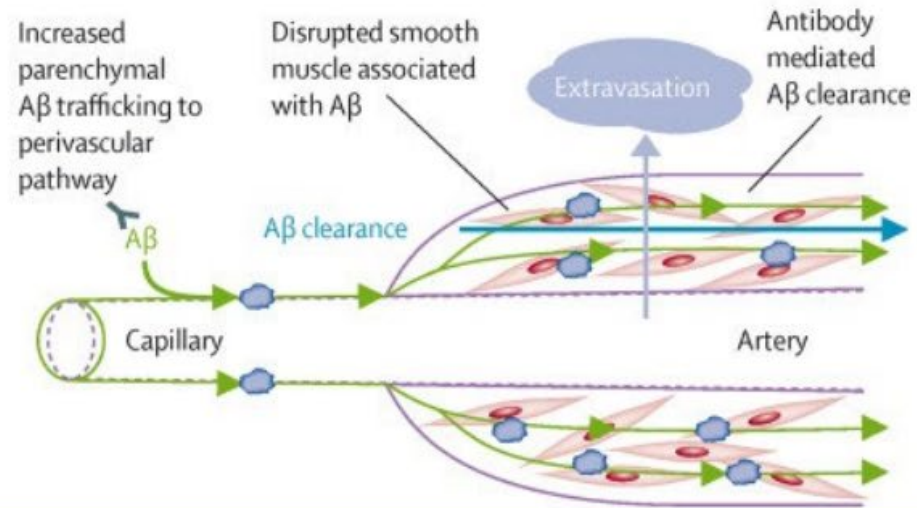
## Normal



## Alzheimer's Disease

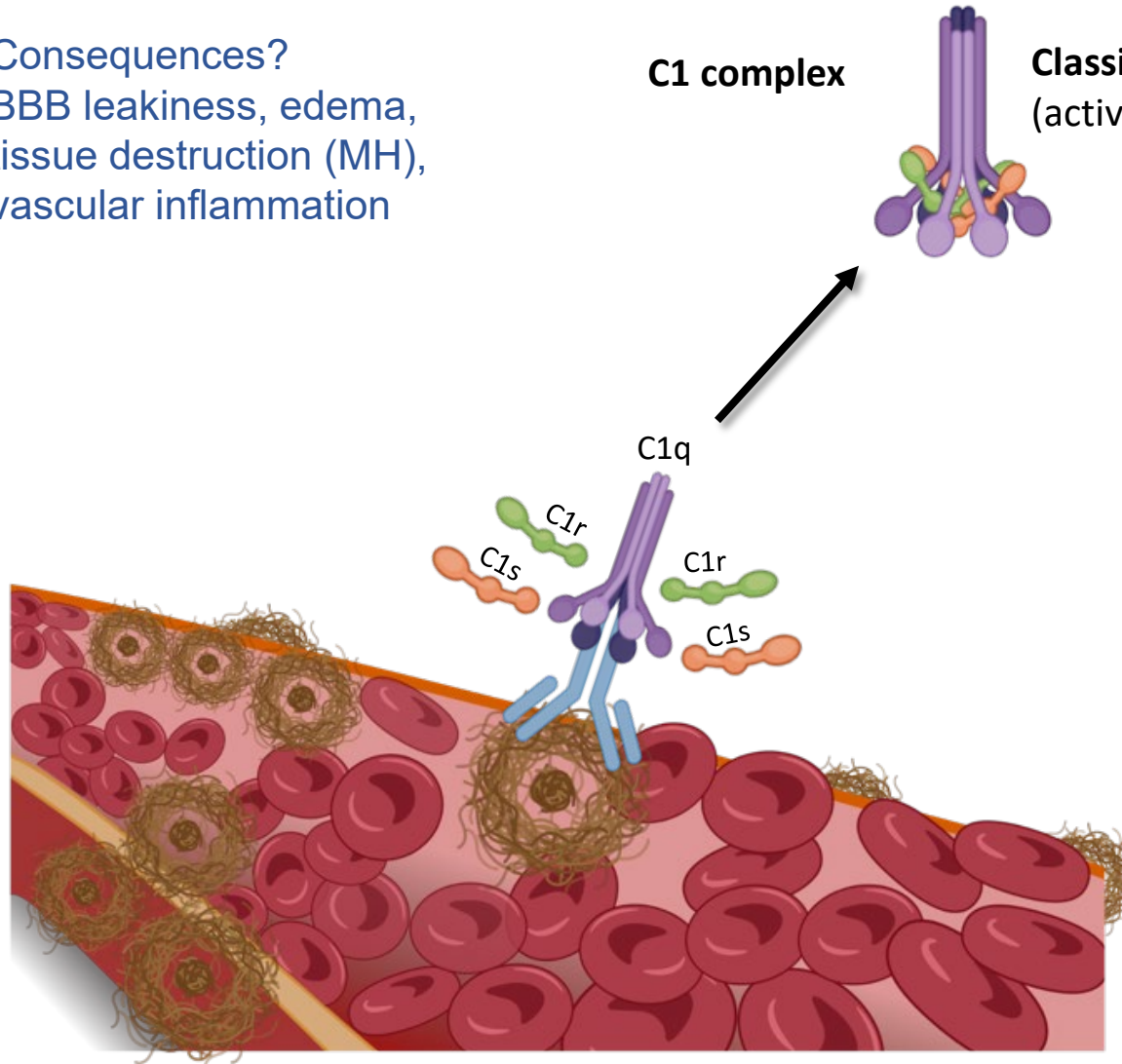


## Immunization

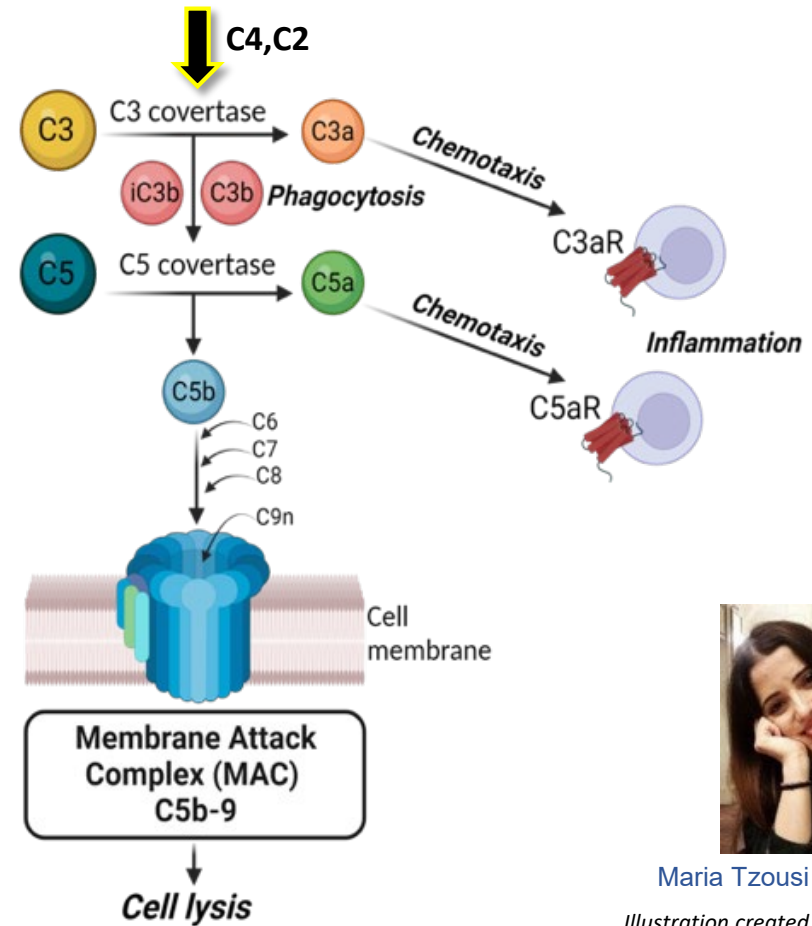


# A hypothetical mechanism for anti-amyloid mAb related ARIA

Consequences?  
BBB leakiness, edema,  
tissue destruction (MH),  
vascular inflammation



**Classical complement pathway**  
(activated by antigen-antibody binding)



Maria Tzousi Papavergi

Illustration created with Biorender.com

# Limiting Serious Outcomes

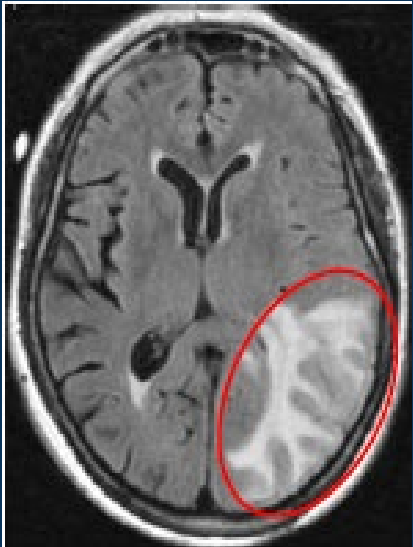
- Appropriate patient selection
- Early detection and careful management of ARIA
- Safety guidelines in emergency settings

# Selecting Appropriate Patients

- Screening guided by the FDA label, phase 3 trials and AUR
  - MCI or mild dementia
  - MMSE 22-30
  - Amyloid + on CSF or amyloid PET, possibly plasma
  - MRI exclusions- > 4 microhemorrhages, > 1 small area of superficial siderosis, severe white matter changes, > 2 lacunar infarcts or any territorial infarct, ICH
  - ApoE testing
  - Do not treat patients on anticoagulation, antiplatelets OK

# MRI Acquisition Protocols to Detect and Monitor ARIA

## MRI Protocol: Standards for Detection of ARIA in Clinical Trials



3T scanner (recommended)  
1.5T scanner (minimal)<sup>1,2</sup>

High-field strength scanners have greater sensitivity but limited availability. The use of 1.5T scanner is endorsed as a minimum standard<sup>2</sup>

Slice thickness<sup>2</sup>: ≤5 mm

Thinner slices increase resolution, but decrease signal-to-noise ratio<sup>2</sup>

TE<sup>2</sup>: ≥20 ms

Longer TE increases sensitivity to detection<sup>2</sup>

2D T2\* GRE or SWI  
(for ARIA-H)<sup>2,3</sup>

To identify superficial siderosis and microhemorrhages (ARIA-H)<sup>2</sup> T2\* GRE and SWI are MRI sequences used to improve the detection and visualization of microhemorrhages<sup>2</sup>

T2-FLAIR (for ARIA-E)<sup>2</sup>

To monitor brain edema or sulcal effusion (ARIA-E)<sup>3</sup>

Diffusion weighted imaging<sup>3</sup>

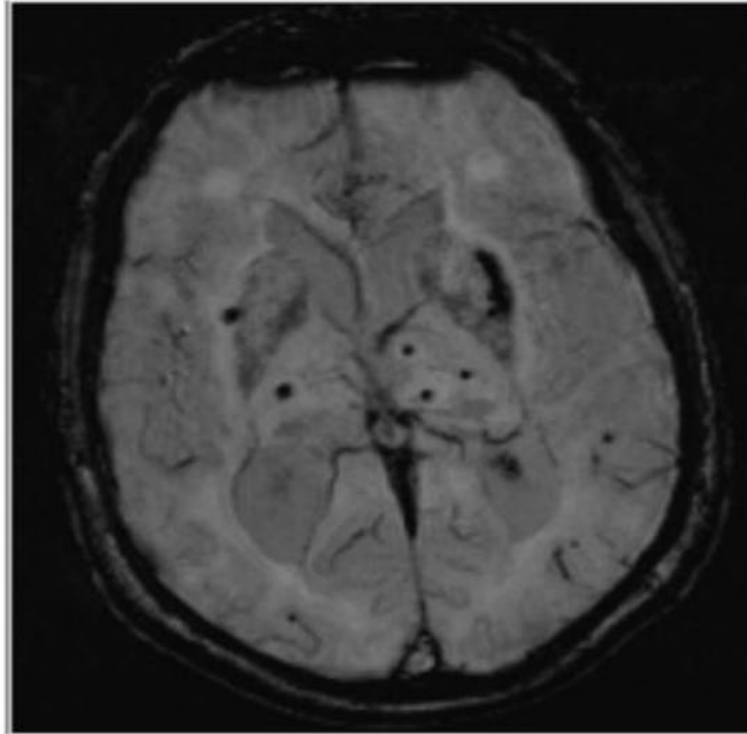
Recommended for differential diagnosis<sup>3</sup>

1. Cogswell PM et al. *AJNR Am J Neuroradiol.* 2022;43:E19-E35. 2. Sperling RA et al. *Alzheimers Dement.* 2011;7:367-385.

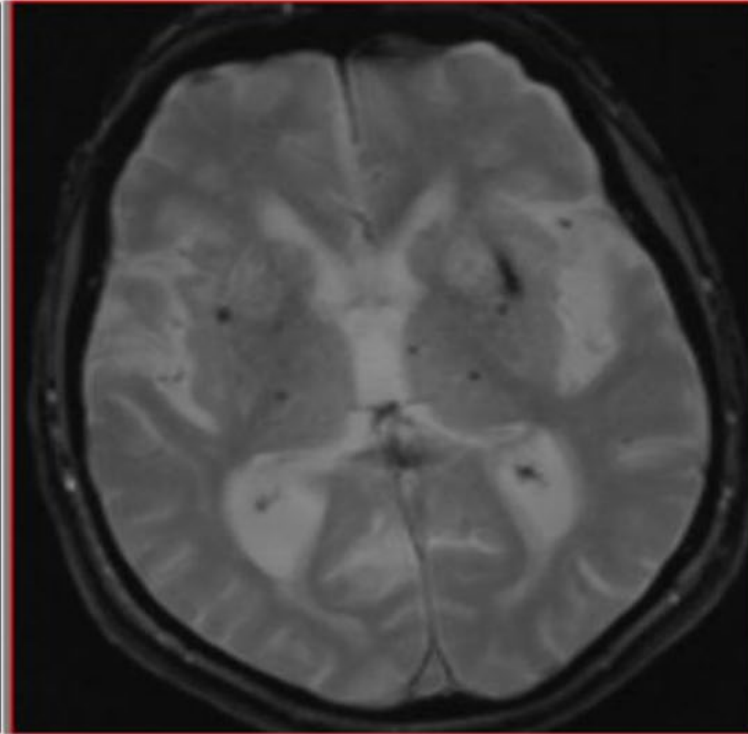
3. Barakos J et al. *J Prev Alzheimers Dis.* 2022;9:211-220.

# SWI vs. GRE

Sensitive Detection is Highly Dependent on Technique



ARIA-H (SWI)



ARIA-H (GRE)

# ARIA Detection and Management

Figure 1. MRI monitoring for lecanemab

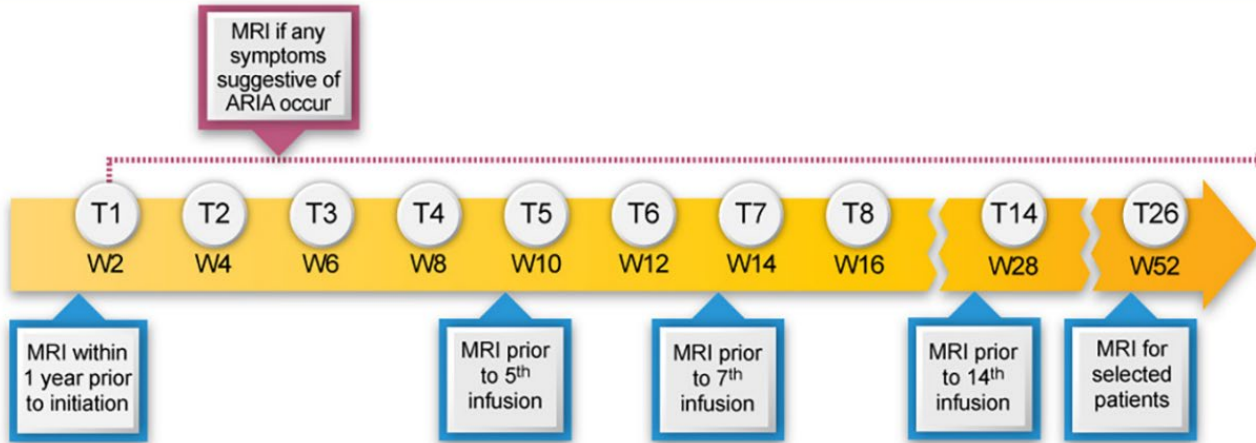
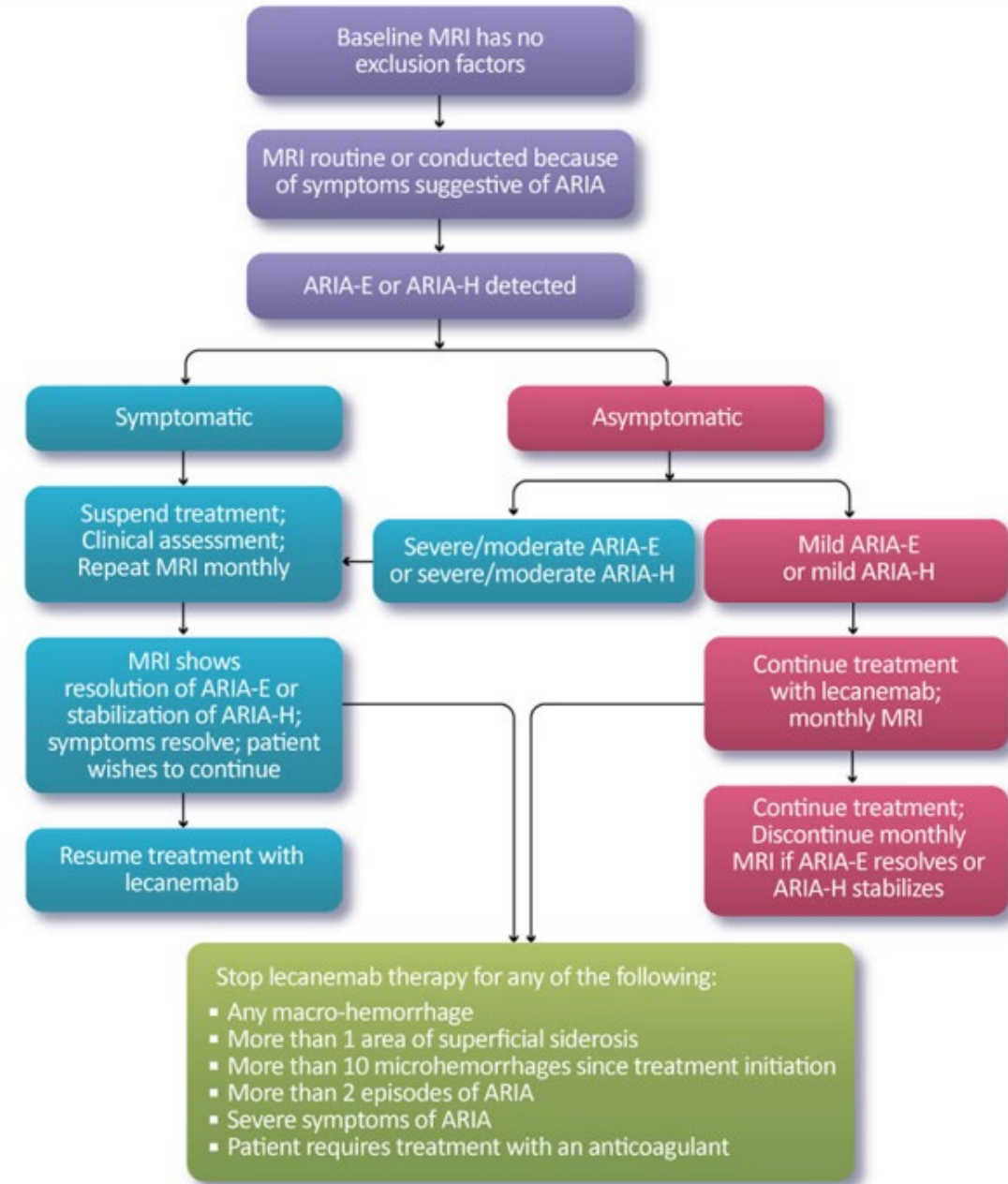


Figure 2. Monitoring and management of ARIA

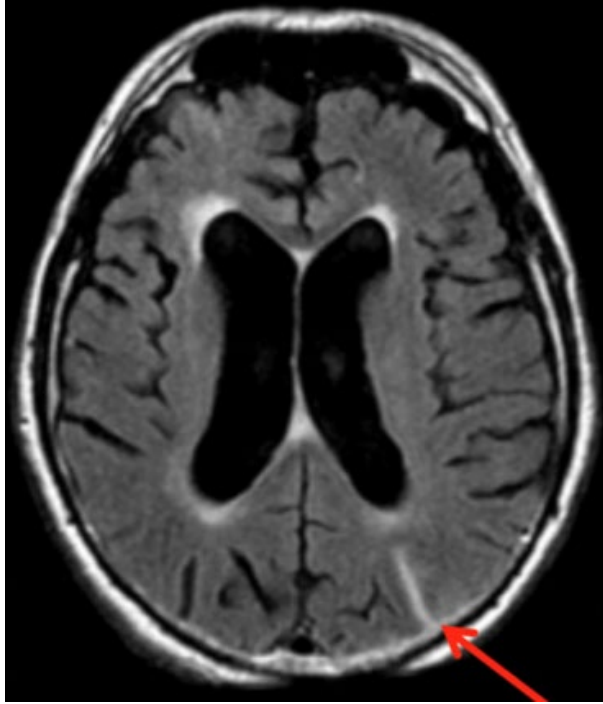




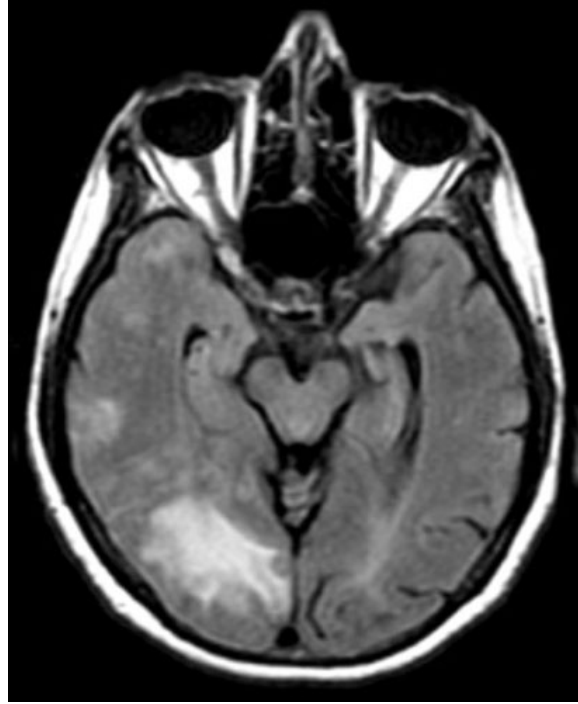
# Characterizing ARIA Radiographic Severity

## ARIA MRI Classification Criteria

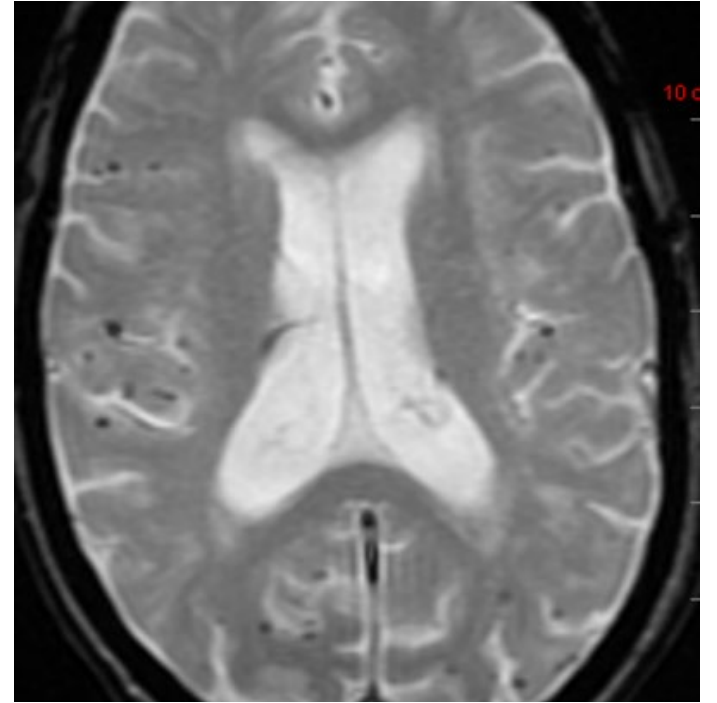
ARIA Type	Radiographic Severity		
	Mild	Moderate	Severe
<b>ARIA-E</b>	FLAIR hyperintensity confined to sulcus and/or cortex/subcortical white matter in <b>1 location &lt;5 cm</b>	FLAIR hyperintensity <b>5-10 cm</b> , or <b>more than one site</b> of involvement, each measuring <b>&lt;10 cm</b>	FLAIR hyperintensity measures <b>&gt;10 cm</b> , often with significant subcortical white matter and/or sulcal involvement; <b>≥1 separate sites</b> of involvement might be noted
<b>ARIA-H microhemorrhage</b>	<b>≤4</b> new incident microhemorrhages	<b>5-9</b> new incident microhemorrhages	<b>≥10</b> new incident microhemorrhages
<b>ARIA-H superficial siderosis</b>	<b>1</b> focal area of superficial siderosis	<b>2</b> focal areas of superficial siderosis	<b>&gt;2 focal areas</b> of superficial siderosis



Mild ARIA-E



Moderate ARIA-E



Severe ARIA-H

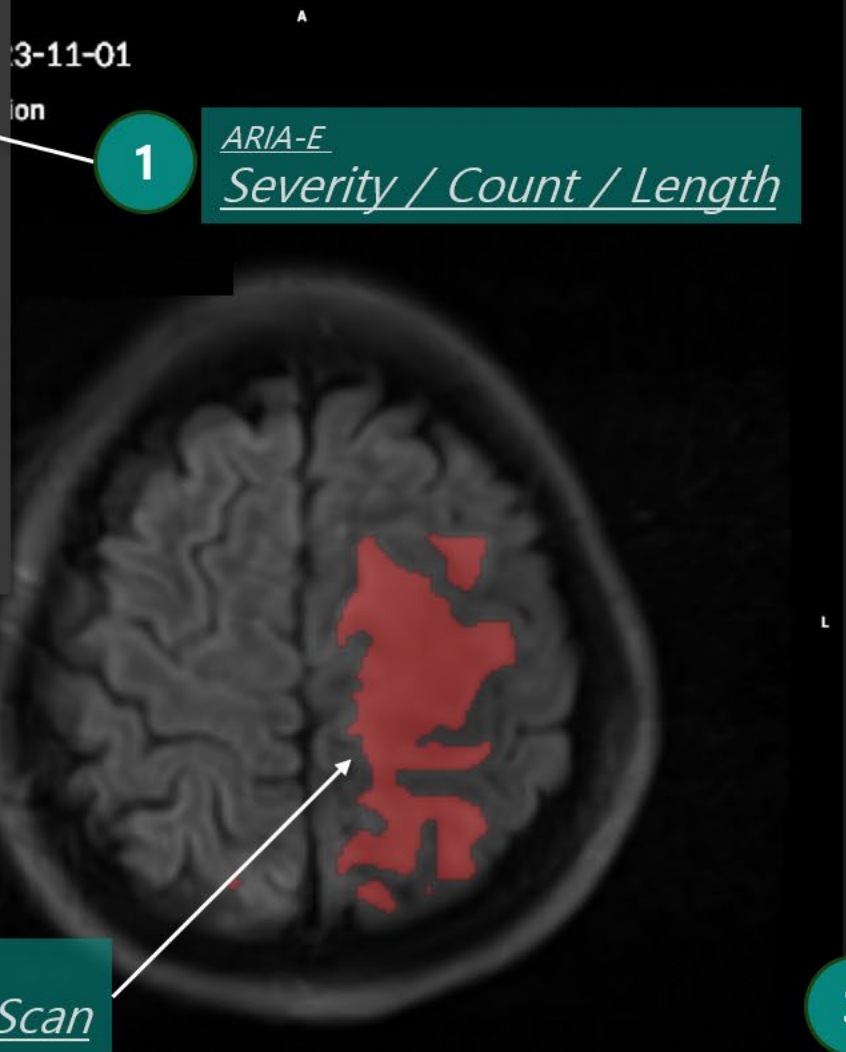
### ARIA-E Comparative Analysis

Prior Scan: 2023-11-01	
Severity	Moderate
Edema Count	5
Maximum Length	8.1 cm

f/u Scan: 2023-11-09	
Severity	Moderate
Edema Count	4 <span>▼ 1</span>
Maximum Length	9.0 cm <span>▲ 0.8</span>

# Can AI help with ARIA detection?

Show the Crosshair Slicing Synchronization FPS 10



Visualization

Seg-masked

Intensity: 212.37  
Zoom: 1.17x  
WW: 737, WL: 368

# Evaluation of Possible ARIA in Emergency Settings

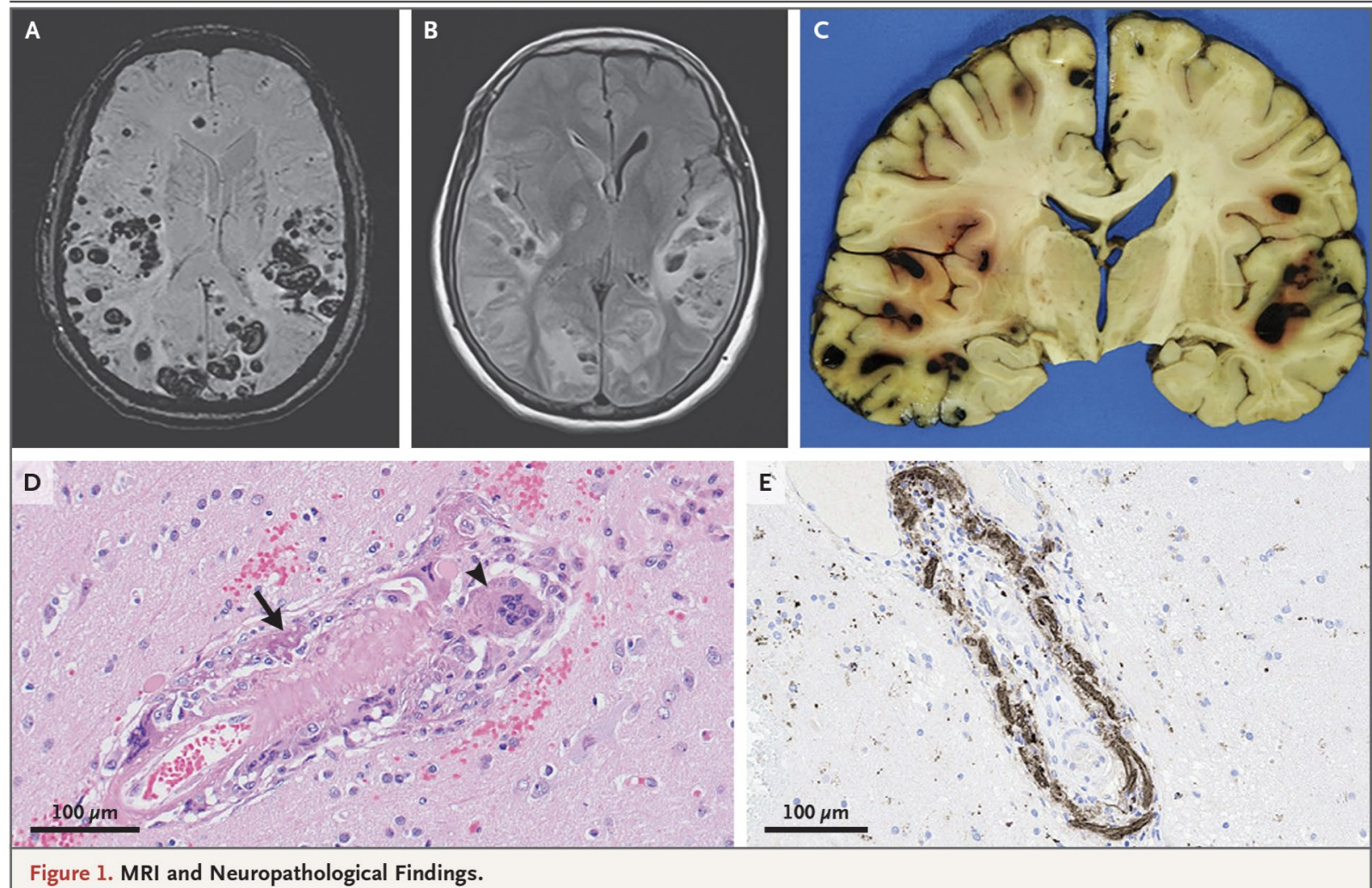
- Close communication between outpatient and hospital teams
- Awareness of amyloid-lowering Rx, ApoE, prior episodes of ARIA
  - Flag in EMR, pt bracelet
- ARIA may present with focal signs and symptoms or seizures
- Rapid eval of etiology to include MRI
- Limit use of thrombolytics
- Prompt use of pulse steroids and seizure management
- Update stroke Get With The Guidelines

## Symptoms of ARIA Can Mimic Ischemic Stroke

- 70-year-old patient, ApoE  $\epsilon 3/\epsilon 4$  carrier, screening MRI with focal lesions of white matter disease
- 7 days after the 5th dose of donanemab, developed headache and slurred speech; hospitalized for ischemic stroke
- Computed tomography (CT)/CT angiogram/CT perfusion of head/neck with no findings suggestive of ischemia or vessel blockages
- Tenecteplase was administered and altered mental status developed one hour later
- Repeat imaging obtained
  - CT scan showed multiple hemorrhages in the bilateral hemispheres
  - MRI with severe ARIA-E, superficial siderosis; macrohemorrhage in the left temporal, left occipital, left parietal, and right frontal lobes; and bilateral intraventricular hemorrhages
- The patient died due to bilateral intraparenchymal hemorrhage and acute hypoxic respiratory failure four days later

## Multiple Cerebral Hemorrhages in a Patient Receiving Lecanemab and Treated with t-PA for Stroke

- 65 yo E4,4
- Lecanemab OLE
- ER eval for possible CVA
- Multi-focal ICH following TPA
- Post-mortem severe CAA and angiitis



# ARIA-Mitigation Strategies in Development

- TYK2/JAK1 inhibitor to decrease inflammation related to ARIA
- Modulation of ApoE4-related lipid dysmetabolism
- Anti-ApoE HAE-4 antibody
- GLP-1 agonist to decrease inflammation
- Anti-C1s mAb to block the complement cascade

# Limiting Serious Outcomes

- Careful patient selection with a favorable risk:benefit profile
- Heed the warning signs
- Standardize MRI reporting
- Close communication between outpatient and hospital teams with updated stroke guidelines
- Ensure timely reporting of SAE's



# Heed the Warning Signs

- E4,4
- Significant CAA
- Treatment with anticoagulation
- Prior episodes of ARIA
- Atypical headache
- Encephalopathy