Rhode Is land STROKE SYMPOSIUM

Triage and Stroke Care in the ED Andrew Buksar MSN, RN, CEN Rhode Island Hospital



DISCLOSURE

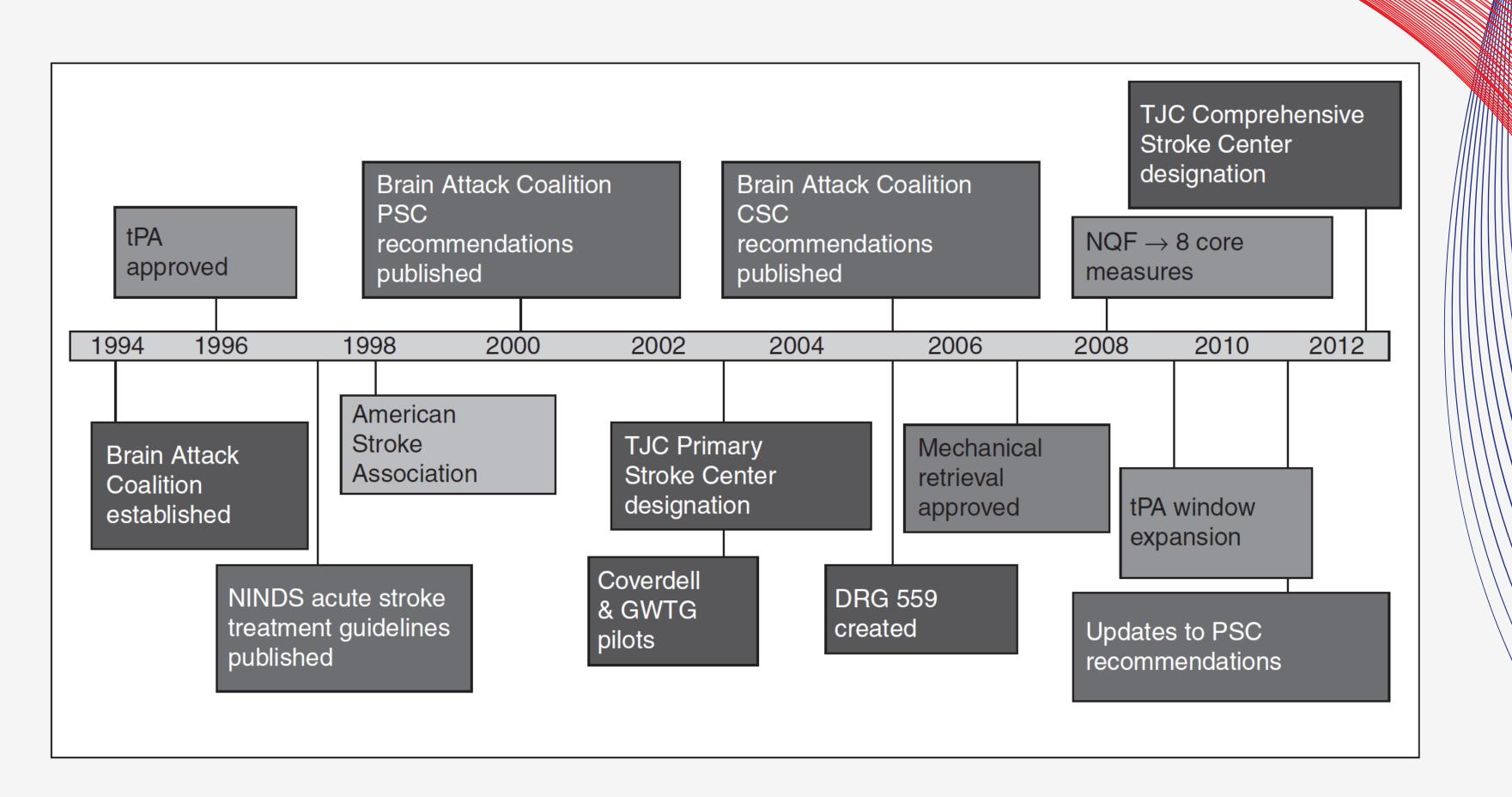
- I have NO relevant financial relationships to disclose
- My talk will not include any off -label discussion

Triage and Stroke Care in the Emergency Department

Andrew Buksar MSN, RN, CEN

Where were we prior to the 1990's?

- Public recognition
- Early EMS activation
- Pre-notification to the emergency department
- Prompt CT
- Available treatments



What makes a difference?

- A well-coordinated stroke network
- EMS identification and diagnosis, rapid transport of patients to designated stroke centers, and seamless communication among medical professionals.
- The organization of stroke services within hospitals
- The delivery of appropriate post-acute care and rehabilitation services, which are integral in reinstating functional capabilities and augmenting overall quality of life.

Stroke Chain of Survival

Detection

Recognition of stroke signs and symptoms

Dispatch

Call 9-1-1 and priority EMS dispatch

Delivery

Prompt transport and prehospital notification to hospital

Door

Immediate ED triage

Data

ED evaluation, prompt laboratory studies, and CT imaging

Decision

Diagnosis and decision about appropriate therapy

Drug

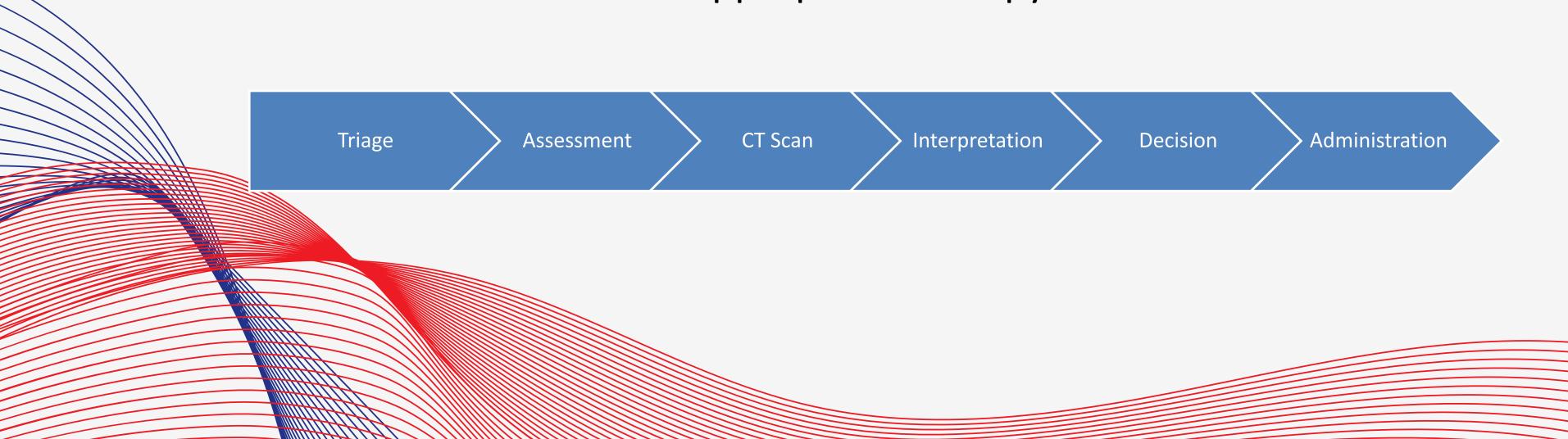
Administration of appropriate drugs or other interventions

American Stroke Association.



What we do in the emergency department...

- Triage
- Stroke team activation
- Diagnostic imaging
- Diagnosis and decision about therapy
- Administration of appropriate therapy



How do we make ED treatment better?

- Educate hospital and prehospital care providers
- Improve access to stroke information for providers
- Simplify stroke pathways
- Have standardized protocols, but allow flexibility to meet patient needs
- Encourage parallel processing
- Can we do some steps outside of the ED?

Triage

Administration

Improving Stroke Care in the ED

- Educate the public and health care workers
 - Prompt recognition and activation of the stroke system of care
- Prompt EMS evaluation and transport to PSC or CSC
 - Maximize communication with prehospital notification
 - Mobile stroke unit cost effectiveness?
- Maximize the benefits of thrombolytics
 - Give it to more people, give it to them faster
- Maximize the benefits of thrombectomy
 - Recognize ELVO faster, get people to thrombectomy faster

Improving Stroke Care in the ED

- Advance Telemedicine
 - Prehospital assessment
 - Use of Al
 - What about your cell phone or tablet?
- Move transcranial doppler-sonography to EMS
 - Its small, low cost, portable, and can perform repeated measurements
- POC testing biomarkers
 - Could a blood test help reveal if someone is having a stroke?



BALANCE

LOSS OF BALANCE, HEADACHE OR DIZZINESS **EYES**

BLURRED VISION

FACE

ONE SIDE OF THE FACE IS DROOPING

ARMS

ARM OR LEG WEAKNESS **SPEECH**

SPEECH DIFFICULTY

TIME

TIME TO CALL FOR AMBULANCE IMMEDIATELY

mank you.

- Campbell, B. C. V., Meretoja, A., Donnan, G. A., & Davis, S. M. (2015). Twenty-Year History of the Evolution of Stroke Thrombolysis With Intravenous Alteplase to Reduce Long-Term Disability. *Stroke*, 46(8), 2341–2346. https://doi.org/10.1161/STROKEAHA.114.007564
- Ganti, L., Mirajkar, A., Banerjee, P., Stead, T., Hanna, A., Tsau, J., Khan, M., & Garg, A. (2023). Impact of emergency department arrival time on door-to-needle time in patients with acute stroke. *Frontiers in Neurology*, *14*, 1126472. https://doi.org/10.3389/fneur.2023.1126472
- Geisler, F., Haacke, L., Lorenz, M., Schwabauer, E., Wendt, M., Bernhardt, L., Dashti, E., Freitag, E., Kunz, A., Hofmann-Shen, C., Zuber, M., Waldschmidt, C., Kandil, F. I., Kappert, K., Dang-Heine, C., Lorenz-Meyer, I., Audebert, H. J., & Weber, J. E. (2023). Prospective collection of blood plasma samples to identify potential biomarkers for the prehospital stroke diagnosis (ProGrEss-Bio): Study protocol for a multicenter prospective observational study. *Frontiers in Neurology*, *14*, 1201130. https://doi.org/10.3389/fneur.2023.1201130
- Grotta, J. C., Yamal, J.-M., Parker, S. A., Rajan, S. S., Gonzales, N. R., Jones, W. J., Alexandrov, A. W., Navi, B. B., Nour, M., Spokoyny, I., Mackey, J., Persse, D., Jacob, A. P., Wang, M., Singh, N., Alexandrov, A. V., Fink, M. E., Saver, J. L., English, J., ... Bowry, R. (2021). Prospective, Multicenter, Controlled Trial of Mobile Stroke Units. *The New England Journal of Medicine*, 385(11), 971–981. https://doi.org/10.1056/NEJMoa2103879

- Kim, J., Easton, D., Zhao, H., Coote, S., Sookram, G., Smith, K., Stephenson, M., Bernard, S., W Parsons, M., Yan, B., M Desmond, P., J Mitchell, P., Cv Campbell, B., Donnan, G. A., M Davis, S., & Cadilhac, D. A. (2021). Economic evaluation of the Melbourne Mobile Stroke Unit. *International Journal of Stroke*, 16(4), 466–475. https://doi.org/10.1177/1747493020929944
- Linderoth, G., Lippert, F., Østergaard, D., Ersbøll, A. K., Meyhoff, C. S., Folke, F., & Christensen, H. C. (2021). Live video from bystanders' smartphones to medical dispatchers in real emergencies. *BMC Emergency Medicine*, 21, 101. https://doi.org/10.1186/s12873-021-00493-5
 Martins, S. C. O., Secchi, T. L., Molina, C., & Nogueira, R. (2023). Editorial: Development of stroke systems of care across the globe. *Frontiers in Neurology*, 14, 1292036. https://doi.org/10.3389/fneur.2023.1292036
- Morrison, K. J. (n.d.). Stroke Care Evolution: We've Come a Long Way. In *Fast Facts for Stroke Care Nursing* (pp. 1–10). Springer Publishing Company. https://doi.org/10.1891/9780826158314.0001
- Oostema, J. A., Chassee, T., Baer, W., Edberg, A., & Reeves, M. J. (2019). A brief educational intervention improves emergency medical services stroke recognition. *Stroke*, *50*(5), 1193–1200. https://doi.org/10.1161/STROKEAHA.118.023885